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Government
Publication

16 mm
FILMS

CATALOGUE

**NATIONAL HEALTH
FILM LIBRARY
CANADA**

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Canada National Health and
Welfare, Dept. of. Information
Services Division

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NATIONAL HEALTH FILM LIBRARY CATALOGUE

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Ottawa
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FOREWORD

The National Health Film Library, a joint project of the Department of National Health and Welfare and the National Film Board of Canada, is a collection of 16mm motion picture films dealing with many aspects of the broad field of health and hygiene. The films have been obtained from many different sources in Canada and abroad, and all have been approved by the film reviewing committee of the Department for use in Canada.

The Library serves a two-fold function: first, as a preview and reference source of health education films for groups in Canada interested in building up their own libraries of health films; and second, as a rental source of health films for use by any interested group or individual in Canada. The first function is served through the Ottawa and regional offices of the National Film Board, which arrange and conduct preview screenings of new films as they are added to the Library. The second is served by the Canadian Film Institute, through which the films are made available on a service charge basis to borrowers anywhere in Canada. The Institute is a non-Government organization which distributes 16mm educational and documentary films throughout the country.

This catalogue is designed to be kept up-to-date by the periodic issue of insert pages and new indices. Accordingly, users of the catalogue are requested to advise the National Film Board of any change of address.

The catalogue is distributed by, and additional copies may be obtained on request from the Information & Promotion Division, National Film Board of Canada, 71 Bank Street, Ottawa 4, Ontario, Canada.

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HOW TO USE THE CATALOGUE

This catalogue attempts to provide complete and accurate information on all films in the National Health Film Library — information sufficient to enable the prospective borrower to decide whether or not a given film will serve the particular purpose he has in mind. It also gives an indication of purchase sources and approximate costs, for the guidance of those who may be interested in buying their own prints.

Film descriptions are arranged in alphabetical order of the titles, each alphabetical section beginning on a new page. Three indices are given: a subject index in which film titles are listed under the various subject areas to which they apply; an index of the films for which French-language versions are available; and an alphabetical index to enable any given film title to be quickly located.

In the film descriptions the following information is given for each film:

<i>Film title</i>	<i>Indication of purchase source</i>
<i>Year of production</i>	<i>Approximate purchase price</i>
<i>Whether Sound or Silent</i>	<i>Service Charge (from Canadian Film Institute)</i>
<i>Whether Black & White (B & W) or Color</i>	<i>Description of film content</i>
<i>Running time</i>	<i>Appraisal comment (in italics)</i>

In addition to an objective description of each film's content, an appraisal of the film is provided to guide borrowers in selecting films and in planning programs. The appraisal comment is, in effect, an evaluation of the film by the film reviewing committee of the Department of National Health and Welfare which approves and selects films for inclusion in the Library. It attempts to indicate the purpose of the film, the quality of its content and cinematic treatment, the types of audience for which it is best suited, and any limitations the film may have.

It should be noted carefully that the purchase prices indicated in this catalogue are only approximate, are not intended as binding quotations and have been given merely for the guidance of those who may be considering purchase. In those instances where purchase information may be obtained only on direct application to the film's producer or distributor, the word "apply" has been used. Certain other films, marked "N. A.", are understood to be no longer available for purchase.

In the case of films available from the National Film Board of Canada (i.e. NFB), the cost indicated is the approximate list price, on which a discount is available to government departments and educational institutions. These NFB prices apply only in Canada. United States purchasers may obtain price information from the New York office of the National Film Board of Canada, at 630 Fifth Avenue, New York 20, N. Y. Purchasers in other countries should address their requests to the National Film Board of Canada, Distribution Branch, 71 Bank Street, Ottawa 4, Ontario, Canada.

* * *

HOW TO BORROW THE FILMS

1. Borrowers should direct their requests for films to:

National Health Film Library
Canadian Film Institute
142 Sparks Street
Ottawa 4, Ontario.

. . . **not** to the National Film Board.

2. Borrowers should make their requests for films as far as possible in advance, should indicate the proposed date of showing, and should, where possible, give second and third choices both of titles and of showing dates.
3. The service charge indicated in the catalogue is for one day of use (exclusive of transportation time). Films may be obtained at a weekly rate of $2\frac{1}{2}$ times the daily service charge. In the case of films booked for two or more days' use, but less than a week, the second and subsequent days are charged for at one-half the daily rate. (Films booked for one day and not returned promptly may be charged for at this same rate.)
4. The Canadian Film Institute will ship films express collect and the borrower must return them express prepaid. The Institute will invoice the borrower for the service charge.
5. The Institute endeavors to ship films to arrive at least one day in advance of the indicated date of showing. It is in the interests of all borrowers to cooperate by returning films immediately after their showing, so that other borrowers will not be disappointed, the Institute embarrassed and the offender liable to an overdue penalty charge.
6. Borrowers are advised to determine whether bookings may be made through their local film library (if such exists in the community). Most community film libraries offer a procurement service on out-of-town bookings, as a convenience to film users.

* * *

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In this index the films are listed under subject headings, with titles appearing when appropriate under more than one heading. An alphabetical index of titles will be found at the back of the book. Following are the subject headings:

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KEY TO PURCHASE SOURCES

ACS	American Cancer Society, Inc., 47 Beaver Street, New York 4, N. Y.
ACSurg.	American College of Surgeons, 40 East Erie Street, Chicago 11, Illinois.
ADA	American Dental Association, Order Department, 222 East Superior Street, Chicago 11, Illinois.
A & F	A & F Educational Film Corporation, 1434 St. Catherine Street, Montreal 25, Que.
AFCI	American Foot Care Institute, Inc., 1775 Broadway, New York 19, N. Y.
AHA	American Hospital Association, 18 East Division Street, Chicago 10, Illinois.
Alta.	The Film Commissioner, Film and Photographic Branch, Alberta Department of Economic Affairs, Edmonton, Alta.
AMA	American Medical Association, 535 North Dearborn Street, Chicago 10, Illinois.
ARC	American Red Cross, 40 East 49th Street, New York 17, N. Y.
ARF	Arthritis and Rheumatism Foundation, 535 Fifth Avenue, New York 19, N. Y.
ASHA	American Social Hygiene Association Inc., 1790 Broadway, New York 19, N. Y.
ASN	Benograph Division, Associated Screen News Limited, 1330 Sherbrooke Street West, Montreal, Que.
Assoc.	Association Films Inc., 35 West 45th Street, New York 19, N. Y.
BCH	British Columbia Department of Health, Victoria, B. C.
Bran.	Brandon Films Inc., 200 West 57th Street, New York 19, N. Y.
Bray	Bray Studios Inc., 729 Seventh Avenue, New York 19, N. Y.
Bronx	The Dysentery Register, Bronx Hospital, New York, N. Y.
Campus	Campus Film Productions, 161 Remsen Street, Brooklyn 2, N. Y.
CDC	Communicable Disease Center, U. S. Department of Health, Education and Welfare, 50 Seventh Street, N.E., Atlanta 5, Georgia.
CFI	Canadian Film Institute, 142 Sparks Street, Ottawa 4, Ont.
Chi.	Chicago Board of Health, Chicago, Illinois.

CMC	Center for Mass Communication, Columbia University Press, 1125 Amsterdam Avenue, New York 25, N. Y.
COI	(U. K. Central Office of Information) Canadian Film Institute, 142 Sparks Street, Ottawa 4, Ont.
ColH	Colorado Department of Public Health, State Office Building, Denver 2, Colorado.
Coronet	(Coronet Instructional Films) Benograph Division, Associated Screen News Limited, 1330 Sherbrooke Street West, Montreal, Que.
Crawley	Crawley Films Limited, 19 Fairmont Avenue, Ottawa 3, Ont.
EBF	(Encyclopaedia Britannica Films Inc.) General Films Limited, 1534 - 13th Avenue, Regina, Sask.
ECBT	The E. C. Brown Trust, Education Center Building, 220 S.W. Alder Street, Portland 4, Oregon.
EFLA	Educational Film Library Association, 345 East 46th Street, New York 17, N.Y.
EFVA	Educational Foundation for Visual Aids, 33 Queen Anne Street, London W.1, England.
EI	Education Institute, Venereal Disease Division, Raleigh, North Carolina.
Flory	Flory Films Inc., 303 East 71st Street, New York 21, N. Y.
FPS	Film Program Services Inc., 1173 Avenue of the Americas, New York 19, N. Y.
Gate	Gateway Productions Inc., 40 Fremont Street, San Francisco 5, California.
GBI	(Gaumont-British Instructional Limited) J. Arthur Rank 16mm Limited, 277 Victoria Street, Toronto, Ontario.
Gen.	General Films Limited, 1534 - 13th Avenue, Regina, Sask.
G-E	General Electric X-Ray Corporation, 4855 West McGeoch Avenue, Milwaukee 4, Wisconsin.
GML	General Mills Limited, 400 Second Avenue South, Minneapolis 1, Minnesota.
GPP	General Pictures Productions, Inc., 621 Sixth Avenue, Des Moines 9, Iowa.
HES	Health Education Service, P. O. Box 283, Capitol Station, Albany 1, N. Y.
HPI	Health Publications Institute, Raleigh, North Carolina.

IC & D	Institute for the Crippled & Disabled, 400 First Avenue, New York 10, N. Y.
IFB	International Film Bureau, Inc., 57 East Jackson Boulevard, Chicago 4, Illinois.
Iowa	Bureau of Visual Instruction, Extension Division, State University of Iowa, Iowa City, Iowa.
IVT	Institute of Visual Training, 40 East 49th Street, New York 17, N. Y.
JH	The Jam Handy Organization, 2821 East Grand Boulevard, Detroit 1, Michigan.
J & J	Johnson & Johnson, Promotion Department, New Brunswick, New Jersey.
JLSF	Junior League of San Francisco, Inc., Mark Hopkins Hotel, San Francisco 8, California.
LSD	Lexington School for the Deaf, 904 Lexington Avenue, New York 21, N. Y.
MAP	(Medical Arts Productions, Inc., New York and San Francisco) A & F Educational Film Corporation, 1434 St. Catherine Street, Montreal 25, Que.
McG-H	McGraw-Hill Company of Canada, 253 Spadina Road, Toronto 4, Ontario.
Met Life	Metropolitan Life Insurance Company, Health and Welfare Division, 180 Wellington Street, Ottawa 4, Ontario.
MichMS	Michigan State Medical Society, 2020 Olds Tower, Lansing 8, Michigan.
Minn.	Audio-Visual Education Service, University of Minnesota, 3 Westbrook Hall, Minneapolis 14, Minnesota.
MMA	Museum of Modern Art Film Library, 11 West 54th Street, New York 19, N. Y.
MOT	(The March of Time) McGraw-Hill Company of Canada, 253 Spadina Road, Toronto 4, Ontario.
MSA	Mine Safety Appliances Company (Canada) Limited, 139 Kendal Avenue, Toronto 4, Ontario.
NAPT	National Association for the Prevention of Tuberculosis, Tavistock House, London W. C. 1, England.
NCH	North Carolina State Board of Health, Raleigh, North Carolina.
Neb.	Bureau of Audio-Visual Instruction, Extension Division, University of Nebraska, Lincoln 8, Nebraska.
NFB	Commercial Division, Distribution Branch, National Film Board of Canada, 71 Bank Street, Ottawa 4, Ontario.

NFIP	National Foundation for Infantile Paralysis, Inc., 120 Broadway, New York 5, N. Y.
NLSMB	National Live Stock and Meat Board, 407 South Dearborn Street, Chicago 5, Illinois.
NMHF	National Mental Health Foundation, 1790 Broadway, New York 19, N. Y.
NMPC	National Motion Picture Company, West Main Street, Mooresville, Indiana.
NSCCA	National Society for Crippled Children and Adults, Inc., 11 South LaSalle Street, Chicago 3, Illinois.
NSPB	National Society for the Prevention of Blindness, 1790 Broadway, New York 19, N. Y.
NTBA	(National Tuberculosis Association, New York) Canadian Tuberculosis Association, 265 Elgin Street, Ottawa 4, Ontario.
NYH	(New York State Department of Health) Health Education Service, P. O. Box 283, Capitol Station, Albany 1, N. Y.
NYUFL	New York University Film Library, 26 Washington Place, New York 3, N. Y.
Ohio	Ohio Department of Public Welfare, Division of Mental Hygiene, Columbus, Ohio.
Okla.	Education Materials Services, Extension Division, University of Oklahoma, Norman, Oklahoma.
PCCI	Paper Cup and Container Institute, 1790 Broadway, New York 19, N. Y.
Pet	Pet Milk Company, St. Louis, Missouri.
PWF	Pure Water Films Inc., 1251 North Clark Street, Chicago, Illinois.
RKO	RKO Radio Pictures Inc., 1270 Avenue of the Americas, New York 20, N. Y.
Rutgers	Rutgers Films, Box 78, Department of Biophotography, Rutgers University, New Brunswick, New Jersey.
SCDA	Southern California State Dental Association, 903 Crenshaw Boulevard, Los Angeles 6, California.
S de CP	Service de Ciné- Photographie, Hôtel du Gouvernement, Québec, P. Q.
SSF	Social Science Films, 4030 Chouteau Street, St. Louis 10, Missouri.
Sterling	Sterling Films, 316 West 57th Street, New York 19, N. Y.
STIB	Swedish Travel Information Bureau, 630 Fifth Avenue, New York 20, N. Y.
St. Louis	St. Louis Dairy Council, 4030 Chouteau Street, St. Louis 10, Missouri.

Texas	Visual Education Division, Texas State Board of Health, 410 East Fifth Street, Austin 2, Texas.
TFC	Teaching Film Custodians Inc., 25 West 43rd Street, New York 18, N. Y.
USDI	United States Department of the Interior, Washington 25, D. C.
USDL	United States Department of Labor, Washington 25, D. C.
USEmb.	United States Embassy, 100 Wellington Street, Ottawa 4, Ontario.
USPH	United States Public Health Service, Washington 25, D. C.
USS	U. S. Steel Export Company, 30 Church Street, New York 8, N. Y.
UWF	(United World Films Inc., New York) Benograph Division, Associated Screen News Limited, 1330 Sherbrooke Street West, Montreal, Que.
VEP	Vision Educational Productions, 509 Fifth Avenue, New York 17, N. Y.
West.	Westinghouse Electric and Manufacturing Company, Mansfield, Ohio.
Wilson	Dr. Milton J. Wilson, New York and Brooklyn Regional Fracture Committee, 1000 Park Avenue, New York 28, N. Y.
Wisc.	Bureau of Visual Instruction, Extension Division, University of Wisconsin, 1312 West Johnson Street, Madison 6, Wisconsin.
YAF	(Young America Films) Ryerson Film Service, 299 Queen Street West, Toronto 1, Ontario.

* * *

ABOUT FACES

(1942) Sound B & W 11 minutes
USPH apply. Service Charge: \$1.00

Centered around the life story of a young man, this film deals with tooth decay, emphasizing the need for regular dental examinations and treatment from early childhood through adulthood. The importance of dental care to the health of the nation is stressed.

Has a war theme in spots, but is of considerable value to promote dental check-up from the age of two years. Admits that brushing teeth and eating "solid meals" will not prevent tooth decay, suggests main thing to be done is to visit dentist regularly to catch decay early. For parent groups primarily.

* * *

ACCENT ON USE

(1945) Sound B & W 20 minutes
NFIP \$25. Service Charge: \$2.00

Portrays the part played by physical therapy in restoring patients to health, with particular stress on the treatment of poliomyelitis. Physiotherapy, as applied to the treatment of polio, is portrayed in the opening clinical sequence. Treatment is shown for relieving pain and for muscle re-education. The latter part of the film deals with physiotherapy as applied to conditions other than poliomyelitis, such as post-trauma, post-fractures, spastics and osteomyelitis. Physiotherapy is not limited to institutional treatment, and there are sequences showing a visiting therapist in the home, giving special exercises.

Since this is a more or less technical film it has definite value for groups of nurses, physiotherapists and occupational therapists. It is also suitable for showing to lay audiences who have an interest in the subject. Recommended.

* * *

THE AIR WE BREATHE

(1945) Sound B & W 32 minutes
MSA apply. Service Charge: \$3.00

The story of respiratory protection for workers, through history to the present day. The human body's dependence on pure air, and the kinds of impurities often found in the air we breathe, are indicated. Early attempts to protect the worker from such impurities are portrayed, and a physician lectures on respiration and how impurities in the air affect the body. The development of the first respirator to pass the elaborate tests of the U. S. Bureau of Mines is portrayed, and the film demonstrates the proper care and maintenance of respirators. Closing sequences review various types of respirators and their uses.

Produced for the Mine Safety Appliances Company. This is an excellent educational film on the dust, fumes and gases hazards, and one which would be beneficial to the working population at large. Although it contains some advertising of the sponsor's products, it is recommended for inclusion in the National Health Film Library. It should be noted that such inclusion does not indicate that the Department is sponsoring the product advertised, but only the educational material in the film.

* * *

ALCOHOL AND THE HUMAN BODY

(1949) Sound B & W 14 minutes
EBF \$80. Service Charge: \$1.50

An account of the nature of ethyl alcohol, and of alcoholic beverages and their effects on the human body and human behavior. The preparation of beer, wine and whisky is described, indicating the alcohol content of each. Animation illustrates the absorption of alcohol from the stomach and small intestine, its partial oxidation to acetic acid in the liver, the circulation of unoxidized alcohol in the blood, and the effects on the brain of increasing amounts of alcohol in the blood. The effects on behavior are suggested. The nutritional consequences of chronic alcoholism are indicated, and the hospital care of acute alcoholism is described.

Describes the effects of ethyl alcohol on the human body, with some reference to over-indulgence and alcoholism. This is a very good film in every respect, except for the voice and condescending delivery of the commentator. The technical content is accurate and up-to-date. The film is suitable for school use from about Grade 7 up, as well as for general adult and special interest groups. It is one of the best films to date on the subject; the approach is good. Recommended.

* * *

ALCOHOLISM

(1951) Sound B & W 23 minutes
EBF \$95. Service Charge: \$2.00

Through the story of Ed Grimer, an alcoholic whose illness has become more and more serious during the past ten years, this film portrays alcoholism as a mental health problem and as an illness which can respond to treatment. We meet Ed in the Clinic doctor's office after his latest bender which has resulted in the break-up of his home and the loss of his job. In flashback the film presents a character study of this man, tracing his personality development from childhood and illustrating milestones in his path to alcoholism. Becoming a patient in a public clinic for alcoholics, Ed slowly arrives at a clearer understanding of himself and the forces which led to his drinking, gradually recovers and is reunited with his family. Other types of alcoholics — the solitary drinker, the chronic drinker — are discussed, the role of Alcoholics Anonymous is indicated and the film concludes on a plea for better understanding of alcoholism as an illness and for increased treatment facilities.

A portrayal of the social and psychological problems of alcoholism, showing it as an illness which can be successfully treated. Emphasis is on individual psychotherapy and group therapy via Alcoholics Anonymous. This is a very good film — accurate and up-to-date, and well presented to show typical causes, the nature of the illness, types of alcoholics and methods of treatment and rehabilitation. It presents clearly the need for adequate treatment facilities. The film is suitable for all adult audiences, for special interest groups and for young people of high school and college age; it should be used as a discussion film. Recommended.

* * *

THE ALIMENTARY TRACT

(1938) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Deals with the motility phenomena of the gastro-intestinal tract. The swallowing action of the esophagus is demonstrated, and we see normal movements of the stomach and movements when the

vagus and sympathetic nerves are stimulated. An experiment demonstrates the action of adrenaline on intestinal motility. Actual photography shows antiperistalsis of the stomach, hunger contractions, strong peristalsis of the pylorus, segmentation and peristalsis of the duodenum, normal colon motility, colon contraction caused by irritating drugs, colon antiperistalsis and colon contraction associated with defecation — all shown in experimental animals. Motility of intestinal villi is illustrated by photomicrography, and the commentary describes the processes of digestion and absorption in the small intestine.

Demonstrates the movements within the gastro-intestinal system. Technical content is up-to-date, phenomena shown are well established and treatment of the subject is good. Film gives a clear picture of the general activity of the alimentary tract which is hard to duplicate by direct observation in many laboratories, and is therefore a useful teaching aid for high schools, colleges and schools of nursing. It has value outside the classroom only for audiences directly interested in the biological sciences. Recommended.

* * *

ALLERGIES

(1952) Sound Color 13 minutes
EBF \$105. (color); \$55. (B & W). Service Charge: \$1.50

Medicine is today increasingly concerned with allergies as the underlying cause of many ailments such as skin rashes, headaches, upper respiratory disorders, etc. The film illustrates, in the case of two patients with widely differing symptoms — one asthma and the other eczema — how the agents producing allergies can be determined and hence avoided. Animated diagrams illustrate how the causative agent, the allergen, may affect body processes. The various kinds of allergens are indicated, and the scratch and patch tests are demonstrated.

An account of the nature of allergic disorders, of how physicians may determine the cause — the allergen(s) to which the person is sensitive — and of how allergies may be treated. This is a very good film on a subject not previously dealt with in this medium. Presentation is clear and understandable for the lay public. Suitable for any audience of adults or young people, as well as for student nurses and other special interest groups. Recommended.

* * *

"... AND ONE TO GROW ON"

(1951) Sound Color 10 minutes
SSF \$100. Service Charge: \$1.50

A film for school-age children explaining the values and nutritional requirements of a balanced diet. The film shows how the food children eat supplies the energy they need for school gymnastics, for alertness in the classroom, and for correct increase in height and weight which in this film is charted as a classroom project. The basic nutritional needs of a day's meals, whether eaten at home, at school or in a cafeteria, are illustrated and described.

A nutrition film for children, emphasizing the importance to growth and development of eating proper foods and describing the foods essential to a balanced diet. This is a very good film in all respects; although a U. S. production, its mention of the Basic Seven food groups is not considered to be confusing to Canadian audiences. The emphasis on growth may limit to some extent the film's appeal to

and effectiveness for adolescent girls; it is, however, suitable for children in the 8-to-13-year age group and for interested adult audiences such as parents and teachers. Recommended.

* * *

ANGRY BOY

(1950) Sound B & W 32 minutes
IFB \$105. Service Charge: \$3.00

No. 2 in the U. S. Mental Health Film Board series "Emotions of Everyday Living". In this film, which studies the case of a pre-adolescent boy from a good home caught in the act of petty stealing at school, we see how family tensions may create hostility and frustration in a child, how his behavior may become anti-social and how, at a child guidance clinic, such emotional disturbances can be resolved. The school principal sees Tommy Randall's act as a case for the local child guidance clinic. The psychiatrist who takes the boy in hand looks to the family environment for the answer to his behavior. By tactful questioning of the boy and through consultations between a psychiatric social worker and the lad's mother, the emotional disturbance is traced to its basic causes in the family life. How the mother is helped toward understanding of her own behavior and of Tommy's emotional needs, and how the boy himself gradually learns to accept and handle his feelings, provides the main drama of the film.

Shows how problem behavior in children may result from family influences, and how these problems may be dealt with in a child guidance or mental health clinic. This is a very good film — accurate, up-to-date and well presented. It is suitable for wide use among adult audiences, particularly groups of parents and teachers, for special interest groups where it will be useful in promoting mental health clinics, and also for young people of high school age. Recommended.

* * *

ANOTHER CASE OF POISONING

(1950) Sound B & W 15 minutes
COI \$45. Service Charge: \$1.50

Shows food poisoning as a result of insanitary handling of food and utensils. In a hospital "another case of food poisoning" is brought in — the fifth in a week. As the doctor interviews the patient, trying to establish the cause, flashbacks show how he may have been the victim of any number of acts of carelessness on the part of those who handled what he ate and drank during the day — his wife, the butcher, the staff at the restaurant where he ate his noon meal, the barmaid at the pub where he stopped on his way home.

Deals with the causes of food poisoning, showing how food may be contaminated in homes, restaurants, shops and pubs. This is a good treatment of the subject, with considerable entertainment value and a humorous, jaunty air. The English environment and the differences in practice in hospitals, shops, restaurants and pubs may limit the film's effectiveness for Canadian audiences unless properly introduced. It is directed to foodhandlers, whether in the home or in business; it is considered suitable for general audiences as well as for such special interest groups as foodhandlers and women's clubs. Recommended.

* * *

ANOTHER TO CONQUER

(1941) Sound B & W 18 minutes
NTBA \$30. Service Charge: \$2.00

Shows how modern medicine spreads basic knowledge of the nature of tuberculosis among the Navajo Indians, inducing them to give up their traditional ideas about it. Tuberculosis, the enemy of mankind, has left its imprint upon the lives of Slow-Talker and his family. He tries to hold the remnants of his family together, but resists the efforts of the white doctors, for to adopt their weapons seems to him to be forsaking the ways of The People. After tuberculosis strikes down his grandson and he talks to a neighbor whose infection was discovered early and cured at a sanatorium, Slow-Talker accepts the benefits of modern medical science to save his granddaughter who is also threatened by the disease. "Now I know the enemy," he says to the doctor, "I, too, will fight him — your way."

This is a U.S. film dealing with tuberculosis among the Navajo Indians. It is recommended for general distribution, and particularly for Indians.

* * *

AT OUR HOUSE

(1951) Sound B & W 10 minutes
CMC \$30. Service Charge: \$1.00

Illustrates the value of multiple screening in public health protection, by telling the story of how one family benefited through such a community project. The narration is by a housewife and mother who describes the cabinet-making business in which the whole family is engaged, and how it was in jeopardy because of her husband's unsuspected case of diabetes. The film shows a health screening center in operation, the tests used and how patients showing symptoms of any one of a number of diseases or physical defects can be directed to their personal physicians — as in the case of the husband — for further diagnosis and treatment. (See also the film entitled MULTIPLE SCREENING.)

Shows what a multiple screening project did for one family. This is a reasonably good film — simple but effective, with technical content accurate and up-to-date — which should be useful for the general public, as an aid in "selling" health screenings. Recommended.

* * *

ATTITUDES AND HEALTH

(1949) Sound B & W 10 minutes
Coronet \$50. Service Charge: \$1.00

An account of the effect of attitudes on physical health, indicating rules for achieving proper perspective and sound attitudes toward the problems of living. The information is presented through the story of Marv Baker and his sister Alice. Marv is worried about not making the high school basketball team and his attitude is one of condemnation of the coach. He goes home to find his sister ill through worrying about a promotion at the office. The doctor explains how health may be affected if one does not see such ordinary experiences in perspective. He outlines three steps for dealing with worrisome problems: (1) get the facts about what is worrying you; (2) make your plans

in relation to these facts; (3) then, seeing the problem in perspective, carry out your plans. Marv decides to apply these rules to his own problem.

The aim of this film is to show that how one feels about ordinary experiences (such as failure to obtain a desired promotion) may affect physical health. The subject matter and its presentation rate as good to fair, and the technical information is up-to-date and accurate. The acting is somewhat amateurish. While there is not a great deal of content in this film, it is one of the few in the psychosomatic field suitable for general audiences. It would be quite useful in health education in junior and senior high schools and colleges, as well as for general adult audiences. Recommended.

* * *

BABY CARE: FEEDING

(1944) Sound B & W 25 minutes
EFLA \$75. Service Charge: \$2.50

Deals with infant feeding and food preparation, covering the following points: correct methods of bottle feeding; breast feeding; babies' emotional needs at feeding time; utensils needed for the preparation of baby's food; washing and sterilizing the equipment; use of cow's milk and powdered milk; preparation of a formula based on evaporated milk; administration of cod liver oil; storage of infants' food.

This is a good film and would be of interest to young parents. Recommended.

* * *

BABY MEETS HIS PARENTS

(1948) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

This film describes the importance to the personality development of the very young infant of his relations with parents in respect of feeding, elimination, and care and love. Opening sequences emphasize that every child develops in an individual way and that this development is largely influenced by the way he is cared for and treated in the early days of life. The way in which the infant's three basic needs for food, elimination, care and love are met by the parents is influential in moulding his emerging personality. We are shown examples of such parent-child relationships, and the significance of each is discussed. Patient understanding, care and love, which allow the child to develop in his own way, assist him to the stage where he is able and ready to meet the world and accept the further demands and expanding opportunities of social living.

Presents information for parents and the public generally on some basic factors influencing the infant's developing personality, emphasizing that every child develops in an individual way. The choice of subject matter is good and the visuals, commentary and treatment are fair. Technical content is accurate and up-to-date. The film is particularly suitable for parent audiences, young mothers and mothers-to-be, and groups interested in child training. Several frank scenes of breast feeding may limit its field of usefulness in some communities. Recommended.

* * *

THE BABY SITTER

(1949) Sound B & W 15 minutes
YAF \$55. Service Charge: \$1.50

This is the story of Mary Gibson's first evening as a baby sitter in the Brown's home. Mary, a teen-age girl, is an experienced baby sitter, but this is her first visit to the Browns'. The film shows her arriving early in order to get acquainted with the household and with her two charges — a four-year-old and a one-year-old. We then follow Mary through her work as she feeds and prepares the children for bed (evidencing a genuine love and understanding of children), and looks after the home through the remainder of the evening until the parents return. Throughout, the film shows the major problems a sitter encounters in such a situation, pointing out both her responsibilities and those of the parents.

This is a film describing the physical and psychological care of children by baby sitters. It is a very good film from the points of view of choice and treatment of

the subject matter, and should be quite useful for high schools and for girls of baby-sitting age, as well as for mothers' groups to show what to expect from sitters. Recommended.

* * *

THE BABY'S BATH

(1946) Silent B & W 14 minutes
EBF \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). The bath achieves more than mere cleanliness. It is an educational experience for both mother and child, in which the baby has an opportunity for unhampered physical activity, play and social contact with the mother. Changes in bath behavior as the baby matures are shown at the ages of eight, twenty-four, twenty-eight, thirty-six, forty-eight and fifty-two weeks, pointing out at each stage these experiences and their significance.

This film is of great interest from public education and scientific viewpoints. Recommended.

* * *

A BABY'S DAY AT FORTY-EIGHT WEEKS

(1934) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development, this film portrays the behavior day of a forty-eight-weeks baby girl, showing wholesome methods of child care and emphasizing the psychological implications and educational significance of the infant's everyday experiences. Numerous situations are depicted, including the administration of cod liver oil and orange juice, the daily bath, dressing, feeding, elimination, floor play, daytime naps and sleep. The film is narrated by Dr. Gesell.

Illustrates how a forty-eight-weeks-old baby spends a twenty-four hour day. Subject matter is clearly presented and up-to-date. Has value for any group studying or interested in child psychology or child training — nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

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A BABY'S DAY AT TWELVE WEEKS

(1935) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development, this film describes and illustrates the domestic day of a twelve-weeks baby boy from the time of his wakening at six o'clock in the morning until the final breast feeding at ten o'clock at night. Dressing, bathing, feeding, daytime naps, play and general care are presented in some detail, and their psychological aspects are commented upon. The film is narrated by Dr. Gesell.

Illustrates the general care of the twelve-weeks infant throughout the domestic day, together with an interpretation of the significance of his various reactions. Subject matter is clearly presented and up-to-date. Has value for any group study-

ing or interested in child psychology or child training—nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

* * *

BEFORE THE BABY COMES

(1940) Sound B & W 10 minutes
A & F \$40. Service Charge: \$1.00

A study of correct practices for the expectant mother. Covers such topics as the need for good health habits, proper nutrition, periodic medical examinations, etc.

A somewhat amateurish film. Stresses all the usual points in prenatal care. Recommended for any audience concerned in the topic.

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BEHAVIOR PATTERNS AT ONE YEAR

(1934) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development. Opening sequences briefly describe and illustrate the equipment with which a graded series of test situations is carried out. The behavior patterns of a normal one-year-old infant are shown in the following test situations: manipulation and other reactions to one, two, three and ten cubes; cup and spoon; cup and cubes; pellet; pellet and bottle; handbell; ring and string; ring, string and bell; paper and crayon; performance box; formboard. In each situation it is shown how the child reveals her capacities and her individuality, and the film concludes that it is through these characteristic forms of behavior that the mind is made manifest. The film is narrated by Dr. Gesell.

Illustrates the behavior patterns of a normal infant fifty-two weeks of age. Subject matter is clearly presented and up-to-date. Valuable to any group studying or interested in child psychology or child training—nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

* * *

BEHIND THE MENU

(1950) Sound B & W 11 minutes
NFB \$21. Service Charge: \$1.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. A warning against insanitary conditions in restaurants, and a demonstration of precautions that should be taken against dirt and harmful bacteria in the handling of food. Suggestions are made for increasing efficiency through better food storage, dishwashing methods and staff facilities. Measures taken by public health authorities to maintain standards of restaurant sanitation are indicated. The signs of unhygienic methods are illustrated and the public is advised to eat only in clean restaurants. (Also available in French: *L'ENVERS DU MENU.*)

Deals with the importance of proper sanitation in restaurants and other public eating places. This is a good film and is considered suitable for general adult

audiences and for special interest groups such as restaurant proprietors and workers, civic officials and public health workers. Recommended.

* * *

BEST FOOD IN TOWN

(1950) Sound Color 14 minutes
Texas \$125. Service Charge: \$2.25

This is a companion picture to the Texas State Department of Health film entitled HASHSLINGIN' TO FOODHANDLING, which emphasized restaurant sanitation techniques in the serving rooms. This film depicts the main problems of sanitation in other areas of the food establishment — kitchen, restrooms, storerooms and the premises generally. It first shows some insanitary practices such as poor refrigeration, improper handling of garbage, careless dishwashing, and some conditions in the front which may reflect mishandling of food and equipment in the back of the establishment. The balance of the film portrays a restaurant in which workers and management strive to practise good sanitation and foodhandling techniques — a restaurant known as “the place that serves the best food in town”.

Restaurant sanitation, illustrating the main problems of sanitation in the kitchen, restrooms and premises generally. Subject treatment is good, with technical content up-to-date and accurate. The restaurant shown is a rather large establishment. The film is of interest and value primarily to restaurant proprietors and workers, students of public health and civic bodies. It also has value for the general public, to assist them in judging the standards of sanitation in the eating establishments they patronize. Recommended.

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THE BILLION DOLLAR MALADY (The Common Cold)

(1951) Sound B & W 14 minutes
Bray \$75. Service Charge: \$1.50

The common cold, most prevalent and contagious of communicable diseases, when regarded in terms of absenteeism from work, loss of pay and cost of drug preparations adds up to an annual billion dollar loss to the nation. The film describes the cold's symptoms and how it is spread through lack of individual precautions in coughing and sneezing and in using household articles. Diagrams of the respiratory tract, middle ear and sinuses show where the cold virus lodges and describe the secondary infections that may follow. Closing sequences indicate how certain conditions make the body susceptible, how resistance may be built up and how colds may be prevented from spreading.

Deals with the common cold and the secondary infections which complicate it, describing ways by which it is transmitted, how its spread may be prevented, and some common-sense measures for its treatment. This rates as a fairly good film—good information, fair presentation. The introductory sequences, dealing with the economic problem created by the common cold, are the weakest part of the film. It is, however, suitable for general audiences of adults and older children; it may also have value in schools and for employer and employee groups in industry. Recommended.

* * *

BIRTHRIGHT

(1951) Sound B & W 43 minutes
CMC \$100. Service Charge: \$3.00

The dramatic story of the rescue of an unborn child from the danger of congenital syphilis, showing the efforts of modern medicine to help children enter the world with their birthright of good health. The story takes place in rural Georgia and concerns a young chicken farmer and his wife who has unknowingly contracted from her husband an infection which threatens their second, unborn child. The work of a community — its doctors, its health department, its community groups — in coping with this and other aspects of public health is shown. A multiple screening center is seen in operation and we see its contribution to the health of the community.

Deals with the control of congenital syphilis, emphasizing the importance of blood tests early in pregnancy; also notes the value of multiple screening in detecting unsuspected illness. The film rates as good to fair — subject matter and its treatment are good, but acting and sound are only fair; the film also tends to be over-long. It is, however, a dramatic and effective presentation of a difficult topic and is suitable for audiences of adults and mature young people, as well as for special interest groups such as social agencies, public health workers, pre-marital study groups, etc. Recommended.

* * *

BODY CARE AND GROOMING

(1947) Sound B & W 17 minutes
McG-H \$88. Service Charge: \$2.00

This film develops the theme that good grooming begins with personal care, and describes some recommended daily habits that can help everyone to make the most of their natural endowments. Men and women of college age are shown demonstrating good practices in keeping the skin clean and healthy; in washing, combing and brushing the hair; in trimming and manicuring the fingernails; and in the use of the toothbrush. Reasons for the recommended measures are given and are explained by the use of animated drawings and photomicrographs. The social advantages of a clean, healthy appearance are emphasized.

Deals with the care of the skin, hair and teeth. Rates as fair and is recommended, with some misgivings, for high school groups.

* * *

BODY DEFENSES AGAINST DISEASE

(1937) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Deals with the body's three lines of defense against infection — the skin and mucous membranes, the lymphatic system and the circulatory system. The structure of the skin and mucous membranes is shown by animation, ciliary action of the mucous membrane in a frog's gullet is shown by photomicrography, and leucocyte and phagocyte action is shown as the defensive mechanism after the skin or mucous membrane is broken. Filtering of bacteria in lymph nodes is depicted by animation; photomicrography shows phagocytic cells attacking and engulfing bacteria. How the circulatory system functions in carrying bacteria to the liver and spleen is described, and the phagocytic action of Kupfer cells is illustrated. The formation of antibodies, the action of typhoid and cholera serums,

and supplementation of the body's lines of defense by artificially inducing antibodies (vaccination) and by injecting antibodies directly into tissues (antitoxin inoculation), are described.

Demonstrates the human body's mechanisms of defense against infection by micro-organisms. This is an informative and well-balanced picture of the processes; the mechanisms described are fundamental, well established and unlikely to change materially; animation and photography are excellent. The film has definite value for high schools, colleges, schools of nursing and scientific audiences, and is suitable for any informed group interested in the subject. Recommended.

* * *

THE BODY FIGHTS BACTERIA

(1948) Sound B & W 14 minutes
McG-H \$83. Service Charge: \$2.00

The story of the never-ending battle between disease-producing organisms and the human body. Various types of these organisms, such as bacilli, cocci and spirochetes are shown to be plentiful and dangerous. The film describes the various counter-balances which mankind uses in combating these bacterial invaders. The body's own defenses, such as the skin, the mucous membranes, the digestive system, the lymphatic system and the blood-vascular system are described and illustrated by animated diagrams and by photomicrography showing phagocytosis and agglutination. Both active and passive types of artificial immunization are described and explained, with emphasis given to the importance of keeping careful records of immunization "shots" so that booster doses can be obtained when necessary. The place of drugs in the fight against bacteria is also described.

This film gives a good systematic review of the protection afforded the body by the skin, digestive system, lymphatic system, white cells, abscess formation and the natural and artificial formation of antibodies. Recommended for all groups.

* * *

BOTTLE AND CUP FEEDING

(1946) SILENT B & W 17 minutes
EGF \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). Self-dependence in feeding comes by gradual steps. Beginning with breast feeding of the newborn infant, and progressing through bottle and cup feeding, infants are shown at the ages of eight, twelve, sixteen, twenty-four, twenty-eight, thirty-two, thirty-six, forty, forty-four, forty-eight, fifty-six, sixty-four, seventy-two, seventy-six and eighty weeks, and at two and three years, showing the progressive patterns of behavior and the increasing abilities in bottle and cup feeding situations.

This film is of great interest from public education and scientific viewpoints. Recommended.

* * *

BREAKDOWN

(1951) Sound B & W 42 minutes
NFB \$80. Service Charge: \$3.00

Produced for the Mental Health authorities of the Provinces of Canada, in cooperation with the Mental Health Division, Department of National Health and Welfare, by the National Film Board of

Canada. The story of a young woman's schizophrenic breakdown, and of her recovery in a modern mental hospital, in which is inherent an appeal for greater public understanding of mental illness and for the removal of the stigma which now surrounds it. The film takes the case of Anne Morton, a seemingly well-adjusted young woman in an average home environment, and traces the disintegration of her personality to the point where she becomes separated from reality and causes grave concern to her family and friends. In the mental hospital where she goes for treatment we see the scientific facilities and the application of psychiatric knowledge, unknown a generation ago, which make the patient's recovery in most cases only a matter of time. We observe the daily hospital routines and treatments — electro-shock, insulin shock, individual and group therapy — which in Anne's case result in complete recovery and a confident return home. (*Also available in French: HALLUCINATIONS.*)

A portrayal of conditions in a modern mental hospital, presented through the story of the onset, treatment and cure of a young woman's schizophrenic breakdown. This is an excellent film in every respect, giving a thoroughly honest and realistic account of mental hospital conditions. It should do much to create a better public understanding of the nature and treatment of mental illness — to dispel the superstition, ignorance and fear which surround it — and to do away with the old "asylum" concept. It is suitable for all audiences of adults and young people of high school age, and should be particularly useful for adult education groups, service clubs and any group concerned with mental health or mental hospitals. It will have value as a discussion film when presented by a professional person or an informed group leader. Recommended.

* * *

BREAST SELF-EXAMINATION

* (1950) Sound Color 16 minutes
ACS \$65. Service Charge: \$2.25

This film is designed to teach women the importance and a method of examining their own breasts once a month to see if a lump (possibly cancer) is present. We first see a women's club meeting where a doctor is concluding his talk on breast cancer with a reference to the value of self-examination. We then follow a member of the club as she visits her physician and is taught how to examine her own breasts. The lesson learned is carried out, in the concluding sequence, in the woman's home. (The demonstrations, shown on a live model nude above the waist, are handled in an aesthetic and acceptable manner.)

Describes the reasons for periodic examination of the breasts for cancer, and a technique of self-examination. This is an excellent film in every respect, technically accurate and up-to-date. It is highly recommended for all adult female audiences, and will also be of interest to practising physicians and surgeons. The film is, of course, not suitable for mixed lay audiences or for children. Recommended.

* * *

A BROTHER FOR SUSAN

(1951) Sound B & W 13 minutes
EFVA \$40. Service Charge: \$1.50

Through the story of Susan, a girl in her early teens, whose parents are expecting a new baby, this film provides factual information about conception, prenatal development and childbirth. Animated diagrams are used to illustrate the female reproductive organs, the connection between

menstruation and motherhood, the fusion of sperm and ovum, prenatal development from three weeks to full term, and expulsion of the baby from the uterus. The information is correlated with the arrival of the new baby in Susan's home, with emphasis throughout on the happy family group and Susan's healthy attitude toward motherhood.

Following logically after the film entitled GROWING GIRLS, this film is designed to provide information to adolescent girls on the physiology of conception, prenatal development and childbirth. This is an excellent presentation of the subject, which should promote a healthy attitude toward motherhood. The diagrammatic material is particularly good. The film is eminently suitable for adolescent children, teen-age groups (Guides, C.G.I.T., etc.), and for interested adult audiences such as parent groups. Recommended.

* * *

CANCER

(193_) Sound B & W 17 minutes
N.A. Service Charge: \$2.00

This film describes the early symptoms of cancer and the modern methods of diagnosis and treatment. Animation illustrates the present-day scientific knowledge regarding the causation and mode of spread of malignant tumors. The film warns against quacks, nostrums and superstitions, and portrays the work of a tumor clinic.

A film by the Iowa State Department of Health, introduced by Dr. Biering. It is sensible and restrained, and is recommended for all audiences.

* * *

CAPITAL STORY

(1945) Sound B & W 20 minutes
UWF \$32. Service Charge: \$2.00

Portrays the work of the U. S. Public Health Service, and of a young lady lab technician in particular, in investigating a health hazard in a large shipyard. A welder's illness is diagnosed as pulmonary edema, and the cause is finally traced by the USPHS field team and lab technicians to the presence of cadmium in a casting. The steps taken to prevent further cases of this nature are indicated.

Aim: To show the public how one arm of government is related to the ordinary citizen — a "stewardship" film. Concerns investigation of illness in a shipyard welder. Suitable for general public. Interest well maintained and subject adequately treated. Very obviously a U. S. film — suitable for use in Canada if accompanied by a speaker pointing out similar services here.

* * *

CARE OF FEET

(1946) Sound Color 10 minutes
UWF \$56. Service Charge: \$1.50

Produced by the U. S. Navy, this film illustrates the need for properly fitting shoes and how such shoes can be fitted. Improperly fitting shoes are demonstrated by means of a model shoe with a transparent upper which shows such features as ball joint out of line, toes cramped and rubbing against the lining, and uppers which bind and cut into the foot. The need for properly fitting socks is also stressed. Hinges are used to demonstrate the necessity for foot and shoe to bend at the same point. Animated diagrams illustrate the formation of corns and callouses, and pointers on their care are given. Athlete's foot is shown to be a common cause of foot discomfort and methods of preventing it are demonstrated. The causes and seriousness of ingrown toe nails are illustrated. The proper fitting of shoes, using a double measuring machine, is demonstrated in some detail, and the film closes with an illustration of a well fitted shoe, shown by a transparent model.

This is a useful film for any type of audience. Recommended.

* * *

CARE OF THE FEET

(1944) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

An instructional film primarily for classroom use. Topics include: body weight and how the foot supports it; the general anatomy of the foot; the distribution of weight in standing and walking; arches and flat feet; shoes and arch supports; corns, bunions and blisters. (*Also available in French: LES SOINS DES PIEDS.*)

The first part of this film is somewhat technical but it is satisfactory for showing in classrooms at the high school level and for interested adult groups. Would not be appropriate in primary schools.

* * *

CARE OF THE NEWBORN BABY

(1944) Sound B & W 31 minutes
UWF \$53. Service Charge: \$3.00

One of a series of films produced by the U. S. Office of Education for the instruction of professional nurses. Shows the nurse's functions and duties in teaching parents to care for newborn babies. Indicates what the nurse can do in the home, clinic and hospital. Demonstrates how to hold, dress, bathe and feed a baby, and discusses the preparation of layettes, diets in pregnancy, the nursing mother's food, the baby's need for security and affection, etc.

This is an excellent film which should be given wide distribution. It is very practical and sensible, and is suitable for all interested groups.

* * *

CARE OF THE SKIN

(1949) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

This film presents, by animated diagrams and by demonstration, a lesson in personal cleanliness for young folks. The kitten uses her tongue for washing, but humans, we learn, must use soap and water. Animated diagrams show how the glands of the skin secrete oil in which dirt collects — dirt which cannot be removed by water alone. Virginia, getting ready for bed, demonstrates how to wash face and hands. Emphasis is placed on the use of soap, fingernail brush and wash cloth, on missing no part of the hands, arms, face, neck or ears, on rinsing off all the soap, and on careful drying of the skin. We then see her brother, Fred, and his thorough bath procedure. Before they leave, both children make sure that the bathroom is clean and tidy for the next occupant.

A film for children, illustrating why the human skin must be cleansed with soap and water and demonstrating how to do it. The subject matter and its treatment are good. The technical content is accurate. Although it does show an almost too liberal use of soap, adequate rinsing is recommended, and the film is considered suitable only for teaching personal hygiene to children, primarily in the 8 to 12 year age group. Recommended.

* * *

CARRY ON, CHILDREN

(1940) Sound B & W 11 minutes
COI apply. Service Charge: \$1.00

The story of the health services in the United Kingdom for children from birth to adolescence. Prenatal clinics, infants' welfare centers and nurseries, school dental health services, etc., are dealt with. (*Also available in French: ENFANTS.*)

While this film is not entirely applicable to the Canadian situation, and is even now somewhat out of date for the U. K., it is very well done and interesting, as an indication of many ways in which the health of children needs attention. It is recommended as a discussion film for all interested groups.

* * *

A CAUTIONARY TALE

(1939) Sound B & W 3 minutes
COI apply. Service Charge: 50¢

A cartoon which demonstrates the possible deadly results of leaving minor wounds untreated. Tom Good is a worker in a munitions factory where, naturally, machines and material are not exactly antiseptic. He punctures the end of his finger, but refuses — alas — to do anything for such a trifle. Stanley Holloway recites the tragic commentary as Tom's finger balloons and the sepsis spreads from hand to arm to all of Tom. And the cautionary tale has no happy ending, for poor Tom Good is laid in his grave — all because he neglected a minor wound.

Aim: To impress upon public the importance of attending to cuts in skin — does not give any details of such attention. Suitable for general audience, particularly industrial groups. Subject adequately treated for aim and audience. Shows in amusing manner the course of development from cut to local inflammation, lymphangitis, general septicemia. Recommended.

* * *

CHILD CARE AND DEVELOPMENT

(1950) Sound B & W 17 minutes
McG-H \$95. Service Charge: \$2.00

One of the series on Child Development produced by Crawley Films Limited for the McGraw-Hill Book Company. An over-all consideration of the habits of daily physical care that ensure a happy, healthy child. Correct attitudes and procedures toward establishing good habits of eating, sleeping and bathing are dealt with, and the film stresses the elements of good diet. The question of proper clothing is explored, as well as the psychological influence on personality development of suitable and becoming clothing. Finally, the film discusses the importance of outdoor exercise in the development of strong young muscles. (*A filmstrip, reviewing the motion picture, accompanies the film when requested.*)

Describes the fundamentals of daily physical care of children, with emphasis on the psychological aspects which influence personality development. Technical content is accurate and up-to-date. This is a good film, with particular interest and value for parent groups, home and school associations, teachers and nursery school personnel, etc. It is also suitable for classroom use in senior high school and college. Recommended.

* * *

THE CHILD GROWS UP

(1940) Sound B & W 10 minutes
A & F \$40. Service Charge: \$1.00

Follows the growth of a normal child from first birthday to first school day. Food, habits, play, cleanliness, order, relations with other children, moral values, safety training, sex education, medical and dental care, and preparation for contact with the widening world are among the points dealt with.

A sensible portrayal of the importance to the child of freedom to grow up in its environment. This is a good film and is recommended.

* * *

THE CHILD HEALTH CONFERENCE

(1942) Sound B & W 30 minutes
USDL \$60. Service Charge: \$3.00

The purpose of this film is to promote the establishment of periodical conferences between physicians and mothers of children from infancy to school age. The film explains how to organize and conduct a child health conference, and portrays the roles of physicians, public health nurses, dentists and volunteer workers. The whole function of a well baby clinic is shown, including the examination of children and advice to parents on the necessity for children developing independence, on the importance of their becoming free from their mothers and on the necessity for playmates.

This is a very good film showing the functioning of a health center for children. Its purpose is to educate parents and stimulate continuous health supervision for children. It is altogether an excellent educational film which should be given wide distribution.

* * *

CHILD WELFARE IN SWEDEN

(1941) Sound B & W 11 minutes
STIB apply. Service Charge: \$1.00

Shows the Swedish Government's program for the care of mothers, infants, children and adolescents. Free clinics, summer camps and play facilities are shown, as well as compulsory pre-birth care, child allowances, state-provided apartment houses, cooperative housing plans and cooperative care of children.

Recommended for general distribution.

* * *

A CHILD WENT FORTH

(1942) Sound B & W 20 minutes
Bran. \$72. Service Charge: \$2.00

A progressive nursery camp in action. In close contact with nature, a group of pre-school children learns how to live with one another, learns to practise self-discipline and to develop their creative instincts. The film shows the wide range of activities possible, through sympathetic

guidance, when children have a well-rounded program of eating, rest and play with freedom to exercise their curiosity and make-believe. (Also available in French: *IL ÉTAIT UN ENFANT.*)

While this is not quite clearly a health film it has important implications for health, and particularly mental health. There is a lot of sound teaching in the film and it should be made available for wide distribution. It would be suitable for Home and School, church, study group, etc., showings. Recommended.

* * *

CHILDREN FIRST

(1944) Sound B & W 17 minutes
NFB apply. Service Charge: \$2.00

Emphasizes the importance of milk in the diet of children. Describes the nutritional role of milk and milk products, and discusses minimum milk requirements, various milk products and derivatives, and the problem of conserving and sharing available supplies. (Also available in French: *AUX ENFANTS D'ABORD.*)

A wartime film about milk — demands for it, where it goes, how it is distributed, its food value and the idea of sharing it. Good as long as a shortage of milk exists. Recommended.

* * *

CHILDREN GROWING UP WITH OTHER PEOPLE

(1947) Sound B & W 22 minutes
COI \$55. Service Charge: \$2.00

The emotional adjustments of childhood are many. This film illustrates the stages of growth in children, showing by example the constant adaptation to the world around. Tact, discernment and patience, we learn, are required of the adult who assists the child, especially as it moves closer to adulthood. The significance of the child's awakening to the responsibilities of social behavior after the self-centered individuality of childhood is clarified.

This film deals with an aspect of child training about which there is a dearth of material. Adjustment of a child to his surroundings, or to his playmates, is a topic which, although of basic importance in the future success of a child in life, has been rather neglected in the past. The subject is dealt with adroitly and interestingly. Children between the ages of 8 and 15 particularly would benefit from seeing this film. It would also be of interest to parents and educators. Recommended.

* * *

CHILDREN'S EMOTIONS

(1950) Sound B & W 21 minutes
McG-H \$105. Service Charge: \$2.00

One of the series on Child Development produced by Crawley Films Limited for the McGraw-Hill Book Company. A discussion of the major emotions of childhood: fear, anger, jealousy, curiosity and joy. The major causes of fear at different age levels are shown; pointers on how parents may prevent or lessen most childhood fears are given in sequences re-enacting the situations used to illustrate causes. In a similar manner childish anger is discussed; humor is endorsed as the best

antidote, combined with understanding of the baby's inability to do things for himself and of the intensity of his desire to try. The common causes of, and suggestions for dealing with jealously are described; consistent discipline and genuine understanding and affection are prescribed. Curiosity, the basis of all the child's future education, should be fostered. In conclusion the film notes that happiness should be the child's natural element, for it is the result of physical well-being plus reasonable discipline and loving understanding. (*A filmstrip, reviewing the motion picture, accompanies the film when requested.*)

Deals with the emotional development of children and illustrates some of the emotional problems of childhood -- fear, anger, jealousy, etc. A very good film in every respect, technically accurate and up-to-date, which should have interest and value for parents and teachers of young children and also for senior high school and college students. Recommended.

* * *

CIRCULATION

(1949) Sound Color 17 minutes
GBI \$180. Service Charge: \$3.00

This film portrays the systemic and pulmonary circulation of the blood in the human body. In the first part of the film, color animation and laboratory demonstrations illustrate arterial, venous and capillary circulation, the exchange of oxygen and carbon dioxide between the blood and body tissues, the action of venous valves, the pulse rate and its relation to exercise. In the second part, animation illustrates the heart cycle in some detail, showing the four chambers and the valves of the heart, pulmonary circulation and oxygenation of blood in the lungs, and the coordinated action of auricles and ventricles.

Illustrates the course of blood circulation in the human body, and how the heart, vessels and blood function in carrying food, oxygen and waste products to and from body cells. This is a very fine film in every respect. The animation is excellent, the technical content accurate and up-to-date. It should be especially useful as a teaching film for junior and senior high schools and colleges, for student nurses, for first aid and home nursing classes, for teacher training, and for any interested group of adults or older children. Recommended.

* * *

THE CITY

(1939) Sound B & W 31 minutes
MMA \$65. Service Charge: \$3.00

Produced by the American Institute of Planners, this film deals with the three phases of city building and community living in North America. Contrasts the unplanned metropolis, with its by-products of slums and unnatural speed-up of daily routine, and the new de-centralized community, planned for space and segregation of work and recreation.

Portrays great changes in our present world as compared with those times when our present city structure was more or less appropriate. It shows the great need for replanning, for dealing with slums, noise, congestion. It states the need for air and sunshine and planned communities in the interests of living generally, not just production. Recommended.

* * *

CITY OF THE SICK

(1950) Sound B & W 20 minutes
NMHF \$35. Service Charge: \$2.00

A picture of life in a mental hospital, as seen by one of the attendants. The film opens with a brief reference to the prevalence of mental illness in the United States today, and to the new approach to methods of treatment. Bill Harper, an attendant in a mental hospital, describes his daily routine, explaining how the way he does his work can make the hospital a prison or a pleasant, friendly place of healing. Incidents involving difficult patients show how necessary it is that attendants be sympathetic and understanding. As an example of the troubles that bring so many people to mental hospitals the film reviews the case history of a business man who was crushed by depression brought on by the death of his wife, financial reverses and the memory of childhood struggles. Treatment, through which many people are restored to normal, useful lives, is outlined in scenes showing members of the hospital staff at work.

Designed to give the public accurate information about the work of the mental hospital. Technically accurate and up-to-date; the treatment is good. In view of public interest in the subject, this should prove a very useful film in helping people understand mental illness and appreciate the modern approach toward the care and treatment of patients in mental hospitals. The film is suitable for all adult and special interest groups. Recommended.

* * *

CITY WATER SUPPLY

(1941) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Deals with the relation between rainfall and life; the sources of city water supply — wells, rivers, lakes and watersheds; water-borne diseases; methods of water distribution; the necessity of safeguarding sources and distribution.

This is a good film for general education and is useful for showing in schools, youth groups, etc.

* * *

CLEANLINESS AND HEALTH

(1949) Sound B & W 11 minutes
Coronet \$50. Service Charge: \$1.00

David visits the doctor and learns why cleanliness is necessary for good health. The doctor explains that some of the most dangerous things in the world are tiny living organisms which can only be seen with the aid of a microscope. He shows David germs from his own throat, demonstrates how antiseptics kill these germs, and describes how bacteria can enter the body through the mouth or a break in the skin and cause infection and illness. Animated diagrams illustrate the function of the sweat glands, and the value of soap and water in keeping the skin free from sweat, oil and germs is stressed.

A film for children, describing the reasons for personal cleanliness. Technically up-to-date and accurate, the film rates as good to fair in its treatment of the subject. Its chief field of usefulness will be with school children in the 8-to-12-year age group, although it is suitable for older children and for special interest adult audiences such as parent study groups. Recommended.

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CLEANLINESS BRINGS HEALTH

(1944) Sound Color 9 minutes
U.S. Emb. apply. Service Charge: \$1.50

One of the "Health for the Americas" series, produced by Walt Disney for the Institute of Inter-American Affairs of the U.S. Government. Introduces the concept of personal and community sanitation in preventing the spread of disease. Contrasts the living habits of two families — one well, one ill. The well and happy family lives in a clean house. The mother cooks on a raised stove, keeps her dishes clean, her food covered. Pigs and chickens are kept in the yard in enclosures. But in the other family cooking is done on the floor, where the unrestricted animals come to inspect the dinner and germ-laden dust blows in from outdoors. The father and son are both sick — an illness which, we see, is a result of the family having no latrine. The clean family, of course, builds a simple latrine — we see how this is done — where any microbes are locked up in the ground. This family has baths, washes clothes often, washes hands before meals. (Also available in French: *LA PROPRETÉ, C'EST LA SANTÉ.*)

The story of two families, one clean and healthy, and the other careless and sick. This film is excellent for Indians and is good educational material for all children. While many of the actual details are not applicable to this country, the principles shown are sound and could form very useful background for talks and discussions by school teachers and group leaders in less organized communities. Its value would depend on translation of these principles, expressed in terms of local application. Recommended.

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CLOCKING A CHAMPION

(1941) Sound Color 10 minutes
NYH \$75. Service Charge: \$1.50

A day in the life of a normal, healthy infant who is contented and happy on the "by the clock" routines in an average household. The film shows approved methods of feeding, bathing, etc.

A color film showing the daily routines of baby care. Good photography. It may leave a wrong impression regarding the acceptance of bottle feeding as the preferred method. Only fairly good. Recommended for general distribution to interested groups.

* * *

COME CLEAN

(1950) Sound B & W 9 minutes
ADA \$55. Service Charge: \$1.00

A demonstration of dental care through correct toothbrushing habits. The film shows Adolphus on the day of his visit to his dentist, vigorously brushing his teeth the wrong way. At the dentist's office he is shown the right way to preserve healthy, sparkling teeth and help prevent decay. Enlarged close-ups demonstrate brushing away from the gums on inner and outer surfaces, rotary motion over biting surfaces and the use of dental floss to remove food particles from between teeth. At home again, Adolphus tosses out his old brush, substitutes a new one of the correct size and shape, and begins a new habit of following correct brushing technique.

This is a dental health film dealing specifically with the proper technique of toothbrushing. The subject matter and treatment are good, but the most important

point of all -- "when" to brush the teeth -- is not dealt with. The comic character may appeal to some, and may annoy others. Provided it is used in conjunction with discussion of timing of toothbrushing, the film is suitable for general audiences and special interest groups. Recommended.

* * *

COMING HOME

(1949) Sound B & W 15 minutes
NTBA \$43. Service Charge: \$1.50

The story of a man who discovered by chance that he had tuberculosis, and of the sanatorium treatment that cured him. We see Jack first on his return to work, and as he tells his workmates of his illness we learn several things about TB: some of the symptoms, how the germs get into the lungs and destroy them, how the disease can be discovered by a chest x-ray, the necessity for complete rest, the purpose behind collapsing a lung, the effect of the disease on the patient's mental state. Key points in the treatment are illustrated throughout. The film ends by urging regular chest x-rays and physical check-ups to catch the disease in its first stages.

An account of how an average individual, aided by the community, copes with tuberculosis. Unanimously considered an excellent film in every respect; up-to-date and accurate. While produced in the United States, it contains no local references whatsoever and should be a very effective and useful film for showing in Canada to all audiences of adults, young people and older children. It has particular application to industrial groups. Recommended.

* * *

THE COMMON COLD

(1949) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Some pointers on the common cold, told through the story of John and the cold he caught from a chum who didn't use a handkerchief when sneezing. John is an important member of the school baseball team and, with a big game coming up, is loath to take his cold seriously. But his mother takes the matter in hand and soon we see John in the doctor's office being thoroughly examined. After the doctor has ruled out the possibility of several diseases which have early symptoms similar to the common cold, he tells John of the various ways by which one can catch a cold, how it is caused by virus germs, and how these can pave the way for more serious illnesses such as pneumonia, middle ear and sinus infections if the cold is not taken care of promptly. Drawings of the nose and throat illustrate the doctor's remarks, and common-sense rules for the prevention and care of colds are outlined.

A film emphasizing the importance of early care of the common cold and indicating a few precautionary measures. The choice of subject matter is good and the treatment is good to fair; the dialogue and commentary are a bit stilted and unnatural. The technical content is up-to-date and accurate, and the film is suitable for general audiences of adults and children from about the age of eight. Recommended.

* * *

THE COMMON DEFENSE

(194-) Sound B & W 10 minutes
AHA \$20. Service Charge: \$1.00

The story of the Blue Cross Hospital Plan — how it operates and what it means in the protection of the average family. Indicates with some war scenes that illness may strike unexpectedly just as war strikes suddenly, and points out that hospitalization may be much easier on a Blue Cross Plan.

Good film produced by the American Hospital Association, promoting the Blue Cross. Recommended.

* * *

CONDITION IMPROVED

(1946) Sound B & W 34 minutes
NFB \$65. Service Charge: \$3.00

Produced for the Department of National Health and Welfare and the Department of Veterans Affairs by the National Film Board of Canada. Portrays the role of occupational therapy in restoring patients to health and normal living. Both the physical and psychological aspects of such therapy are considered and illustrated in the treatment of war casualties, industrial accident cases, and children suffering from spastics, polio, tuberculosis and cardiac conditions. The latter portion of the film deals with the cooperation between the therapist and the psychiatrist in the treatment of psychoneuroses, and is highlighted by sequences showing an actual psycho-drama, and a speech therapy class. (Note: The psycho-drama sequence is deleted from the National Health Film Library print -- see following comment.)

Aim: To illustrate some modern methods of treatment, other than drugs or surgery, for convalescents, chronic patients, orthopedic disabilities, psychiatric patients, stammerers, by occupational therapy and other physical and psychological means. Suitable for audiences with some interest in this field; too repetitious for general showing, but any group with a direct interest in crippled children, rehabilitation, etc., would be interested, as would vocational guidance workers and others with professional interest. The psycho-drama sequence should be cut out: it is not suitable for the general public because of language the patient uses. Recommended.

* * *

CONQUER THE CRIPPLER

(1949) Sound B & W 11 minutes
ARF \$26. Service Charge: \$1.00

Opening sequences indicate that arthritis is one of the oldest diseases known to man and one which is very prevalent today. While medical science does not yet know exactly what causes it, great advances have recently been made in early and accurate diagnosis and in treatment. Types of treatment in both early and late cases are indicated. Throughout, the film emphasizes the costly nature both of arthritis treatment and of the extensive research still required. Closing sequences urge public financial support of the Arthritis and Rheumatism Foundation, the organization for which this film was produced.

The aim of this film is to indicate the nature and extent of arthritis and allied rheumatic diseases, to portray in an encouraging manner the various methods of treatment, and to enlist public support of voluntary agencies combatting these diseases. This is a good film but is specific to the United States, with the

commentary urging financial support of the sponsoring U.S. agency. However, when the film is accompanied with adequate explanation of the Canadian situation, it is quite suitable for public showing in this country, particularly as a campaign film. Recommended.

* * *

THE CONQUEST OF A SPOON

(1946) Silent B & W 16 minutes
EBF \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). The spoon is a complicated tool, requiring fine manipulative skill for its use. Infants are shown at some sixteen age levels, between eight months and five years, illustrating the gradual perfection of the skills which lead to mastery of the spoon.

This film is of great interest from public education and scientific viewpoints. Recommended.

* * *

CONSTRUCTING A SANITARY PIT PRIVY

(1949) Sound Color 15 minutes
UWF \$88. Service Charge: \$2.25

This film illustrates the public health values of the sanitary pit privy, and principles and procedures for its construction. The story of farmer Jim Brown, his wretched backyard privy, contaminated well and continually ill children, shows how an insanitary privy contributes to the transmission of disease. On the advice of the doctor, Jim calls in the county sanitarian, and together they plan the building of a pit privy to meet the Browns' needs. The sanitarian helps Jim select a site for the new privy and provides him with complete plans for its construction. The film then shows the step-by-step construction of the sanitary pit privy — in this case with a cement slab for sealing the pit and for supporting the cast iron riser and the building — and illustrating the fundamental principles of sanitation, such as proper drainage and ventilation.

Illustrates the reasons and the procedures for building a sanitary pit privy. This is a very good film -- the choice of subject matter is excellent and the treatment is good throughout, showing principles and procedures in considerable detail. While a less expensive and quite satisfactory construction might have been shown, this film will have interest and value for rural audiences from about 12 years of age and up. Recommended.

* * *

CONTAMINATION OF WATER SUPPLIES BY BACK SIPHONAGE

(1937) Sound B & W 15 minutes
Minn. \$60. Service Charge: \$1.50

A laboratory model illustrates how faulty plumbing arrangements cause back siphonage. Several types of faulty bathroom fixtures are shown, and proper corrective measures are explained.

Through interesting laboratory demonstrations the film purports to show conditions under which back siphonage may take place. While methods of prevention and correction are not too adequately shown, the film is recommended.

* * *

CONTROL OF BODY TEMPERATURE

(1940) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

This film deals with phenomena associated with variations of body temperature in animals and man. Body temperature in man is shown to remain relatively constant despite fluctuations in external temperature; this is contrasted with the variable temperature in cold-blooded animals. Experiments with isolated turtle and rabbit hearts show tissues living and functioning at rates proportional to temperatures. Heat production and regulation in warm-blooded animals is described. The regulation of heat loss is discussed, showing the blood stream as the distributor of heat, heat radiation from the body surface and the part played by perspiration, and comparing the function of the hypothalamus as the body's heat-regulating center with that of a furnace thermostat.

Demonstrates the mechanisms regulating the temperature of the human body. The phenomena described are well established and the treatment of the subject is good. The film should prove a useful adjunct to teaching in high schools, colleges and schools of nursing. While a certain amount of previous knowledge is necessary if the film is to be followed intelligently, any group interested in the subject should derive benefit from it. Recommended.

* * *

ANGER IS YOUR COMPANION

(1948) Sound B & W 16 minutes
ARC \$20. Service Charge: \$2.00

Illustrates the need for and the value of first aid training, both in the prevention of accidents and the saving of lives. Opening sequences indicate the death toll from accidents and the fact that most are due to carelessness. A dramatized sequence asks the question, "What would you do if confronted by a serious road accident?", and shows how the person trained in first aid knows what to do and can thereby save lives. We are informed by a hospital doctor of how few accident cases admitted to hospital have received first aid. Red Cross first aid classes are indicated as a solution in that they train the individual to give proper first aid, and also to be on guard to prevent accidents. Several scenes indicate the various types of training given. The accident problem in industry is cited; safety campaigns and first aid training in industrial plants are recommended. Results of such training in industry are quoted, and the film concludes by applying these same principles to the farm, to children's groups, to the home and to the highway.

This is a useful film for all audiences. Recommended.

* * *

THE DANGER POINT

(1943) Sound Color 11 minutes
PCCI apply. Service Charge: \$1.50

Discusses the transmission of respiratory diseases and their prevention through proper sanitation of food and of drinking utensils in restaurants, soda fountains, etc.

Recommended if you permit a good job with a little bit overdone piece of advertising for paper cups. This is obviously commercial, but is accurate enough and in color.

* * *

DANNY'S DENTAL DATE

(1948) Sound Color 22 minutes
Col H \$125. Service Charge: \$3.00

Designed for children, this film portrays what happens during a visit to the dentist and explains why such visits are necessary. The first part of the film, by means of marionettes, tells the story of Danny who, in order to escape a morning visit to the dentist, runs away to the country with his dog. In the country Danny and his dog meet several animals who tell him about their particular kinds of teeth and how they keep them strong and healthy by eating proper foods. Danny is surprised to learn that he has all these types of teeth. In a sequence in which various foods and their sources are shown and fruits and vegetables dance across the screen, we learn the fundamentals of proper nutrition for good dental health. It then turns out that the foregoing has been a dream and we see the real-life Danny waking up after his dream and hurrying to get to his dental appointment on time. In the dentist's office Danny has a small cavity filled, and during this procedure the dentist explains each step of what he is doing and why. The dentist also demonstrates proper toothbrushing technique, using a large model of the jaw and a huge toothbrush.

Deals with the uses and functions of teeth, the importance of diet in building sound teeth, and the principles of dental care and of oral hygiene. The commentary, the choice of subject matter and its treatment are good; the quality of color photography is only fair. The film is accurate and up-to-date and is

eminently suitable for children in the 8-to-12-year age group. It is perhaps too advanced for younger children. Recommended.

* * *

A DAY IN THE LIFE OF A CEREBRAL PALSIED CHILD

(1948) Sound Color 24 minutes
NSCCA \$165. Service Charge: \$3.00

Depicts the activities and problems of Peter, a boy with cerebral palsy, at the Children's Rehabilitation Institute, Cockeysville, Md. After an introduction by Dr. Winthrop M. Phelps, Director of the Institute, outlining the five types of cerebral palsy and the problems of treatment, the film follows Peter from his awakening in the morning through a day's work and play. Many other cases in the Institute are seen incidentally, exhibiting various forms of the condition and varying degrees of severity. The problems of dressing, eating, standing, walking, talking, writing and undressing are taken up in turn. Emphasis is on the application of physio and occupational therapy, and the film suggests how much may be accomplished by some of these methods. Throughout, we see the extraordinary amount of help required by the victims of cerebral palsy, their courage and the resourcefulness of their attendants.

A color film indicating what it is possible to accomplish on behalf of children with cerebral palsy. Technically of high order, and dealing with a difficult subject, this film is interesting and informative for medical audiences and for those lay groups concerned with the rehabilitation of crippled children. Recommended.

* * *

DEFENDING THE CITY'S HEALTH

(1941) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Deals with the organization and work of a city health department, giving a rapid and superficial enumeration of its activities. Shows diagnosis of a diphtheria case, follow-up by the health department, finding of the carrier, etc. Explains the "why" of quarantine, the role of the individual citizen in a health program, and the ways in which the public benefits from such activities.

Recommended for all audiences.

* * *

DEFENSE AGAINST INVASION

(1943) Sound Color 12 minutes
US Emb. apply. Service Charge: \$1.50

A Walt Disney film, explaining how vaccination helps the body to mobilize armament to beat off the attack of invaders. Primarily for children, this film portrays the body as a walled city peopled by busy little workmen (the body cells). Disease germs are shown as ferocious invaders who overrun the city unless its inhabitants have been previously stimulated, by introduction of a harmless invader, to mobilize protective armament. (*Also available in French: DEFENSE CONTRE L'INVASION.*)

A delightful explanation of vaccination as causing a preparatory mobilization of the body's defenses against disease. Marred at the end for doctors by mentioning only the multiple pressure method as all that is necessary. Recommended for all audiences.

* * *

DENTAL HEALTH: HOW AND WHY

(1949) Sound B & W 10 minutes
Coronet \$50. Service Charge: \$1.00

A film in which two children learn about the varieties and structure of teeth, and three basic dental health rules. Shows why Jerry and his sister have good teeth, emphasizing the need for proper foods and the avoidance of sweets, for regular after-meal brushing of teeth, and for periodic check-ups by a dentist. The structure of a tooth and the process of tooth decay are illustrated by animated diagrams. The proper method of toothbrushing is demonstrated. In conclusion the film explains how a dentist helps in tooth care and how decay may be prevented by topical fluoride treatments.

A dental health film for children. The choice of subject matter is excellent, its treatment good. Technical aspects are accurate and up-to-date. Should be especially useful for teaching children in the 8-to-12-year age group, and will also have value for special interest adult audiences such as parent study groups and Home and School associations. Recommended.

* * *

DIGESTION: PART ONE

(1949) Sound Color 17 minutes
GBI \$180. Service Charge: \$3.00

This film shows, by means of animated diagrams, the mechanical and muscular processes involved in the ingestion and digestion of food in the human body. The structure and muscular functions of the organs of the alimentary canal are demonstrated, showing mastication, movement of the larynx during swallowing, peristalsis in the esophagus, small intestine and colon, contraction waves in the wall of the stomach, segmentation in the small intestine, and the absorption of digested food, water and salts through the walls of the small intestine and colon into the bloodstream.

Illustrates the muscular and mechanical aspects of the digestive process. This is a very fine film in every respect. The animation is excellent. The technical content is accurate and up-to-date. It is, of course, not the whole story of the digestive process; the digestion and assimilation of food is dealt with in Part Two of the film. It should be especially useful as a teaching film for junior and senior high schools and colleges, for student nurses, for teacher training, and for any interested group of adults or older children. Recommended.

* * *

DIGESTION: PART TWO

(1950) Sound Color 20 minutes
GBI \$180. Service Charge: \$3.00

Demonstrates, by means of animated diagrams and symbols, the chief changes involved in the chemical breakdown of carbohydrates, proteins and fats within the alimentary canal. Shows the structure and function of the salivary glands, the glands in the inner lining of the stomach and small intestine, the secretion and action of saliva, gastric juice, succus entericus, bile and pancreatic juice on foodstuffs. Also illustrates the intestinal villi, the absorption of digested foods into the blood and lymph, the route of blood from the intestines to the liver and heart, the route of lymph from the mesentery to the receptaculum chyli, thoracic duct and heart, and the route

of blood carrying the products of digestion to the lungs, back to the heart and out through the body.

Illustrates the chemical and physiological aspects of the digestive process. This is an outstanding instructional film, excellent in every respect, technically accurate and up-to-date. The color and the animation are of the highest calibre. There is a review of some of the material in Part One of the film. This film will be exceptionally valuable for high school students, for nursing education and for medical students in the pre-clinical years. It will also be useful for adult special interest groups. Recommended.

* * *

DIGESTION OF FOODS

(1938) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

The film deals with both the chemical and the mechanical aspects of digestion. Mastication, swallowing, stomach contractions, intestinal segmentation and intestinal peristalsis are depicted by animation and by laboratory demonstration. Laboratory experiments show the action of ptyalin on starch, pepsin on albumin, and lipase on fats, and animation clarifies the processes. Photomicrography of intestinal villi and their motility is correlated with animation describing the function of the villi. The role of secretin in activating the pancreas is described.

Demonstrates the secretion of digestive juices, the digestion of foodstuffs and their absorption. The technical content is up-to-date -- only well-established phenomena are presented. The subject matter is simply and clearly shown and, while some knowledge of chemical and biological language and methods is needed if it is to be easily followed, this film should be a valuable teaching aid in high schools, colleges and schools of nursing, as well as for any interested group of adults or young people. Recommended.

* * *

DINNER AT SCHOOL

(1942) Sound B & W 9 minutes
COI Apply. Service Charge: \$1.00

In wartime Britain large numbers of children were given good noonday meals at school at a small charge or, where necessary, for nothing. The film urges the progress so far made be increased until dinner at school is a normal feature of school life for all children.

A British film which shows conditions which would not be at all usual in Canada. However, the principles shown are applicable in Canada though the detail may not be in many cases. A useful film to stimulate thinking along sound nutritional lines for children and one which should be given wide circulation. It is suitable for general showing.

* * *

A DISHWASHER NAMED RED

(1946) Sound B & W 11 minutes
GPP \$35. Service Charge: \$1.00

"Red", an expert dishwasher who realizes his responsibility and duty to protect the health of the community, demonstrates two approved methods of hand dishwashing, by the hot water method, of

glasses and dishes. The importance of renewing the wash water, of using adequate detergent and of maintaining the water temperature is emphasized.

This film depicts very well the proper method of dishwashing in a small restaurant where mechanical apparatus is not required. The equipment is of the simplest, but is adequate. This is a good picture and is recommended for instruction of such groups as cooks, restaurant staff, etc.

* * *

THE DOCTOR SPEAKS HIS MIND

(1948) Sound B & W 22 minutes
ACS \$30. Service Charge: \$2.00

A small-town practitioner speaks his mind here about cancer control. As he leaves the home of a friend who has neglected the disease until too late, he asks himself why so few people realize the importance of finding and treating cancer in its earliest stages. He remembers patients with mistaken ideas about cancer, those who have relied on quack treatments and those guilty of simply "putting off". He recalls townspeople whose lives could have been saved had they brought their suspicions to him early, and contrasts them with patients who, thanks to regular medical check-ups, had their cancer discovered and treated in time. Finally the doctor addresses the film audience, stressing the importance of regular medical examinations and the need to watch for the seven danger signals that may mean cancer.

A cancer control film emphasizing regular medical check-ups for everyone as a means of ensuring early diagnosis and proper treatment. The film is technically up-to-date and accurate; the choice of subject matter and its treatment are considered very good -- uses the fear motive, but is not too distressing. While it is a little slow-moving, the rather unique method of presentation should make this an impressive health education vehicle for use with general adult audiences and groups specially concerned with cancer control. Recommended.

* * *

DOUBLE THREAD

(1943) Sound B & W 30 minutes
COI Apply. Service Charge: \$3.00

Describes the daily routines in a well-conducted nursery school in the United Kingdom, with particular emphasis on the relationship between the home and the nursery school. Nursery school activities and their significance in the development of the child are shown in some detail. The film contrasts the child being hurried and helped at home, with the unhurried nursery school routine where the aim is to develop independence and self-help. Free play is recognized as essential. The film admits the importance and indispensability of normal home life for child development, as well as the child's need for a feeling of acceptance and uniqueness.

Aim: To show the public how home and nursery school training supplement each other. Suitable for general audiences, but particularly for special interest groups such as home and school and parent-teacher associations, child training groups, etc. The subject is adequately treated. Shows suitable equipment. Considerable emphasis on health as well as on training. Recommended.

* * *

DR. SPOCK

(1953) Sound B & W 25 minutes
MOT \$100. Service Charge: \$2.50

Dr. Benjamin Spock, well-known and widely published American pediatrician, discusses the care and training of children from infancy to the age of six, with some encouraging words of advice to parents who encounter difficulty in raising their children "according to the book". The film goes into a number of homes to show typical examples of child behaviour and illustrations of child care at different age levels. At a well baby clinic in Pittsburgh, Dr. Spock is seen discussing child problems with mothers. He stresses the importance of an awakened public interest in the well-being of our future citizens.

An illustration of common-sense principles of child care and training, as propounded by Dr. Benjamin Spock. This is a very good film. It is refreshingly warm, relaxed and sympathetic, and should be of value to over-anxious parents both to reassure them and to provide them with helpful hints on child care. Cinematically the film is rather loosely put together; however, the excellence of its content and well-chosen child "players" more than makes up for the lack of technical polish. The film is particularly suitable for parent audiences, well baby clinics, public health doctors and nurses, and other special interest groups. Recommended.

* * *

A DROP IN THE BUCKET

(1951) Sound Color 13 minutes
UWF \$77. Service Charge: \$2.25

A report on the success of a water fluoridation project for the prevention of dental caries in an American town. The story tells how community action was spearheaded by a local dentist, and how through public meetings, individual discussions and the testimony of experts many typical questions about fluoridation were answered. Proof of its value is shown in the healthy condition of children's teeth which, after a seven-year period, showed two-thirds less decay. The film points to the low cost per capita and describes the installation of a fluoridation system.

Deals with the health benefits (prevention of tooth decay) of water fluoridation. This is a good film from the points of view both of presentation and of technical content; the color is good, the sound is only fair. While there is some slight exaggeration of the results obtainable from artificial fluoridation, the film is quite acceptable and is suitable for showing to all interested adult audiences, particularly community groups such as home and school associations and municipal bodies. Recommended.

* * *

DRUG ADDICT

(1948) Sound B & W 33 minutes
N.A. Service Charge: \$3.00

Produced for the Division of Narcotic Control, Department of National Health and Welfare, with the cooperation of the Royal Canadian Mounted Police, by the National Film Board of Canada. How the drug traffic operates, how addicts are made, and how this grim social evil may be curbed. From the innocent-appearing poppy blowing in the wind to the avid hands of an addict held out for the peddler's capsule, the film traces the strange progress of illicit narcotics. The story of a young

first offender who hears in jail of the joys of addiction shows how many people become chained to the habit, their only future a miserable pattern of crime and jail term. Different authorities offer different solutions to the complex drug problem — but agree that for the sake of all society the problem must be solved.

This is the story of drug addiction in Canada, showing its evil results of crime and degradation and the control measures taken against the traffic, and discussing possible solutions to the problem. The film is a frank and straightforward portrayal of the whole problem, and was produced primarily as an instructional film for law enforcement officers, customs officers, the medical and pharmaceutical professions and other groups concerned with narcotic control. An 11-minute abridged version, entitled PAY-OFF IN PAIN (French version: ILLUSIONS À VENDRE), is available, and is more suitable for general audiences.

NOTE: Those wishing to borrow DRUG ADDICT from the National Health Film Library must state clearly the proposed use and audience.

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EARLY PLAY

(1946) Silent B & W 15 minutes
EBF \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). Play is self-activity -- the universal method of self-learning. As the child's body develops physically, so does his play behavior, the one being dependent upon the other. The film illustrates this, showing the play activities of infants at the ages of eight, sixteen, twenty-eight and forty weeks, and at one, one-and-a half, three and five years of age, pointing out how a child adjusts his spontaneous play to his own maturity. His play activity is, therefore, the best indication of his stage of development.

This is of great interest from public education and scientific viewpoints. Recommended.

* * *

EARLY SOCIAL BEHAVIOR

(1934) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development. Ten different children from eight weeks to seven years of age are depicted, and their individual differences are pointed out as we see their reactions to a number of varying social experiences. Parent-child relationships and their significance are discussed, and we see how the children respond to parents, brothers, sisters and other adults. The film is narrated by Dr. Gesell.

Illustrates manifestations of infant personality in a variety of social settings. Subject matter is clearly presented and up-to-date. Valuable to any group studying or interested in child psychology or child training -- nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

* * *

THE EARS AND HEARING

(1950) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

A demonstration of the mechanisms involved in hearing, and a discussion of some of the conditions that may lead to impairment of hearing. Animated diagrams illustrate the parts of the ear and how sound waves striking the eardrum are transmitted to the inner ear to stimulate the auditory nerve. Direct live photography shows the three small bones of the middle ear and their movements. Three aspects of the pathology of the ear are briefly discussed: accumulation of wax in the outer ear, inflammation of the Eustachian tubes caused by infections of the nose and throat, and infection of the middle ear. The value of hearing aids is briefly indicated.

Deals with the mechanism and physiology of hearing, together with some information on ear disease. This is a good film from all points of view, except that it is limited in scope and there is perhaps too little information on causes and prevention of impaired hearing. The technical content is accurate and up-to-date. It is a very good teaching film for junior and senior high schools, and is quite suitable for interested adult groups. Recommended.

* * *

ELIMINATION

(1947) Sound B & W 13 minutes
GBI \$50. Service Charge: \$1.50

Portrays the four routes of excretion of waste from the human body. Employing animation throughout, the film first deals with the skin, illustrating waste excretion via the sweat-glands and indicating their function in controlling body temperature. The kidneys are then described, showing their chief anatomical features and a simplified illustration of a kidney tubule and how it functions in extracting waste products from the blood. The role of the lungs in excreting carbon dioxide is shown, as is the way in which the colon functions in passing indigestible foodstuffs from the alimentary canal. The film concludes with a discussion of how these four methods of elimination are correlated to maintain the correct amount of water in the tissues and blood at all times under varying conditions of temperature.

Describes the four routes of elimination of waste products from the human body -- skin, lungs, kidneys and colon. This film is excellent throughout. The treatment of the subject renders it a suitable vehicle for instruction in health education and physiology classes in junior and senior high schools and colleges (Grades 7 to 13), and schools of nursing. The film may also have value for parent education groups, and possibly for pre-medical students. Recommended.

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THE EMBRYOLOGY OF HUMAN BEHAVIOR

(1951) Sound Color 28 minutes
IFB \$175. Service Charge: \$3.00

A research report on concepts which underlie the clinical science of child development. Narrated by Dr. Arnold Gesell, the film deals largely with the development of eye-hand coordination in the infant, showing early embryological development of the eyes and eye-hand behavior patterning as revealed in the infant under six months and in the older infant's progressive ability to manipulate objects. The film then proceeds to describe the "reciprocal interweaving" process which organizes the development of eye-hand behavior patterns in the central nervous system, using schematic animation throughout. Development of locomotion and of the child's use of a crayon are shown in the light of this concept. The final part of the film deals with developmental diagnosis of behavior as a function of clinical pediatrics and preventive psychiatry.

Illustrates developmental patterns in the normal infant, particularly the development of eye-hand coordination and the patterning process of behavior. While the treatment of the subject is quite technical and the film obviously directed to professional audiences (medical students, pediatricians, psychologists and psychiatrists, nurses, etc.), it is also considered suitable for certain lay groups with a specific interest in the subject (nursery school personnel, groups directly concerned with child training). Recommended.

* * *

EMOTIONAL HEALTH

(1947) Sound B & W 20 minutes
McG-H \$105. Service Charge: \$2.00

The primary objectives of this film are to show that emotional upsets are common, that if they are prolonged the need for professional counsel and care is as important and normal as with any physical illness, and to explain in simplified language some of the basic techniques of psychiatric

treatment. The film tells the story of a young man who learns that there is no physical reason for his chest pains and other physical complaints. He is shocked to hear his doctor suggest consultation with a psychiatrist. The doctor explains that many physical disorders may be provoked by an emotional upset and that a competent psychiatrist is the man best qualified to diagnose and treat such a condition. Reluctantly at first, and then with growing confidence the young man undergoes psychiatric treatment; at length a deep-seated and hitherto unsuspected fear is brought to light and dispelled. The film points out that the emotional upset depicted is typical of those that can be cured by bringing to the patient a better understanding of his problem.

This is an excellent film and definitely carries a message for parents and for young adults -- that emotional upsets have a cause that can be traced down and treated. Recommended.

* * *

ENDOCRINE GLANDS

(1939) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Describes the nature and function of the parathyroid, pituitary, pancreas and thyroid glands. Laboratory demonstrations show the influence of parathyroid and calcium on muscular control, the effect of pituitary hormones on the growth and differentiation of egg follicles, the role of the pancreas in producing insulin, how insulin is prepared and used in the treatment of diabetes, the characteristics of hyper- and hypothyroidism, and the stimulation of the mammary gland by pituitary and ovarian hormones. Abnormal and normal conditions brought about by unbalanced and balanced secretion of the endocrine glands is reviewed.

An introduction to the subject of endocrinology, demonstrating some of the functions of the endocrine glands. The technical content is accurate and up-to-date, but the subject is only moderately well treated--there are grave omissions (such as the lack of any discussion of the sex glands) and the section on the pituitary is rather unconvincing. Some parts of the film are very well done, and it is considered suitable for teaching purposes in high schools, colleges and schools of nursing. It would seem to have no value for other groups. Recommended.

* * *

ENVIRONMENTAL SANITATION

(1944) Sound Color 9 minutes
US Emb. apply. Service Charge: \$1.50

One of the "Health for the Americas" series, produced by Walt Disney for the Institute of Inter-American Affairs of the U.S. Government. The story of a village which grew into a city and how it learned as it grew the necessity of proper sanitation. Life was simple in the village days, but as more and more people came together many problems arose. Poor water supply, makeshift open markets, flies, rats, lice -- and disease -- all contributed toward growth of the cemetery, until the people realized they must overcome these dangerous conditions. First a reservoir up-river and chemically purified water, then plumbing and sewage disposal -- step by step we see the city improve.

This is the story of a city, speaking in the first person and telling about its growth from a village. Discusses water supply and pollution of the river; food, flies, lice, rodents, human waste, rubbish, carelessness, epidemics and death. Excellent educational film for children, poorly organized communities, and

Indians. While many of the actual details are not applicable to this country, the principles shown are sound and could form very useful background for talks and discussions by school teachers and group leaders in less organized communities. Its value would depend on translation of these principles, expressed in terms of local application. Recommended.

* * *

ESSENTIALS OF FIRST AID

(1942) Sound B & W 31 minutes
UWF \$47. Service Charge: \$3.00

This film illustrates essential practices and procedures in safety and first aid, with specific reference to naval personnel. Importance of knowing first aid and of making full use of available safety devices is emphasized and the film proceeds to describe safe practices and first aid procedures as follows: heat exhaustion; prevention and care of blast injuries; moving an injured person (basket stretcher, collar drag, blanket drag, one-man carries); artificial respiration by the prone-pressure method; contents of the U.S. Navy first aid kit and indication of uses of each item; examining the injured person; use of the morphine syrette; splinting fractured limbs (wire splint, wooden splints, Thomas ring splint, improvised splints); head and spine fractures; burns; wounds (flesh wounds and chest wounds); control of bleeding (pressure points and tourniquets).

This is an instructional film on first aid procedures, produced primarily for ratings in the U.S. Navy. While only naval personnel and scenes are shown, and while it is dated in some respects, the principles of first aid are well illustrated and practices well demonstrated. The first part of the film, dealing with battle injuries, has little value for civilian groups; there are several scenes where the use of morphine to relieve pain following injury is suggested, and it is felt that this is a feature which does not apply to civilian life as it does to the armed services. These criticisms are considered not important for the civilian audiences who will be seeing the film--i.e. adolescent and adult groups with a specific interest in the subject of first aid or taking first aid instruction. Recommended.

* * *

THE ETERNAL FIGHT

(1949) Sound B & W 22 minutes
NFB apply. Service Charge: \$2.00

A United Nations Film Board presentation, dealing with the great need for and the progress made in international effort to stamp out contagious diseases. The work of pioneer scientists who discovered the germs causing dread plagues is outlined. The impossibility of confining such disease to any one country is stressed, and the efforts of the League of Nations and the World Health Organization are discussed. The typical case of a sailor with typhus, and the recent cholera outbreak in Egypt, are examples of international cooperation in preventing and wiping out epidemics. But the fight must go on until cholera, malaria and similar pestilences are completely eradicated from every corner of the world. (Also available in French: *LA LUTTE ETERNELLE*).

The film portrays the role played by the World Health Organization in the battle against contagious diseases and epidemics. The choice of subject matter is excellent and opportune, and its treatment is good in all respects. Technical content is accurate and up-to-date. The film has a particular Canadian interest in that Canada's Dr. Brock Chisholm, who appears in the film, was the first

permanent head of W.H.O. It is considered suitable for high school, general adult audiences and special interest groups to show the need for and the carrying out of international cooperation in the field of health. Recommended.

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EVERY DROP A SAFE ONE

(1939) Sound B & W 11 minutes
NMPC \$45. Service Charge: \$1.00

Shows how water may become contaminated by industrial and human waste, and explains the purification processes of a modern water filtration plant.

Recommended for any audience, but especially for schools.

THE EYES AND THEIR CARE

(1941) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Deals with the structure of the eye and with some physiological and hygienic facts such as eye movement, field of vision, light receptors, night blindness, near and far-sightedness, astigmatism, infections, eye protection, etc. Animation is used to illustrate the structure and function of the eye. (Also available in French: *LES YEUX ET LES SOINS À LEUR DONNER.*)

Good drawings of the technical workings of the eye. Contains two statements of doubtful truth: (a) "Vitamin A is necessary for good vision in dim light." Vitamin A is necessary for quick dark adaptation but does not influence the vision of a fully adapted eye. (b) Reading under a lamp in a darkened room is bad because "the eye is adjusted neither to the dark room nor the bright page." Recommended for high schools, etc.

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EYES BRIGHT

(1949) Sound Color 10 minutes
A & F \$90. Service Charge: \$1.50

Prepared for primary grade children, this is a film on eye health and safety in which four children and their classmates learn from the school nurse and the classroom teacher, from discussion of experiences at home and at play, and from books in the school library, about the care and protection of their eyes. Introductory sequences tell of the value of the eyes and the need to take good care of one's glasses. The school nurse talks to the children about proper rest for the eye muscles, about foods that benefit the eyes, and about habits of cleanliness. They learn what to do when they have a headache or get anything in their eyes, of the need to have the eyes examined by an eye doctor every two years, and why not to read in a moving vehicle. The four children, working as a committee, prepare and show to their class a "movie" consisting of eight drawings summarizing what they have learned about their eyes. (Also available in French, but with English title.)

A film for young children on the eyes and their care, stressing avoidance of eye strain, the need for proper diet, and safety precautions. This is a good film throughout, accurate and up-to-date. It is eminently suitable for school use in grades 1 to 6 and will also have value for parent-teacher groups. The only crit-

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icism is that the photography does not seem to be in perfect focus at all times. Recommended.

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EYES FOR TOMORROW

(1944) Sound B & W 18 minutes
NSPB \$20. Service Charge: \$2.00

Deals with causes and prevention of blindness and the conservation of sight. Stresses good health as a prerequisite for good eyesight, and shows that good general health includes attention to cleanliness, medical examinations, proper nutrition, etc. Items include: pre-marital blood tests; silver nitrate in the eyes of the newborn; eye hygiene in childhood; effect of infectious diseases on the eyes; nutrition; sight-saving classes; industrial eye hazards and the use of safety goggles; early diagnosis and treatment of glaucoma.

A good film covering all aspects of eye care including prevention, and with some slight extra emphasis on the industrial aspect. There is good emphasis on the fact that good eye health results from good general health. Recommended.

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EYES THAT HEAR

(1947) Sound B & W 16 minutes
LSD \$45. Service Charge: \$2.00

Tells the story of adjustment and development, through the nursery school, kindergarten, elementary, high and vocational school levels, of deaf children. Produced essentially to acquaint the medical and educational professions and the general public with the problems of education of the deaf, the film reviews training in lip-reading and speech at various age levels, and shows the vocational training made available to boys and girls handicapped by deafness. It is based on the work at the Lexington School for the Deaf and the New York School for the Deaf in New York City.

Aim: To inform the public as to the type of training given deaf children and to show how much can be done in vocational training, speech training and general education for both boys and girls. The subject is adequately treated. Suitable for general public. Recommended.

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FACTORY SAFETY

(1941) Sound B & W 10 minutes
JH \$37. Service Charge: \$1.00

Points out how good safety records in industrial plants are achieved by such precautionary measures as rule booklets, safety meetings, stop switches and guards for machines, use of goggles, etc. The film discusses factors in safety in industry as compared with those in the home. The use of safety meetings for foremen in factories, and various methods of improving practices in the interests of safety are outlined.

Recommended for all industrial groups.

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FAREWELL TO CHILDHOOD

(1951) Sound B & W 24 minutes
IFB \$85. Service Charge: \$2.00

No. 4 in the U.S. Mental Health Film Board series "Emotions of Everyday Living". This film presents the story of fifteen-year-old Susan Stewart who wants independence and adult privileges, of her parents' concern over her seemingly unreasonable crankiness and obstinacy, and of how they come to a deeper appreciation of the girl's adolescent ups and downs, her motives and emotional needs. The paradox of parents demanding that the teen-ager "act her age" while treating her like an incompetent child is dramatized. Susan's admired school counsellor and drama teacher enters the plot to mediate the situation and to show both parents and child the need for better understanding of one another's motives and personalities.

Deals with some of the emotional problems of the adolescent child, with suggestions to parents on how these may be dealt with. This is a good film, although it is at times rather superficial and seems to have avoided, perhaps intentionally, coming to grips with the problem. It should be a very useful film, when presented by a good discussion leader, for adult audiences of parents, teachers, youth workers and groups concerned with mental health. Recommended.

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A FARM SEWAGE DISPOSAL SYSTEM

(1949) Sound Color 12 minutes
Neb. \$75. Service Charge: \$1.50

A demonstration of how to plan and construct a sewage disposal system for farm homes, with step-by-step instructions for building a concrete septic tank. The value to a farm home of proper plumbing is noted. Diagrams illustrate the right kinds of disposal fields for level or sloping ground, and outline a plan for a septic tank. Each step in constructing the tank is then shown: digging the hole, assembling the form, mixing and pouring the concrete and making the cover slabs. A series of plans for disposal fields indicates the right arrangement for ground that is sandy or heavy, level or sloping. Diagrams of divider boxes to split the flow are given, and the film ends with a demonstration of how to lay tiles to carry off the sewage.

Portrays the installation of a small septic tank and tile disposal bed, with emphasis on construction of the tank. The film is technically accurate and up-to-date, and describes the procedures clearly and simply. It should be of value for showing to all rural and suburban groups who do not have adequate sewage disposal facilities. Recommended.

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FEARS OF CHILDREN

(1951) Sound B & W 28 minutes
IFB \$115. Service Charge: \$3.00

No. 3 in the U.S. Mental Health Film Board series "Emotions of Everyday Living". This story of five-year-old Paul and his well-intentioned parents shows how children's fears -- of the dark, of new situations -- are often related to their feelings (in this instance, anger) toward their parents. The film shows how the conflict between the mother's tendency to coddle and the father's severity confuses Paul and magnifies rudimentary fears. Talking over her problem with another parent, his mother begins to understand how some of her own actions, and those of her husband, are contributing to the boy's emotional difficulties. Together, Paul's father and mother approach a new understanding of their child's emotions, and in concluding sequences we see in them the development of attitudes which in time should resolve Paul's problem.

Portrays some of the causes of childhood fears, indicating how parents might deal with the problems presented. The film rates as good to fair in its treatment and presentation of the subject. Chief criticism is that it makes too much of a common child training problem, by showing a too extreme case and by analyzing it in too much specific detail. It is, however, a suitable film for groups immediately concerned with such problems, if presented in a controlled manner by a competent professional discussion leader. Recommended.

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FEELING ALL RIGHT

(1948) Sound B & W 33 minutes
CMC \$50. Service Charge: \$3.00

Produced by Southern Educational Film Production Service for the Mississippi State Board of Health, this is the story of Roy, a young Negro farmer in Mississippi, who contracts syphilis, tries to get rid of it with a "wonder-working" salve, and finally is cured at a treatment center. We see how Roy came into contact with the disease and how he follows the ignorant advice of a friend who advises against seeing a doctor. Following a public meeting where health officials describe the nature and results of syphilis, Roy attends the local V.D. clinic for tests. These tests, and the treatment given at a residential center for syphilis patients, are illustrated and explained. Finally Roy returns home cured, to find that his friend's baby has died from its parents' disease, and to persuade his fiancée to have a blood test.

This is a film on the control of syphilis which emphasizes the importance of blood tests and early treatment, and the dangers of self-treatment. The choice and treatment of the subject matter are excellent and the technical content is up-to-date and accurate, with one exception, where marriage immediately after completing treatment is implied (the film is not clear as to the time element here). While specifically designed for Negro audiences in the United States, the over-all excellence and entertainment value of this film make it suitable for general adult audiences and special interest groups anywhere. Recommended.

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THE FEELING OF HOSTILITY

(1948) Sound B & W 33 minutes
NFB \$63. Service Charge: \$3.00

This film, the second in the "Mental Mechanisms" series, was produced for the Mental Health Division of the Department of National Health and Welfare by the National Film Board of Canada,

in cooperation with the Allan Memorial Institute of Psychiatry of McGill University and the Royal Victoria Hospital, Montreal. The film dramatizes the factors producing resentment and hostility in personal relationships. Death of one parent, resulting in over-dependency on the remaining parent, and the latter's remarriage discourage the child, Clare, in giving love and seeking affectional relationships with others. Fearful of further hurt in such efforts, and finding some satisfaction in others' approval of her intellectual ability, it becomes very important to Clare to excel, to beat all comers. Thus, in college and business life she makes a rapid climb but despite success feels the lack of fellowship and understanding. A trailer is attached to the film, in which a psychiatrist sums up the several factors which have contributed to the development of Clare's particular personality, her emotional inadequacy and feeling of hostility. He suggests some ways in which parents may avoid similar patterns of development in their children. (*Also available in French: HOSTILITÉ.*)

Number Two in this series is rather heavier than Number One (THE FEELING OF REJECTION) and is more complex as is needed by a more complex condition. It is suggested that general showings be accompanied by a professional speaker. Recommended.

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THE FEELING OF REJECTION

(1947) Sound B & W 21 minutes
NFB \$40. Service Charge: \$2.00

Produced for the Mental Health Division of the Department of National Health and Welfare by the National Film Board of Canada, in cooperation with the Allan Memorial Institute of Psychiatry of McGill University and the Royal Victoria Hospital, Montreal. This is the first film in the "Mental Mechanisms" series, designed to illustrate the development of personality factors which often lead to emotional difficulties and physical distress. Presents the story of Margaret, a girl of twenty-three who, because of over-protection during childhood, has been discouraged from growing up as an active and confident person. Although a model child, the adult Margaret is unable to stand up for herself in situations calling only for normal competition. Under the guidance of a psychiatrist, Margaret begins to understand the causes of her feeling of rejection and becomes more able to express her real feelings and to assert herself. (*Also available in French: LES BANNIS IMAGINAIRES.*)

Aim: To show how an adult's feeling of rejection and inability to stand up for oneself originated in the training received in childhood, and to give a brief indication of relief of neurotic complaints by psychotherapy, both individual and group in method. An excellent film on a limited subject -- for example, it does not attempt to answer questions on child training. Originally intended for use in professional hands in conjunction with group therapy, it is considered useful in instruction of various professional groups -- social workers, recreational workers, teachers, personnel workers, etc. -- and also for the general public if presented by a competent professional discussion leader. Recommended.

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FEELINGS OF DEPRESSION

(1950) Sound B & W 32 minutes
NFB \$61. Service Charge: \$3.00

Produced for the Mental Health Division of the Department of National Health and Welfare by the National Film Board of Canada, in cooperation with the Allan Memorial Institute of Psychiatry of McGill University and the Royal Victoria Hospital, Montreal. How and why feelings of depression shadow the business and home life of John Murray. We are introduced to John, an industrious and conscientious man who blames himself for business reverses. But as his case history unfolds we learn that the trouble lies in his persisting reactions to early emotional problems which render him incapable of enjoying a happy, normal life. We see how, in infancy, he commanded the undivided love and attention of his mother, and how, with the arrival of the new baby and his mother's seeming neglect, John experienced his first feelings of insecurity. The mother's death, the father's inability to satisfy the enormous emotional demands of the insecure child, and John's stifled feelings of guilt about his attitude toward his younger brother, are all portrayed. John Murray, the depressed man who punishes himself unreasonably because of emotional difficulties experienced as a child, could still, the film notes, find his way to a full, rich life by making use of the resources psychiatry can offer to help him understand himself and his history. (Also available in French: DÉPRESSION.)

The fourth in the Mental Mechanisms series, this film deals with depression due to repressed guilt feelings. The film is technically accurate and up-to-date, and is suitable for mature audiences of adults or young people, but it is recommended that a professional person be present to introduce the film and guide discussion. Parent groups should derive benefit from consideration of the child training problems portrayed. This film should be valuable as a therapeutic tool in the hands of the psychiatrist. Recommended.

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FIGHT SYPHILIS

(1943) Sound B & W 10 minutes
USPH apply. Service Charge: \$1.00

Dramatizes the damage done by this disease to both the individual and the community, and illustrates control measures in a general way, emphasizing both the individual's and the community's. Suitable for mixed audiences.

Designed to provide general information about the control of syphilis. Presents the modern concept, and is suitable for all audiences of high school age and over.

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FIRST AID (WOUNDS AND FRACTURES)

(1941) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Describes first aid measures for the care of an injured person from the time of injury until medical aid arrives. Demonstrates methods of applying pressure at different parts of the body for stopping arterial bleeding, and shows techniques of immobilizing fractured bones by means of splints and braces.

Numerous small points of doubtful nature, including (a) too much handling, (b) method of applying iodine. Suitable for use under proper supervision.

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FIRST AS A CHILD

(1948) Sound B & W 24 minutes
IFB \$60. Service Charge: \$2.00

Produced by Southern Educational Film Production Service Inc., for the Virginia State Department of Health. Deals with the treatment of crippled children. The film tells the story of Alexander O'Neil and the care he is given at a clinic for orthopedic and plastic cases, where the basic idea is to treat the patient "first as a child". The clinic doctors find that Alexander's disability can be remedied by surgery, and after the operation we follow the boy through his stay in hospital, his billeting in a foster-home near the clinic, and the various types of occupational and physical therapy he receives. Finally, Alexander is able to return home strong and healthy, with no trace of his former condition. Throughout, the film emphasizes the basic idea that such treatment must be brought to an ever-increasing proportion of those children who need it.

An excellent film on the problem of crippled children, their treatment and rehabilitation, with emphasis on the necessity of treating the complete individual "first as a child" — not only as a medical or surgical case. The subject matter is of constant interest, demanding practical solution. The characters, story, photography and commentary are all good. Suitable for showing to the general public, to service clubs and to all groups interested in the problem. Recommended.

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FIRST LESSONS

(1952) Sound B & W 21 minutes
IFB \$85. Service Charge: \$2.00

No. 6 in the U.S. Mental Health Film Board series "Emotions of Everyday Living". This film dramatizes one aspect of human relations in the school classroom, showing how children are taught lessons in feeling as well as in academic subjects. Mrs. Dean, teacher of a typical class of six-and-seven-years-olds, knows how to look beneath the surface and analyze the antagonisms and the anti-social behavior demonstrated by several of the children after the class has been exposed to the bullying behavior of one particularly aggressive boy. Describing to the class a hypothetical situation similar to the one she observes, she leads them, through free discussion, to a new understanding of their actions and a restoration of the harmony which existed before.

A portrayal of how, in the elementary school classroom, the teacher with an awareness of child development problems can help in improving human relations among children. Choice of subject matter is excellent, the treatment is original and its development good. This is a good discussion film for PTA and Home & School groups, and for other groups concerned with child training and mental health. Recommended.

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FIRST STEPS

(1947) Sound B & W 10 minutes
NFB \$19. Service Charge: \$1.00

Produced for the United Nations Film Board, this film was prepared primarily for social workers in India. It shows simple treatments for the rehabilitation of crippled children — treatments which can be undertaken with improvised equipment and which have been found effective in the United States. The first steps of the child whose muscles have been wasted by disease are in the nature of a triumph. The film notes the patient therapy necessary for the slow return to an

active, useful life. Not all the children shown bathing, modelling, finger painting or playing simple games can be cured, but many learn to help themselves, regaining confidence and self-respect. This is implicit in a final scene, as a youngster awkwardly, proudly, rejoins the stream of life in a city street after long months of immobilization at hospital and convalescent centers. Throughout the film therapeutic method is shown in detail. (*Also available in French: PREMIERS PAS.*)

Deals with physiotherapy and other measures for the rehabilitation of crippled children such as spastics, polio cases, etc. This is a very good film where this topic has to be covered. Recommended.

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THE FLUORIDATION STORY

(1952) Sound Color 4 minutes
UWF \$20. Service Charge: 75¢

A cartoon film describing how the dental health of children in several communities in three northern States was improved by the fluoridation of city water supplies. The film urges a more widespread use of fluorine in drinking water to reduce tooth decay, pointing out that the cost per capita is negligible and the installation of a fluoridation system comparatively simple.

A brief account of the economy and effectiveness of fluoridation of water supplies in preventing tooth decay. This is a good film throughout. It is short and to the point, and would be suitable for general adult and special interest groups. Recommended.

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FLY ABOUT THE HOUSE

(1949) Sound Color 9 minutes
COI \$75. Service Charge: \$1.50

The frustration of flies in a properly-kept house is contrasted with their glorious chance to spread germs in a careless home. As the film opens, two larvae mature into adult flies and try out their wings in an exulting flight. In search of food they descend on a house, but here they find the garbage kept in tightly covered cans, the windows and doors screened. One fly manages to gain entry, but inside finds all food protected by glass or plastic covers, his zooming flight, inhibited by a dangling roll of fly paper; finally, his further disappointments are forestalled by a lethal squirt of fly poison. Meanwhile the more fortunate fly has entered another house through a gaping hole in a screen and has a field day leaving a trail of germs on the uncovered food. So good a time do all the flies have in this house that they later gather regretfully at the graves of the family, all presumably carried off by the fly-borne germs. Generous people, sob the flies — we didn't kill them — it was suicide!

A cartoon treatment of the need for fly control and of the health hazards of the common house fly. The film is rather more entertaining than instructive, but is suitable for inclusion as a light item (with a health message) on any general interest film program for adults or young people. Recommended.

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FOOD AS CHILDREN SEE IT

(1952) Sound Color 18 minutes
GML \$100. Service Charge: \$3.00

An illustrated lecture by Dr. Miriam E. Lowenberg, well-known American child nutritionist, which takes the audience into a home with young children and lists some basic do's and don'ts for mothers. The film instructs in sound menu planning for the pre-school child and shows the preparation of a well-balanced meal with plenty of eye appeal. It discusses some common child feeding problems and suggests solutions which take into account the mother, the child and the food. Mealtime can be a happy time for the whole family if we look at food from the child's point of view.

A film for parents, dealing with problems of feeding the pre-school child and emphasizing the need to consider the child's point of view. Although the U.S. Basic Seven food groups are prominently featured, there are other points of value in the film. Presentation of the subject matter is only fair; there is considerable repetition, not calculated to hold interest. Would be suitable for parents and others concerned with the care of young children. Recommended.

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FOOD FOR FREDDY

(1953) Sound Color 17 minutes NFB \$112
(color) \$32 (b & w) Service Charge: \$3.00

Produced by Crawley Films Limited for the National Film Board of Canada and the Department of National Health and Welfare. The kinds of food essential to the good health of school-age children are described in this film about Freddy Mason and the example he sets for his classmates. Freddy is a typically robust youngster, but some of his friends do not present the same picture of health and good spirits. To show the relation between food and health, Freddy's teacher introduces an experiment in which white rats are fed the same food as the children bring for their lunches. The film visualizes the basic requirements of a balanced diet as outlined in Canada's Food Rules. At home, Freddy discovers that his nutrition-wise mother has already put her family on the safe side of good eating.

A nutrition film about Canada's Food Rules and the importance of eating a variety of foods for good health. This is a good film in all respects and is considered excellent for teaching the basis of good diet as outlined in Canada's Food Rules. It is suitable for all audiences of adults and children from about Grade 4 and up; groups of parents, teachers, groups leaders, etc. should find it particularly useful: Recommended.

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FOOD THAT BUILDS GOOD HEALTH

(1950) Sound B & W 11 minutes
Coronet \$50. Service Charge: \$1.00

A balanced diet in relation to good health is illustrated in this film as we observe Art Baker, public school boy, before and after he becomes aware of the need for basic food elements to maintain health and vitality. His interest in the value of food is aroused when, in the classroom, he watches two guinea pigs on experimental diets. In the grocery store his interest is carried further when he helps his mother select the essentials of a daily diet.

A nutrition film for young people. This is a good, average presentation, simple but effective and not overdrawn. Although U.S. food grouping is mentioned, and

meat prices are not in line with the present-day, these points are unimportant to the main theme. The film is suitable for general audiences of adults, children and young people, and may be useful for classroom instruction at the elementary school level. Recommended.

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FOR HEALTH AND HAPPINESS

(1941) Sound Color 11 minutes
UWF \$56. Service Charge: \$1.50

Describes some of the fundamental facts of healthy living and good nutrition which are necessary for the proper growth of young people. Numbers of lively, healthy children of all ages are shown as examples of some who have had the right food, exercise, sunshine, affection, companionship and intelligent care.

A good color film showing well-developed, lively and healthy children, and indicating some of the necessities for and signs of good development. It is suitable for general public showing.

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FORTY BILLION ENEMIES

(1941) Sound Color 25 minutes
West. apply. Service Charge: \$3.00

This film deals with the improvement of general health brought about by mechanical refrigeration and rapid transportation of foods. Topics covered include the relation between temperature and food spoilage, and a demonstration of the proper storing of foods in a home electric refrigerator.

Most of this film is excellent, although certain parts have a good deal of United States emphasis. The latter part, dealing with home refrigeration and food preservation, is unusually good. It is recommended.

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FOUR POINT SAFETY HOME

(1944) Sound B & W 16 minutes
NYH \$25. Service Charge: \$1.50

A New York State War Film, showing the direct bearing of off-the-job accidents on the war effort. It describes the four points of a safe home: Maintenance—replacing worn-out equipment, keeping the house safe; Good Housekeeping—avoiding hazardous habits, keeping things in the right place, removing potential causes of accidents; Protection of Children—placing dangerous articles out of their reach; Cultivation of Safe Habits—safety and first aid classes, instruction in school.

The script of this film is by the Metropolitan Life. It is a good film for general distribution, except for strong United States introduction and ending. Recommended.

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FROM CREEPING TO WALKING

(1934) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development. Following after the preceding film in this series (POSTURE AND LOCOMOTION), this film

provides a further analysis of the mechanics of locomotion and shows the progressive stages of creeping and walking in infants from 36 weeks to 68 weeks. The correlation of abilities is illustrated and discussed. The film is narrated by Dr. Gesell.

Illustrates the stages by which the infant gradually attains an upright walking posture. Subject matter is clearly presented and up-to-date. Valuable to any group studying or interested in child psychology or child training -- nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

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FROM HAND TO MOUTH

(1939) Silent B & W 34 minutes
Bronx \$25. Service Charge:\$1.00

Deals with dysentery and typhoid as viewed from the public health angle. Shows conditions which breed these diseases, and sources and modes of infection. Sequences illustrate diagnosis and treatment, with emphasis on isolation and disinfection and on the importance of personal hygiene in breaking the "hand to mouth" chain of infection. The need for good housing and proper sanitary facilities is noted.

Recommended for certain audiences, having regard to its length and the fact that it is a silent film. It is quite well produced to emphasize the methods of spreading dysentery and typhoid. There are some pseudo-scientific shots which would be better deleted, but do not mar the film; specifically, the use of the sigmoidoscope, and the experiment with mice.

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THE FRUSTRATING FOURS AND FASCINATING FIVES

(1952) Sound Color 22 minutes NFB \$145
(color) \$42 (b & w) Service Charge: \$3.00

This is the third film in the "Ages and Stages" series, produced by Crawley Films Limited for the National Film Board of Canada and the Department of National Health and Welfare. It is a study of the behavior of four-and-five-year-old children at home and at nursery school. Young Roddy presents typical examples of the actions of a child at these ages, as the film follows his development and that of his classmates. At four the vacillation between infantile helplessness and vigorous self-assertion is seen, and at five the development of independence and the beginnings of cooperation. To parents the film gives advice and encouragement and asserts that, unpredictable as their behavior may be, it's fun to help in the development of the fours and the fives. (Also available in French: *PETIT MONDE À QUATRE ET CINQ ANS.*)

Portrays normal behavior patterns in the four-to-five-year age group, indicating some of the more common "situations" with which parents have to cope. This is a very good film throughout -- up-to-date, accurate and with sound treatment of the subject. It is suitable for parent audiences, Home & School and PTA groups, nursery school staffs, teachers in training and university classes in child psychology. Recommended.

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FUN IN FOOD

(1940) Sound Color 11 minutes
Gate \$85. Service Charge: \$1.50

Deals with the need for proper selection of food, the basic nutrients in food, their function in the human body and the foods in which they are found. The film introduces the primary nutritive elements — iron, calcium, protein, carbohydrates, fats, vitamins — by showing their sources in nature, their subsequent role as blood, bone and tissue builders in the body, and how they furnish energy and protect health.

A short color film on food, including comment by Miss Frances Stern of the Boston Nutrition Clinic. Recommended.

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FUNCTIONS OF THE NERVOUS SYSTEM

(1949) Sound B & W 13 minutes
A & F \$45. Service Charge: \$1.00

An outline of the structure and functions of the human nervous system, presented by animated diagrams. Opening sequences liken the nervous system to the complex system of electrical circuits controlling the flashing neon signs on New York's Great White Way. The component parts of the central nervous system and the peripheral nervous system are described, and the film illustrates the brain, the spinal cord, and the cranial, cervical, thoracic, lumbar and sacral nerves, indicating the parts of the body which each serve. The functions of the vagus nerve are indicated and the ganglia of the autonomic nervous system are described. The latter part of the film illustrates in some detail the transmission of nervous impulses, both sensory and motor. The functioning of sensory organs such as the eye and the ear is described, and the nervous control of muscle action is explained.

A classroom instructional film dealing with the anatomy, physiology and functions of the human nervous system. The subject matter and its portrayal are good to fair. The technical content is up-to-date and accurate, but some of the diagrammatic representations of nerve distribution are a bit confusing. The film is suitable only for classroom groups studying the nervous system; it is too technical for general audiences and yet too elementary for medical students; it may be suitable at the senior high school-junior college level and in schools of nursing. Recommended.

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FUNDAMENTALS OF DIET

(1944) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Types of animals according to the food they eat; milk, eggs, grain, fruits, vegetables, meats — their natural place in nature; what foods do for the body; types of foods — carbohydrates, proteins, minerals, vitamins; review of the fundamental foods which should be contained in the daily diet.

A rather discursive film but useful for classroom showing in schools, and for distribution through the National Health Film Library.

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GET RID OF RATS

(1948) Sound B & W 10 minutes
NFB \$19. Service Charge: \$1.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. The film deals with rats — man's greatest enemies in the animal world — showing how they are destroyers of millions of dollars' worth of food each year, as well as being dangerous disease carriers against which scientists carry on constant war. The film shows the city dump as a rat food emporium, breeding and feeding grounds from which the creatures spread through towns and villages. We see how rat-proofing of cellars and storage buildings must be done with intelligence and common sense to match rat strength and cunning. Only by depriving them of food and shelter can man eliminate these filthy disease carriers. (*Also available in French: MORT AUX RATS.*)

This film dramatizes the damage caused by rats and deals in detail with pest control. It has lessons for both rural and urban residents and explains the health dangers as well as the economic toll traceable to rats. The film should help to arouse public interest in pest extermination and lead to action to clean up environment. Recommended.

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GET YOUR VITAMINS

(1942) Sound B & W 4 minutes
NFB N.A. Service Charge: 50¢

A short cartoon treatment of the importance of the vitamized diet, showing the main vitamin groups and the foods which are rich in each of them (*Also available in French: LA RONDE DES VITAMINES.*)

Animated drawings of vitamins dancing in and out of various food groups. Useful for children or adults. If vitamins must be discussed this is an innocuous introduction. Recommended.

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GIRLS IN WHITE

(1948) Sound B & W 16 minutes
RKO \$90. Service Charge: \$2.00

Opening with scenes contrasting the well staffed hospitals of a few years ago with today's acute shortage of nurses, this film recounts the experiences of student nurse Betty Burns as she prepares for a life of service to humanity. We are introduced to Betty as she enrolls in a school of nursing, and follow her through her first year's training in the fundamentals of nursing, including classes in chemistry, anatomy, nutrition and diet therapy which culminate in the colorful capping ceremony. Following this we see many aspects of Betty's clinical training: preparing and administering medications, assisting the doctor at the bedside, work in the outpatient clinic, the operating room, the obstetrical nursery and the pediatric ward where, in caring for children, Betty finds what she has always wanted. Then comes the graduation ceremony and the Florence Nightingale Pledge. Betty Burns, R.N., finds her place in a hospital children's ward, while other graduates turn to their personal choice among some of the many opportunities for service -- office nurse, public health nurse, army nurse, private or general duty nursing.

An appeal for nurse recruitment, based on today's need for more nurses and on the ideal of service to humanity. An excellent film in every respect. While aimed specifically at U.S. audiences, this film is suitable for adolescent and adult

groups (high school girls and their parents) in Canada -- particularly in view of the shortage of nurses and the increased need because of the new national health plan. Recommended.

* * *

GROWING GIRLS

(1949) Sound B & W 13 minutes
EFVA \$40. Service Charge: \$1.50

This film, directed to adolescent girls, opens with an explanation of the difference between those forms of life which reproduce through eggs developed and hatched outside the mother's body and those which bring forth living young. Animated drawings then describe the period of adolescence in the growing human body and illustrate the human reproductive system. The menstrual cycle in the female body is explained, and the film proceeds to a discussion of personal habits and cleanliness of a young girl during the menstrual period. Menstruation is presented as a normal and natural function which is part of a girl's development into womanhood. (See also the film entitled *A BROTHER FOR SUSAN*.)

Portrays the physiology of the maturing female body, the menstruation process and pregnancy, together with health advice to the young girl entering adolescence. This is a very good film in all respects, accurate and up-to-date. Treatment of the subject is sensitive, sympathetic and restrained. It is directed particularly to girls in the 12-to-14-year age group, for whom the film should have definite value. It is also suitable for teachers, YWCA and other adult groups dealing with growing girls. Recommended.

* * *

THE GROWTH OF ADAPTIVE BEHAVIOR

(1946) Silent B & W 16 minutes
EBF \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). As the baby grows, he gains increasing command of his muscular system and his adaptive movements become more and more complex and controlled. The progressive growth of an infant's adaptive behavior is illustrated at four, sixteen, twenty-eight, forty and fifty-two weeks, and at one-and-a-half, two, three and five years of age -- at each stage showing the reaction of the infant to the world about him as evidenced by his manipulation of building blocks. Patterning of adaptive behavior is also revealed by samples of four-and five-year-olds' drawings. Adaptive behavior develops in the same manner and just as lawfully as physical growth or motor behavior.

This film is of great interest from public education and scientific viewpoints. Recommended.

* * *

THE GROWTH OF INFANT BEHAVIOR -- EARLY STAGES

(1934) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development. Opens with a description of how these cinematic records of child development were made at the

Yale Clinic, and proceeds to illustrate the growth of infant behavior patterns in early infancy. The reactions of an infant from eight weeks to twenty weeks are studied and brought into comparison by double projection (split screen). We see behavior as revealed in the bath, in the baby's increasing ability to sit alone, and in his reactions when placed in a chair before a table top and presented with one or more cubes. Animated diagrams are used to further depict characteristics of psychological growth. The film is narrated by Dr. Gesell.

Illustrates the rapid growth of behavior patterns in early infancy, and compares reactions at various ages. Subject matter is clearly presented and up-to-date. Valuable to any group studying or interested in child psychology or child training -- nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

* * *

THE GROWTH OF INFANT BEHAVIOR -- LATER STAGES

(1934) Sound B & W 9 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development. Animation shows the growth of the human hand during the prenatal period, and the hand immediately after birth is contrasted with its activity at 24 weeks, showing the pattern of prehension to have become elaborated. Behavior patterns in two-cube and multiple-cube situations between 24 weeks and 40 weeks are shown, with comparison by double projection (split screen) at each succeeding age level. We see the increasing ability of the infant to use the index finger and thumb in the manipulation of cubes, handbell, pellet, and pellet and bottle. The abilities of a child at this age are contrasted with the manual dexterity of a child at three years and the constructive ability of a child at five years. The film is narrated by Dr. Gesell.

Illustrates the increasing ability of the growing infant to use his hands in manipulating objects. Subject matter is clearly presented and up-to-date. Valuable to any group studying or interested in child psychology or child training -- nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

* * *

THE GROWTH OF MOTOR BEHAVIOR

(1946) Silent B & W 12 minutes
EBF \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). At birth a baby is active, but has little control over his muscles. Slowly, as he learns, his movements become more complex and better controlled. This progressive growth in control of the muscular system is shown in an infant at four, sixteen, twenty-eight, forty and fifty-two weeks, and at one-and-a-half, two, three and five years of age.

This film is of great interest from public education and scientific viewpoints. Recommended.

* * *

GUARD YOUR HEART

(1951) Sound B & W 28 minutes
Bray \$150. Service Charge: \$3.00

Produced in cooperation with the American Heart Association, this film is designed to replace unnecessary fear and apprehension about heart disease by an understanding of how the heart does its job and of what adults can do to help their hearts keep on the job. Sam Taylor, middle-aged, hard-driving executive, experiences pain in the region of his heart and has a nightmare in which his heart talks to him and reproaches him. He goes to see the family doctor, who cautions Sam that he must change his pace and gives him a lecture about the heart. In the lecture sequence, animation and live photography illustrate the functioning, power and endurance of the heart and show what takes place in certain major heart diseases. The concluding sequence shows Sam a changed man, relieved to learn that nothing is seriously wrong with his heart — that his symptoms are warning signals — and resolved to live with his heart instead of fighting it.

Emphasizes the need for those approaching middle age to slow down their tempo of living in order to protect and conserve the heart, and presents information on the functioning of the heart and circulatory system. This is a reasonably good film, technically accurate and up-to-date, but is marred somewhat in the "lecture" sequences by the amount of detail and the use of fairly technical language. It is considered to have value for adult lay audiences, particularly the "over-40's"; the executive and intellectual classes will benefit most. It is also suitable for special interest groups-- nurses, physicians, health educators, etc. Recommended.

* * *

HASHSLINGIN' TO FOODHANDLING

(1945) Sound Color 24 minutes
Texas \$150. Service Charge: \$3.00

This film was produced primarily for use in the Texas State Department of Health's food handling and public health course. It deals with the important part played by good personal hygiene and proper handling of food and utensils in protecting the health of restaurant patrons and of persons dispensing food and drink. A "hashslinger" demonstrates the unsanitary and incorrect practices which lead to the transmission of disease, and a "foodhandler" exemplifies good personal hygiene and the proper serving of food in an ordinary restaurant.

Shows in considerable detail comparative methods of serving food in an ordinary restaurant. Perhaps the part showing how germs are transferred is a little overdone. The film is recommended for distribution, and for showing particularly to foodhandlers of all kinds.

* * *

HE ACTS HIS AGE

(1949) Sound Color 15 minutes
NFB \$99. Service Charge: \$3.00

Produced for the Department of National Health and Welfare and the National Film Board of Canada by Crawley Films Limited, this film presents an over-all picture of how a child's emotional development normally keeps pace with his physical growth, and of the behavior he exhibits at certain ages. Everyone loves children, but how many of us really understand them? One way of gaining understanding is to watch the child's play patterns. This film, introduction to a series on child development ("Ages and Stages"), examines the play habits of children from one to fifteen years of age, shows the characteristics of each age group, and stresses that only if we really understand children can we effectively help them. (Also available in French: *IL AGIT SELON SON ÂGE.*)

This introductory film to a series on child development in various age groups urges the recognition by parents of the general pattern of emotional development of children. The subject has been excellently portrayed, with visuals, commentary, choice of subject matter and treatment all of high caliber. The film will be especially useful with parent education groups such as home and school associations and groups of parents and teachers of young children. It is, however, only an introduction to the subject, and will find its best use along with later films in the Ages and Stages series. Recommended.

* * *

HEADS UP

(1942) Sound B & W 23 minutes
ARC \$60. Service Charge: \$2.00

Basic swimming safety rules and details of lifesaving techniques. The film warns against swimming and diving in strange places, then gives instruction on what to do if one is a non-swimmer and gets into deep water, what to do if one gets cramps, gets caught in weeds or in a current, and how to remove one's clothes if upset into water fully dressed. The qualifications necessary for taking the Red Cross lifesaving course are listed, then we see important water rescue techniques. Four ways to approach a drowning person, four ways to release "death grips", and four ways to carry the victim to safety are given, "heads up" being the rule throughout. What a non-swimmer can

do to help a drowning person, and the use of lifesaving devices such as ring buoys, are dealt with in passing. Underwater photography is used throughout.

An American Red Cross film on life saving and the ARC Lifesaving Course, with some excellent underwater photography. Recommended.

* * *

HEALTH IS A VICTORY (Revised)

(1947) Sound B & W 10 minutes
ASHA \$25. Service Charge: \$1.00

In this revised version of the 1942 production of the same title, a doctor lectures about gonorrhea, giving a survey of the spread, pathology and treatment of the disease in terms understandable by a lay audience. The revision consists of the introduction of a sequence referring to the value of penicillin in the treatment of gonorrhea.

Revised issue of the 1942 film dealing with gonorrhea, its acquisition, diagnosis and treatment, from the lay point of view. There are several inaccuracies in the film -- i.e. the inference that gonorrhea is contracted only from prostitutes; the statement that it may be spread by infected towels and clothing; and the notation that penicillin cures eight out of ten cases -- all of which are misleading. The reference to penicillin in the revised version has definite educational merit.

* * *

HEART AND CIRCULATION

(1937) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

In this film photomicrography, animation and live photography show the mechanics of heart action and of the pulmonary and systemic circulatory systems. The heart is depicted as a muscular pump in continuous action throughout life; amplified sounds of the heartbeat in a young man, in an infant, in an old man and in a dog are reproduced. Animation illustrates the structure of the heart, its chambers and valves, and lab demonstrations illustrate the effects of exercise, temperature, adrenaline and nerve stimulation on heart action. The circulation of blood is described, illustrating blood flow in veins and arteries, capillary circulation and various manifestations of blood pressure as seen in laboratory demonstrations.

Demonstrates the action of the heart and the control of circulation under various physiological conditions. Technical content is up-to-date; demonstrations are elementary and have stood the test of time. Portrayal of the subject matter in the early part of the film is excellent; the latter sequences are rather fast-moving for the untrained audience. The film is considered suitable for any interested audience, and for use as a teaching aid in senior elementary schools, high schools, colleges and schools of nursing. Recommended.

* * *

HELP WANTED

(1942) Sound B & W 29 minutes
J & J \$44. Service Charge: \$3.00

This film explains some principles of first aid and demonstrates some of the basic techniques. Among the topics covered are; control of bleeding from arteries and veins (pressure points and

tourniquets); treatment of shock; use of triangular, roll and adhesive bandages; artificial respiration; treatment of simple and compound fractures.

A first aid film by Johnson & Johnson and the U.S. Public Health Service. Covers all points in junior first aid quite well. Recommended.

* * *

HELP YOURSELF BEAT THE HEAT

(1945) Sound Color 11 minutes
USS \$75. Service Charge: \$1.50

A personal hygiene film for industrial workers in steel mills and other high temperature environments. Showing simple, practical ways of avoiding heat sickness, the film covers the following aspects of the subject; need for adequate rest and recreation; avoidance of over-indulgence in both food and alcohol; baths and clothing; proper diet; use of glucose and salt tablets during working hours, and need for adequate fluid intake. The main emphasis of the film is on the dietary factors involved.

Aim: To instruct workers in hot working places on living regimen and special measures. Suitable for such workers and others professionally interested. Good instructional film. Beautiful color. Recommended.

* * *

HELPING THE CHILD TO FACE THE DON'T'S

(1948) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

The film portrays the need for understanding and affection on the part of parents in assisting the child to accept the necessary "don't's". The film considers first those designed to save the child from harm. Another type of don't is that designed to prevent the child from harming others, and a third type has to do with those things the child must not do in order to protect the property rights of others. Instances of how children must learn to curb their aggressive impulses in living and playing with others, to recognize that everything has an owner, and to observe the recognized patterns of social conduct are given throughout the film. How each child faces the don't's and translates them into personal conduct largely shapes the emerging personality.

Poses the problem of one aspect of child training -- the place and the effect of "don't's". The subject and subject matter are good to fair. The technical content is reasonably up-to-date, although the many don't's and the emphasis on having the child accept them seems to ignore the possibility of other solutions in many of the instances shown. While the over-all treatment is somewhat uninspired, this will be a useful discussion film for groups of parents and those interested in child training. Recommended.

* * *

HELPING THE CHILD TO MEET THE DO'S

(1948) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

This film shows how the child must be guided and helped as he learns to comply with the conventional ways of doing things. The film considers those "do's" concerned with personal living,

with the masculine-feminine differences, and with the child's social relations with others in a group. Throughout, instances in the daily lives of young children serve to illustrate the importance of understanding guidance in helping them to learn the many formal conventions and recognized patterns of social conduct which are a part of daily living.

Presents, for the consideration of parents, the problem of how they may guide young children in their adjustment to the conventions of social living. The subject and subject matter are good to fair, and the technical content is reasonably up-to-date. The problem is posed, but the lesson is only fairly clear and the approach could have been more positive. However, the film should be useful for discussion purposes with groups of parents and those interested in child training. Recommended.

* * *

HEREDITY

(1939) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Illustrates the Mendelian laws of inheritance. A simple case of inheritance in Shorthorn cattle is demonstrated diagrammatically, explaining the processes of mitosis and meiosis in relation to genes. Chance combinations of sperms and eggs and the relationship of genotypes and phenotypes are shown. Dominance of certain characteristics and predictable results in cross-breeding are demonstrated in guinea pigs.

Demonstrates schematically the Mendelian ratio of hereditary characteristics. The technical content is up-to-date and accurate. Portrayal of the subject matter is clear, and the film is considered a valuable teaching aid for schools, colleges and schools of nursing, as well as for any group interested in the biological sciences. Recommended.

* * *

HEREDITY AND PRENATAL DEVELOPMENT

(1950) Sound B & W 23 minutes
McG-H \$116. Service Charge: \$2.00

One of the series on Child Development produced by Crawley Films Limited for the McGraw-Hill Book Company. An illustration and interpretation of human prenatal development and the hereditary transmission of physical and mental characteristics. The film opens with a step-by-step picturization of the growth, subdivision and eventual union of male and female sex cells, with the discussion including an explanation of chromosomes and genes in determining sex and in transmitting physical and mental characteristics to offspring. We note how these traits may be modified by training and environment. Animation illustrates the fertilization of the ovum by the sperm cell at conception, and traces the development of the fetus. The development of the basic physiological actions of breathing, eating and elimination in the newborn is discussed, and final sequences stress the close connection between physical and emotional sensitivity in very young children. (*A filmstrip, reviewing the motion picture, accompanies the film when requested.*)

Illustrates prenatal development, from first division of the primitive germ cell to the newborn baby, indicating how the individual is influenced by hereditary and other factors. This is an excellent production; the treatment of the subject is particularly good. Technical content is accurate and up-to-date. The film is

eminently suitable for senior high school and college use as a teaching aid; it is also suitable for adult audiences such as expectant mothers, parent study groups and others interested in child psychology and child training. Recommended.

* * *

THE HIGH WALL

(1951) Sound B & W 30 minutes
McG-H \$105. Service Charge: \$3.00

The high wall of racial prejudice is presented in this film as a communicable disease, transmitted by parents to their children. The film dramatizes the case study of Tom Gregory, a young bigot. When he and a Polish boy, who was the victim of a gang attack led by Tom, are brought to a hospital, the hospital psychiatrist reconstructs their backgrounds with the aid of a social case worker. The social worker's visits to the boys' homes reveal some of the basic causes of racial intolerance. Tom is seen as the victim of his parents' prejudices — their insecurity and their blind hatred of "foreigners". The subtle ways in which the disease spreads, and some suggestions for preventing it, are discussed.

A film on the development of the social tensions and hatreds which underlie racial (or religious) prejudice, portraying it as a contagious mental condition passed from parent to child. This is an excellent film, with an intelligent and interesting presentation of the subject. It should have great value for all audiences of adults and teen-age young people, and particularly as a discussion film for adult education and parent groups such as Home and School and Parent-Teacher associations. Recommended.

* * *

HIGHLAND DOCTOR

(1943) Sound B & W 21 minutes
COI \$55. Service Charge: \$2.00

The Highlands and Islands Medical Service in Scotland. The film outlines the growth and present status of the Service through the story of a crofter's wife who has to be taken to Glasgow for surgical treatment. Conditions as they were before the Highlands and Islands Medical Service was inaugurated are contrasted with those now existing, and the film points to the need for still further advances in this field.

An excellent portrayal of the Highlands and Islands Medical Service. At least some of the features of this service should be applicable to extensive areas in Canada. Recommended for all audiences.

* * *

HIS FIGHTING CHANCE

(1949) Sound B & W 10 minutes
COI \$30. Service Charge: \$1.00

An account of the modern treatment provided in Britain's hospitals for the rehabilitation of persons crippled by poliomyelitis. Types of equipment, such as the hydrotherapy tank, walking machine, slings, etc., used to assist the exercise of disabled limbs, are demonstrated. The value of occupational therapy is illustrated in scenes of bed-ridden children painting, playing with toys, typing and producing their own newspaper. People with varying degrees of disability, carrying on successfully

as draughtsman, author and hospital almoner, indicate the possibilities of a happy and useful career for polio victims. Mrs. Eleanor Roosevelt, who is shown unveiling the memorial to her husband in London, points out that advances in medical techniques offer a much better chance of complete recovery than Franklin Delano Roosevelt had.

This is an inspirational film portraying recent methods used in the rehabilitation of polio victims and the results being obtained. The choice of subject matter and the presentation are excellent; the technical content is up-to-date and accurate. Since it presents an optimistic outlook on the subject, this film is eminently suitable for general lay audience distribution and may have particular value for special interest groups such as polio patients and their families. Recommended.

* * *

HOLD BACK THE NIGHT (A Film on Glaucoma)

(1951) Sound Color 16 minutes
Crawley \$120. Service Charge: \$2.25

Produced for the Canadian National Institute for the Blind by Crawley Films Limited, this is an account of the nature, symptoms and treatment of glaucoma — the eye condition that causes twelve percent of all blindness. The story background centers on Mr. Corrigan and his family who are avid basketball fans. Mr. Corrigan's difficulty in following the game is explained as due to glaucoma. Animation is used to illustrate the structure of the eye and the way in which glaucoma gradually encroaches upon the normal field of vision until total blindness results. The work of glaucoma clinics in developing methods of diagnosis and treatment is shown. The film emphasizes the symptoms which give warning of the condition — and the importance of early eye examination if it is to be arrested in time. (Also available in French: *ÉCHEC À LA NUIT.*)

A film on the eye disease, glaucoma, dealing with its symptoms, diagnosis and treatment, and emphasizing the prevention of blindness through early recognition of the condition. This is an excellent film in every respect — accurate and up-to-date, with presentation clear and interesting. It is highly recommended and should be widely shown to all adult audiences, particularly the over-40's; it will have interest for professional groups such as medical doctors and students, nurses, etc. Recommended.

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HOME CARE OF TUBERCULOSIS (The Role of the Public Health Nurse)

(1943) Sound B & W 15 minutes
NTBA \$20. Service Charge: \$2.00

This is a teaching film for public health nurses. It sets forth certain primary rules the nurse should observe in instructing the patient, and demonstrates some procedures which are essential for the home care of a tuberculosis patient.

This is quite a good film directed at a very circumscribed audience — namely, nurses who are liable or likely to have to do with the home treatment of an open case of tuberculosis. For such an audience the film is recommended. It is well thought out and stresses the fact that institutional care is best, but that failing this, the public health nurse can be of great service in giving instructions.

* * *

HOME NURSING

(1941) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Demonstrates how to take care of a bed patient in the home, after instruction from a visiting nurse. Shows bed making, bed bath, feeding, taking and recording of temperature, pulse and respiration rates, giving medications, etc. (Also available in French: LA GARDE-MALADE.)

Good practical directions for looking after a patient in the home, with minimum of help from visiting nurse and doctor. Recommended for all interested audiences.

* * *

HOME NURSING IN PNEUMONIA

(1940) Sound B & W 10 minutes
NYH \$20. Service Charge: \$1.00

Shows how a public health nurse instructs a housewife in the care of a pneumonia patient. Features feeding the patient, bedpan, turning the patient in bed, changing linen, etc., with emphasis throughout on the patient's need for complete rest.

Nursing methods are well shown and this film is recommended for teaching home nursing to special groups.

* * *

HOSPITAL SCHOOL

(1944) Sound B & W 10 minutes
COI apply. Service Charge: \$1.00

The Sir William Treloar hospital school for crippled children, sixteen years and under. The film describes admission, examination, and the various kinds of treatment such as x-ray therapy, surgery, physiotherapy, etc., and indicates how schooling is continued throughout the child's stay in hospital.

A British Ministry of Information film about hospital treatment plus education in hospitals for crippled children, particularly in the Treloar Hospital. There is slightly more emphasis on the many aspects of hospital treatment than on schooling. Recommended for all groups interested in treatment and rehabilitation of crippled children.

* * *

HOT ON THE SPOT

(1941) Sound B & W 10 minutes
COI apply. Service Charge: \$1.00

Points out the inadequacy of sandwiches as a mid-day meal for the working man, and shows how to make, from materials easily available, a "thermos" box in which part of a lunch may be packed and kept hot.

This film should be of interest and value to unions, schools and any groups a large proportion of whom carry their lunches. Recommended.

* * *

THE HOUSE FLY

(1935) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Describes the habits, the anatomy, and the four stages in the life cycle of the common house fly, pointing to its role as a disease carrier and suggesting some methods of fly control, with emphasis on community action.

This is a well done and impressive film. Recommended for all audiences.

* * *

HOUSE OF MERCY

(1950) Sound B & W 15 minutes
AHA \$60. Service Charge: \$1.50

A portrayal of the tireless work performed inside a hospital in its mission of healing, and of the many kinds of work involved in the efficient operation of such an institution. George Mitchell, like many an average citizen, takes the hospital for granted just as he does other civic institutions. But when his son suffers a broken leg George has occasion to make a first-hand acquaintance with the inside of a hospital. He learns of the behind-the-scenes maintenance required to meet the ceaseless demands on a hospital and its staff — the hospital pharmacy, x-ray and surgical departments, dietary facilities, laboratories, laundry, electric plant, and provision to cope with emergencies such as epidemic outbreaks. George Mitchell now has a better understanding of the hospital's role in the community. He has learned, too, that most of the money for operating a community hospital comes from public subscription and that the annual drive for funds merits his support.

Describes the role of the hospital in the community and its relation to the average citizen; illustrates some of the functions of the various departments of a modern hospital. This is a good film, reasonably accurate and up-to-date. The choice of subject matter and its visual presentation are good; the commentary and the treatment of the subject are only fair. The film is suitable for any audience of adults; it would be useful as a campaign film for showing to service clubs and community organizations to promote community hospital services. Recommended.

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HOW BEHAVIOR GROWS

(1946) Silent B & W 16 minutes
EBF \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). By one year most children have learned the difficult task of walking, but must first develop their muscles and learn to coordinate them. Although this development is a slow, continuous process, it can best be studied at twenty-three rather definite stages, progressing from the "passive kneel" to the "toddle". This film illustrates the unfolding of locomotive development through this pre-ordained sequence.

This film is of great interest from public education and scientific viewpoints. Recommended.

* * *

HOW DISEASE TRAVELS

(1944) Sound Color 10 minutes
U.S. Emb. apply. Service Charge: \$1.50

One of the "Health for the Americas" series, produced by Walt Disney for the Institute of Inter-American Affairs of the U.S. Government. Introduces the concept of the spread of disease in the community and the inter-relationships of the physical environment and the people. The story begins in a little village — your village. You and your family are healthy, but Joe, who has a disease of the intestines, leaves his waste in the field. Rain washes the germs into the river; you take a drink further down and take the disease into your body. Flies, too, can bring you Joe's disease. To save you and your village from sickness, Joe must be isolated and must have a simple latrine which will keep the microbes locked away in the earth. Your storekeeper, John, has tuberculosis. He coughs. Bacteria from his lungs are breathed in by your wife who is doing her shopping. Presently she, you, your child, and in time the whole village, may be ill. So, John must be isolated immediately. A sickness accompanied by a skin rash is also shown, and ways of checking its spread are outlined.

This is about how microbes from one sick body travel to other bodies. An excellent film for Indians, and interesting and instructive, if properly translated, for children anywhere. While many of the actual details are not applicable to this country, the principles shown are sound and could form very useful background for talks and discussions by school teachers and group leaders in less organized communities. Its value would depend on translation of these principles, expressed in terms of local application. Recommended.

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HOW THE EAR FUNCTIONS

(1940) Sound B & W 12 minutes
A & F \$45. Service Charge: \$1.00

Employing animated diagrams throughout, this film illustrates the structure and functioning of the human ear. The nature of sound waves and the purpose of the tympanic membrane are described. The position in the head of the three parts of the ear is shown, and the structure and function of the various parts of the external ear and the middle ear are illustrated. Cross sectional views show the structure of the inner ear; the function of the semicircular canals in maintaining equilibrium is explained. The vestibule, cochlea, oval window, round window and spiral membrane are described and illustrated, and the film shows how sound vibrations are transformed into nerve impulses.

Demonstrates the elementary physiology of hearing. This is a good elementary film; the theories are up-to-date and are those given in standard texts. The subject matter is clearly presented, and the film should prove a useful teaching aid in high schools, colleges and schools of nursing, and also for interested groups of adults and young people. Recommended.

* * *

HOW THE EYE FUNCTIONS

(1940) Sound B & W 12 minutes
A & F \$45. Service Charge: \$1.00

Employing animated diagrams throughout, this film illustrates the structure and functioning of the human eye. The position of the eye in the head, and the protective devices surrounding it, are shown. A cross sectional view of the eyeball points out its component parts; the structure of the

retina is described. How light rays act to form an image on the retina is illustrated, and focal adjustment (accommodation) for different angles of light rays is explained. The convergence of visual axes is described. The structure and function of the lens and the iris are illustrated.

Demonstrates the elementary physiology of the human eye. The subject matter is clearly presented. The film, on the whole, is good; the theory of accommodation presented is not the one commonly encountered in textbooks, although it can scarcely be considered as out-of-date. This is felt to be a useful film for use as a teaching aid in high schools, colleges and schools of nursing, and also for interested groups of young people and adults. Recommended.

* * *

HOW TO CATCH A COLD

(1951) Sound Color 10 minutes
CCP apply. Service Charge: \$1.50

A Walt Disney cartoon film which illustrates with humor how colds are spread, how a day or so in bed may help protect the entire community, and how the common cold may sometimes be the first symptom or the forerunner of a more serious illness. The "characters" in this film are Mr. Common Man and a midget-sized mentor who tells the common man some home truths about spreading germs.

A cartoon film on the common cold, dealing with its dangers, prevention, spread and treatment. This is a very good, humorous treatment of the subject, technically accurate and up-to-date, which is suitable for all audiences, child and adult. While the film contains direct advertising of the sponsor's product, this is not felt to detract materially from its educational value. Recommended.

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HUMAN BEGINNINGS

(1950) Sound Color 23 minutes
Assoc. \$175. Service Charge: \$3.00

Produced by Eddie Albert Productions, in collaboration with Dr. Lester F. Beck, University of Oregon. The film concerns the attitudes of six-year-olds toward the advent of a new baby brother or sister, and shows how, in a normal classroom situation, they develop a wholesome attitude. The story opens on a group of primary school children around the teacher's desk, talking about a baby one of the children is expecting in her home. They decide to express their feelings about this event through clay, finger painting, crayons and posters. We watch the children as they work and talk, and see how the teacher encourages this creative activity. The children then exhibit their work and discuss it among themselves. Tommy, who has drawn a picture of a hospital, tells the story of the coming of his baby sister. The film takes us to his home where his parents are telling him about the expected baby and how it will be born. At the hospital we see the infant nursing at the mother's breast. Back at home we witness the social adjustment Tommy makes to his little sister, how he helps in bathing and feeding her. In discussing Tommy's story, his classmates identify the parts they liked best, and the film closes with Tommy, his classmates and the teacher inviting the children in the film audience to take part in the discussion.

Designed to inform primary school children on the subject of human birth, this film is excellent in its choice and treatment of the subject matter. The content is sound and the method of presentation particularly good for children in the 5-to

7-year age group. It is also an excellent film for teacher training and for parents of young children, and will be of interest to home and school associations. Recommended.

* * *

THE HUMAN BODY

(1944) Sound Color 10 minutes
U.S. Emb. apply. Service Charge: \$1.50

One of the "Health for the Americas" Series, produced by Walt Disney for the Institute of Inter-American Affairs of the U.S. Government. Deals with the Importance of man's body and of keeping it healthy. Selecting an average human being — a Latin American Farmer — the commentator asks him, what is his most precious possession? His ox? His livestock? His house? Surely it's his body, for as long as that is strong and healthy, all the other things can be replaced. The skeleton, and the body's muscles, must have food to keep them working. We follow the progress of food from the mouth to the intestines and see how the blood stream picks up nourishment and conveys it to the whole body. The different types of food essential to an adequate diet are indicated. We see how the lungs work, how they remove impurities from the body and how imperative it is to ensure a fresh air supply. Finally, we are shown the brain, which can put all this knowledge to work to keep the body healthy. (Also available in French: *LE CORPS HUMAIN*.)

This film indicates the great value of the body and that it is more important than house, livestock or other possessions. Useful for children, for unorganized areas, and for Indians. While some of the actual details are not applicable to this country, the principles shown are sound and could form very useful background for talks and discussions by school teachers and group leaders in less organized communities. Its value would depend on translation of these principles, expressed in terms of local application. Recommended.

* * *

THE HUMAN BODY IN FIRST AID

(1942) Sound B & W 25 minutes
UWF apply. Service Charge: \$3.00

Deals with anatomical and physiological facts which all first-aiders should know in order to administer first aid properly and intelligently. Models, live demonstrations, animated diagrams and anatomical dissections are employed to illustrate the subject.

This is a good silent production which has been badly converted to a sound film. The technique of a voice reading printed works on the screen, but changing them in almost every case to express the same meaning but not using the same words, is very confusing. In spite of this deficiency, this would be a good film for Red Cross and Saint John Ambulance groups, and is recommended for such use.

* * *

HUMAN GROWTH

(1948) Sound Color 19 minutes
ECBT \$170. Service Charge: \$3.00

Planned primarily for classroom use in Grades 6 to 9, this film demonstrates how sex education can be handled intelligently and in a socially acceptable manner in schools. It presents the biological facts of sex as a part of human growth and development, and establishes an exemplary

teacher-pupil relationship conducive to easy classroom discussion. The film opens with a short home sequence in which a father, mother and adolescent son and daughter are speaking of a film, dealing with the maturing human body, which the daughter has seen at school and which she and other members of a preview committee are to introduce to the class the following day. The next sequence is in the classroom, where the teacher and her class of 12 and 13-year-old boys and girls are preparing to see the film. This "film within a film" is an animated portrayal of the elementary facts of human growth and reproduction, in a simple, diagrammatic style. The class then discusses the film and raises numerous questions for the teacher to answer, as this concluding sequence fades out leaving an instructional situation in which a need will be felt to continue the discussion. (Note: A set of twenty 2x2 color slides and a study guide for teachers and discussion leaders accompany the film, when requested.)

For instructing Grade 6 to 9 children in the physiology of sex, reproduction and in a very general way, growth. A very good job — simple, not too much detail, unemotional and objective. Shows a film and slides within a film, with the classroom teacher doing the instructing, and with boys and girls in classroom being shown film together. Recommended.

* * *

HUMAN REPRODUCTION

(Male and Female versions)

(193—) Sound B & W 11 minutes (each)
N. A. Service Charge: \$1.00 (each)

The anatomy and physiology of the female reproductive organs are described and illustrated, and the functions of the ovary are indicated in more detail, with reference to the production both of eggs and of the hormones which influence the development of the growing body. The anatomy and physiology of the male reproductive organs are described and illustrated in the same manner. Ovulation and menstruation in the female are described, and animated diagrams illustrate how fertilization takes place. The development of the child in the uterus is shown by models. Static diagrams show how birth takes place. (Note: This film is available in both male and female versions. The above description applies to the female version and it should be noted that the content of the male version is the same, although with a different order of sequences and with the commentary slanting the film to male audiences.)

Gaumont-British film, sponsored by the Central Council for Health Education (U.K.). Two versions, one for male, one for female. A sequel to, or following readily after the film SEX IN LIFE. Aim: To illustrate the anatomy and physiology of male and female reproductive organs. Suitable for senior high school students and adults; of particular interest to young adults. Recommended.

* * *

HYGIENE FOR HEALTH

(1945) Sound Color 23 minutes
ASN apply. Service Charge: \$3.00

Produced by Associated Screen Studios for the R.C.A.F. Medical Branch. Opening with a sequence portraying the important role played by the R.C.A.F. Women's Division during World War II, and emphasizing good health as a requisite for the future, the film covers the following points in personal hygiene for women: function and care of the skin; care of the hair; importance of the teeth to general health, their daily care and the correct use of the toothbrush; foot care and the importance of properly fitting shoes; sex hygiene, covering general anatomy of the female reproductive

system, changes at puberty, physiology of ovulation and menstruation, normalcy of menstruation, sound attitudes toward sex, and the physiology of reproduction and pregnancy. The film closes with a recapitulation of personal hygiene essentials. (See also the film entitled *ONE GIRL TO ANOTHER.*)

This is a very well done R.C.A.F. picture in color. Its chief virtue lies in the fact that it integrates the sex hygiene features with general hygiene in a way that makes it a commonsense presentation, rather than overstressing the sexual features. It would be a very useful film to show to female groups on a fairly wide distribution basis. Recommended.

* * *

THE HYGIENE OF SWIMMING

(193-) Silent B & W 19 minutes
AMA apply. Service Charge: \$1.00

The alligator, pelican, cormorant, manatee, seal, hippopotamus and porpoise are shown as examples of animals and birds with the ability to close their nostrils when submerged, thus protecting the respiratory mucous membranes. It is similarly shown that aquatic animals are provided with a means of closing their ears when under water. In contrast, man is shown to be not adapted to aquatic life, and the film illustrates the dangers of infection to the ear, nose and throat, of diving in shallow water, and of chilling from prolonged exposure in cold water.

This is a very good description of the anatomical arrangements in certain animals and birds to protect their mucous membranes while under water, and man's lack of such protective devices. A useful picture for instructors in summer camps, schools or other groups of young people. Recommended.

* * *

I AM AN ALCOHOLIC

(1948) Sound B & W 18 minutes
RKO \$90. Service Charge: \$2.00

Through the story of an alcoholic and his redemption we learn how the organization known as Alcoholics Anonymous came into being and how it functions in returning confirmed drinkers to healthy, happy and useful living. Philip Brown is introduced to us in hospital, recovering from a binge. He is an alcoholic — and knows it — but feels there is no hope for him after his many sincere attempts to stop drinking. A member of Alcoholics Anonymous takes him in hand, returns home with him and begins the long-range program of rehabilitation for which this organization is famous. Mr. Norris knows Brown's problem, for he too is an alcoholic — but one who has with the help of others in AA been able to return to normal life. At a meeting of AA, Brown learns how this organization was founded by a doctor and a broker, both victims of alcohol, and how it grew rapidly to its present 50,000 membership. We are shown the contrast between several members of AA as they now are — useful and respected citizens — and as they were before they found out about AA. Philip Brown's gradual return to normal is shown as he becomes aware of his personality problems, voluntarily brings to light his shames and fears, and meets his moral debts. It is a tough program, but one which develops a new person, calm and self-possessed, who now accompanies Mr. Norris on rescue missions.

A useful film and one which is recommended for all interested adult audiences.

* * *

INFANT CARE

(1944) Sound Color 9 minutes
U.S. Emb. apply. Service Charge: \$1.50

One of the "Health for the Americas" series, produced by Walt Disney for the Institute of Inter-American Affairs of the U.S. Government. An introduction to the prenatal and post-natal care of infants, with emphasis on nutrition and cleanliness. The story is woven around a healthy Latin American family which is expecting its fifth member. An outline of the food necessary for the mother at this time includes milk, fresh vegetables, eggs, fresh meat, poultry, fish and fresh fruit. The baby arrives, strong and healthy, and again the mother needs specified foods so that while she nurses the baby he will thrive. The baby must be vaccinated, kept clean, protected from mosquitoes and flies, his drinking water boiled, and other simple precautions taken to keep him well and happy. His food while being weaned is also indicated, and his gradual progress to a normal full diet. (*Also available in French: SOINS ET ALIMENTATION DES BÉBÉS.*)

Story of a strong and sturdy family of five, the fifth member of which is not yet born. Some of the fruits and vegetables shown are tropical. This is good material for discussion. Excellent education film for children and also for Indians. While many of the actual details are not applicable to this country, the principles shown are sound and could form very useful background for talks and discussions by school teachers and group leaders in less organized communities. Its value would depend on translation of these principles, expressed in terms of local application. Recommended.

* * *

INFANTS ARE INDIVIDUALS

(1946) Silent B & W 16 minutes
EBF \$24. Service Charge: 50c

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). Each child's unique individuality begins to assert itself even in infancy. The behavior as babies of four

children — Bob, Amy, Dan and Bess — is studied at various age levels between twelve weeks and five years, comparing each with the others and finally showing the four playing together at five years of age, displaying their characteristic personalities which were apparent even in infancy. Behavior is innate and laid down before birth — the child foretells the man.

*This film is of great interest from public education and scientific viewpoints.
Recommended.*

* * *

INSECTS AS CARRIERS OF DISEASE

(1944) Sound Color 9 minutes
U.S. Emb. apply. Service Charge: \$1.50

One of the "Health for the Americas" series, produced by Walt Disney for the Institute of Inter-American Affairs of the U.S. Government. How insects carry disease, and the measures to be taken to prevent its spread by this means. "Careless Charlie" is an easy-going fellow who never has a bath, and welcomes chickens, pigs, flies, and even lice and mosquitoes into his house. To show Charlie that his insect friends are really his deadly enemies, he is shrunk down to their size. He sees the fly, a ferocious-looking creature, walking in the filth Charlie lets accumulate around his house, then walking on Charlie's food. Miss Mosquito, who lives in the swamp nearby, sucks blood from a neighbor who has malaria, then sucks blood from Charlie, leaving malaria parasites behind her. Charlie goes to see a neighbor who is ill with typhus. Mr. Louse, liking the look of Charlie, who is the dirtiest man he has ever seen, decides to leave the sick man and live on Charlie — who is now in danger of death from typhus. Roused, Charlie furiously kills off his former friends, cleans up the dirt in his house and yard, boils his filthy clothes, and the final scene shows him having a very soapy bath. "Careless Charlie" is now known as "Careful Charlie". (Also available in French: *LES INSECTES PORTEURS DE MALADIES*.)

Shows how flies, lice and mosquitoes are deadly enemies. This is good educational material for children and Indians. While malaria and typhus are particularly accentuated, and while many of the actual details are not applicable to this country, the principles shown are sound and could form very useful background for talks and discussions by school teachers and group leaders in less organized communities. Its value would depend on translation of these principles, expressed in terms of local application. Recommended.

* * *

THE INSIDE STORY

(1952) Sound Color 16 minutes
NTBA \$88. Service Charge: \$2.25

Dealing primarily with the medical aspects of tuberculosis, this film gives a graphic explanation of that the TB germ is, how it spreads, how it attacks us and how we can attack it. A physician-lecturer tells the story of TB, using many charts, drawings, objects, plastic models and scientific instruments to show the tubercle bacillus and its effects, and the principles of prevention and treatment of the disease.

This film presents facts about the nature of tuberculosis, its effects on the human body, its diagnosis and treatment, and its control. This is a good film, with effective use of models, photomicrography and drawings. It would appear to be suitable only as an introduction to the subject, for adult and special interest

groups, and its presentation should be made by a competent discussion leader who can provide additional information on TB. Recommended.

* * *

INVISIBLE ARMOUR

(1948) Sound B & W 20 minutes
NFB \$38. Service Charge: \$2.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. This is the story of a Canadian community which mobilized the energy of all its citizens to protect the health of its children. Against the common threat of diphtheria we see how all groups contribute to the success of an immunization campaign. High school children act as publicists, churches and schools place the issue before parents, a volunteer registration committee makes a door-to-door survey and, as winter weather slows the progress of the drive, service clubs provide "toxoid taxis". From the awareness of one or two, the community is stirred to act for the good of all. (Also available in French: *L'INVISIBLE ARMURE*.)

An excellent story of a community's organization to protect the health of its children by staging an immunization drive. The locale is a small average Canadian town, but the film may not be applicable to all areas. Nor does it describe constant vigilance against disease, practised in many communities, as distinguished from a merely spasmodic campaign. The film would be useful to organizations planning health drives of any sort and would be a valuable health education tool for health officers, nursing groups, home and school associations, etc. Recommended.

* * *

IT'S YOUR HEALTH

(1949) Sound B & W 17 minutes
SCDA \$75. Service Charge: \$2.00

The essentials of good dental health, presented through the story of Tommy Davis and his big brother, Jim. Tommy, the "kid brother", idolizes Jim and is a puzzled and somewhat disillusioned lad when Jim fails to gain entrance to Annapolis because of his poor teeth. After a talk with Dr. Hendricks, the family dentist, Tommy decides his whole gang should have the benefit of the dentist's advice. With the aid of Jim and his girl friend, Peggy Hendricks, the dentist is persuaded, and at an informal gathering of youngsters at the Hendricks' home he tells them, and demonstrates with models, about mouth hygiene, care of the teeth and the role foods play in protecting dental health. The process of tooth decay, its causes and effects, the proper way to brush the teeth, and the foodstuffs which promote decay — as well as those which are essential to good physical and dental health — are all dealt with in Dr. Hendricks' talk.

Portrays the essentials of good dental health and hygiene, with emphasis upon sugar as a cause of tooth decay and the need for proper nutrition. The subject matter and treatment are very good and the technical content is up-to-date and accurate, although the film might have placed more emphasis on the principle of timing of toothbrushing. This film is eminently suitable for children and young people from about Grade 6 through junior high school, and also for adult groups such as home and school association. Recommended.

* * *

JOURNEY BACK
(Edward Lundquist – Hemiplegic)

(1949) Sound B & W 32 minutes
UWF \$47. Service Charge: \$3.00

Produced by the U.S. Veterans Administration, this film tells the story of Edward Lundquist, a hemiplegic (one side of the body paralyzed), and the rehabilitation program at the Minneapolis Veterans Hospital which led to his eventual discharge and return to self-care and support. Throughout, the film emphasizes the need to overcome the hopeless attitude and lack of motivation which so often bar real progress toward recovery. We follow Lundquist from admission to hospital, and see the first failure of various rehabilitation techniques because of his poor attitude. Later, with the sympathetic guidance of doctors and staff, both Lundquist and his wife develop a hopeful outlook which leads to a definite improvement and finally to a return to home life and a self-supporting job.

A demonstration of the type of care – medical, physical and psychological – required for the rehabilitation of hemiplegic patients. This is an excellent film, with strong emotional appeal. It is technically accurate and up-to-date. General adult audiences should find it interesting, and it is considered good encouragement for families of hemiplegic and other neurologic patients as well as for the patients themselves. Due to lack of detailed instructions concerning rehabilitation techniques, the film is not entirely suitable for teaching, but professional groups may derive some benefit from its inspirational approach. Recommended.

* * *

JOURNEY INTO MEDICINE

(1947) Sound B & W 39 minutes
UWF \$57. Service Charge: \$3.00

This is the story of one doctor's search for his place in the medical profession. Young Dr. Michael Marshall is followed through his student and interne days. He learns that much illness is the result of inadequate medical care in childhood and, believing that pediatrics is the fundamental field in medicine, he becomes an interne in pediatrics at Cornell Center, New York Hospital. His experiences in this work are portrayed, culminating in a losing fight for the life of a child who has not been immunized against diphtheria. Largely as a result of this experience he decides that public health work is even more fundamental than pediatrics, and goes on to study Hygiene and Public Health at the Johns Hopkins School of Medicine. When a diphtheria epidemic breaks out in a nearby community, Dr. Marshall volunteers his services, and the film closes by showing how his experience and training have equipped him for this branch of medical science. (*Also available in French: UN VOYAGE AU PAYS DE LA MÉDECINE.*)

This is a U.S. Information Service film, very interesting for public or young adult showings, and particularly for groups of young adults or adolescents of high school age. It is a rather long film and tends to picture not only the medical student's training but the manner in which his special fields of interest may be selected in medicine. In this case the public health field is chosen for special emphasis. Recommended.

* * *

KEEP 'EM OUT

(1942) Sound B & W 10 minutes
USPH apply. Service Charge: \$1.00

This film describes the economic damage and the health hazards caused by rats, and indicates control measures such as methods of rat-proofing buildings and of destroying rats. (*Also available in French: EMPÊCHEZ LES D'ÊTRE.*)

This is a well done and interesting film, suitable for circulation to schools and all general adult audiences.

* * *

KEEPING FIT

(1942) Sound B & W 10 minutes
N. A. Service Charge: \$1.00

A Hollywood-made film dealing with the various health factors, including nutrition, which should be kept in mind by industrial workers.

An American film done by professional actors, giving rules for good health. Suitable for general distribution. Management approach — not suitable for labor groups.

* * *

KIDS MUST EAT

(1945) Sound B & W 17 minutes
UWF \$28. Service Charge: \$2.00

Presents a Quiz Kid session in which the Kids answer questions on a number of topics, including food, learn of American children who are hungry and under-nourished and who eat the wrong foods, and how the U.S. Department of Agriculture school lunch program makes healthier children, better citizens and a better nation.

A U.S. film in which four precocious children go through their intellectual stunts rather entertainingly. Nutrition is rather dragged in towards the end of the film, but in a way which might be found impressive by many people. Recommended.

* * *

KITCHEN AND DINING ROOM SAFETY

(1941) Sound B & W 10 minutes
VEP \$45. Service Charge: \$1.00

This film illustrates the occupational hazards which face restaurant and kitchen workers, and suggests how to prevent falls, burns, cuts, etc. The sources of accidents are pointed out, serving etiquette is dealt with, and safety precautions such as cleanliness, proper equipment and first aid are illustrated.

Recommended for all restaurant employees.

* * *

KNOW FOR SURE
(35mm Trailer)

(1948) Sound B & W 2½ minutes 35mm only
EI \$10. See note below

This is a 35mm trailer, designed for use in theaters, stressing the need to "know for sure" the facts about venereal disease, its cause, transmission and cure. It is done in a humorous cartoon style, with "mood" music and sound effects. (Note: Requests for this 35mm trailer should be addressed to the Information Services Division, Department of National Health and Welfare, Jackson Building, Ottawa. The film will be sent express collect, and the borrower is expected to prepay the return transportation charges. There is no service charge.)

There are no objectionable features in this trailer, although it is presented in rather a light vein for the seriousness of the subject of venereal disease. It is acceptable for use preceding a full length film on venereal disease, or in conjunction with an announcement or publicity relating to a health program or V.D. campaign.

* * *

KNOW YOUR BABY

(1947) Sound Color 11 minutes
NFB \$73. Service Charge: \$1.50

Produced by Crawley Films Limited, and distributed for the Department of National Health and Welfare by the National Film Board of Canada, this film illustrates approved methods of psychological care of the newborn infant. A home situation is shown where other children are present, and the consideration and understanding necessary until the family adjusts itself to the demands of the newcomer are noted. The following aspects of infant care are dealt with, and their psychological implications stressed: clothing and bedding; the bath; breast feeding and bottle feeding; maintenance of normal home atmosphere; prevention of any feeling of neglect in older children, and the need to develop the interest and participation of brothers and sisters in the care of the new baby. (Also available in French: *COMPREENEZ-MIEUX VOTRE BÉBÉ.*)

Aim: To inform the public on some psychological aspects of the home situation when a new baby is expected and also after he arrives; also on some psychological aspects of infant care. Suitable for the general public, but of special interest to young parents. Subject adequately treated, as far as it attempts to do so — it is not a comprehensive treatment of the subject. A very attractive, light treatment. Recommended.

* * *

LABOR AND CHILDBIRTH

(1951) Sound B & W 17 minutes
MAP \$120. Service Charge: \$2.00

This second film in the series entitled "Education for Childbirth" is designed to give expectant mothers a fore-knowledge of their hospital confinement and an explanation of the mechanism of normal labor. Live photography showing a mother in the first stage of labor alternates with diagrams of the uterus and birth canal to explain what is taking place. In the same way, the film describes and shows the second and third stages of labor as a natural birth takes place in the well-appointed delivery room of the San Francisco hospital where the film was photographed. Throughout, the mother is seen to cooperate in delivering her baby, employing her knowledge of relaxation and breathing to assist the normal uterine contractions. In the birth sequences, clinical views of the actual delivery are *not* seen.

A film for expectant mothers, describing the mechanism and conduct of normal labor and childbirth, and showing what to expect during a hospital confinement. This film rates from excellent to good; the diagrams and explanations are clearly presented. It is obviously based upon the natural childbirth theories of Dr. Grantly Dick Read. Should be of great interest and value for groups of expectant mothers (and fathers), pre-natal clinics, pre-marital study groups, etc., as well as for nurses and medical students. Recommended.

* * *

LEARNING AND GROWTH

(1935) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development. Some of the principles which govern the learning process, and the possibilities and limitations of training infants, are described and illustrated by analyzing, with reference to the effect of maturity, a number of learning problems in infants from 24 to 48 weeks of age. Learning problems shown are hand patting, pivoting and creeping on the floor, manipulation of cubes, securing a ring tied to a string, imitating demonstrations with paper and crayon, performance box and formboard. Throughout, the relationships between age, growth and learning are indicated. The film is narrated Dr. Gesell.

Illustrates some of the principles which govern the learning process in infants from 24 to 48 weeks of age. Subject matter is clearly presented and up-to-date. Valuable to any group studying or interested in child psychology or child training — nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

* * *

LEASE ON LIFE

(1945) Sound B & W 20 minutes
NTBA \$30. Service Charge: \$2.00

The story of an average American family and how they plan and act to avoid unnecessary illness. Actor Gene Lockhart, as a jovial doctor of the 1890's, comes out of the past for visit to the Jones home of today, where we witness the events of a typical day. The film highlights the general thesis that health is a personal responsibility which can be best maintained by foresight — in contrast to Granny's hesitance to consult a doctor until really ill. While stressing the importance

of chest x-rays in detecting tuberculosis, the film shows visits to clinics, regular dental examinations, proper diet and immunization of children as equally important preventive measures which should be employed by everyone. (*A filmstrip, entitled DESIGN FOR HEALTH, accompanies this film when requested.*)

This is a very good modern film providing a good deal of general preventive medicine as well as TB control, and it can be used for general distribution. There is an accompanying filmstrip, made up of frames from the main film, which can be used by lecturers to review the main film and underline important parts — or, it could be used independently. Recommended.

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LET'S LOOK AT WATER

(1947) Sound B & W 22 minutes
NFB \$42. Service Charge: \$2.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. An account of how a city's water supply is purified. Each stage of purification in a typical modern filtration plant is shown, together with the complex system of underground mains serving all parts of a city. The safeguarding of water supplies on common carriers (trains, ships, aircraft), through regular Government laboratory analyses, is illustrated, and film closes with a glimpse of recent developments in the treatment of water supplies, including the addition of fluorine as protection against tooth decay, and also the treatment of sewage. (*Also available in French: L'EAU POTABLE.*)

Aim: To inform public of need for safe water supply, of dangers of pollution, of processes of chemical and filtering purification, of need for continued supervision of water supply to homes, trains, restaurants, ships, etc. Suitable for general audiences, but of more urban than rural interest as it depicts in detail the processes in a large city purification plant. Of value in Public Health courses for undergraduate students. Recommended.

* * *

LIFE BEGINS

(1935) Sound B & W 56 minutes
EBF \$330. Service Charge: \$3.00

This film provides, in feature form, a condensation of the ten one-reel sound films in the series on child psychology, care and development, produced in collaboration with Dr. Arnold Gesell, Director of the Yale Clinic of Child Development. With an introductory and concluding address by Dr. Gesell, the film stresses the need for infant hygiene, both physical and mental, and deals with many phenomena of infancy, including the growth of infant behavior, the development of posture and locomotion, behavior patterns at various stages in infancy, the relationship between learning and growth, and early manifestations of infant personality. (*Note: The ten one-reel sound films mentioned above should not be confused with the silent Gesell films listed elsewhere in this catalogue. The titles of the ten sound films are: THE GROWTH OF INFANT BEHAVIOR (EARLY STAGES); THE GROWTH OF INFANT BEHAVIOR (LATER STAGES); A BABY'S DAY AT 12 WEEKS; A THIRTY-SIX WEEKS BEHAVIOR DAY; A BABY'S DAY AT 48 WEEKS; BEHAVIOR PATTERNS AT ONE YEAR; FROM CREEPING TO WALKING; POSTURE AND LOCOMOTION; LEARNING AND GROWTH; EARLY SOCIAL BEHAVIOR.*)

This is an excellent film in its field, and is useful from an educational as well as a popular point of view. It is recommended for parent audiences.

* * *

LIFE IN HER HANDS

(1950) Sound B & W 58 minutes
COI \$125. Service Charge: \$3.00

A study of nursing as a career, with the human drama of a hospital unfolding in the background. The film tells the story of Ann Peters, a young woman who, when her husband is killed in a motor accident, decides to become a nurse in a subconscious effort to escape from her personal grief. Taking her place with a class of student nurses, Ann's disciplined training is followed through its successive stages — anatomical study, care of patients, night duty, operating theater, children's and maternity wards. When she is instrumental in bringing life to her friend's newly-born infant, she feels she has held life in her hands. She entered the profession to forget the past— but it in turn has offered her a future.

Portrays the life and experiences of a student nurse in a hospital in Britain, and at the same time shows how, in helping others, a personal problem is resolved. This is an excellent film in every respect. It succeeds admirably in presenting, in a genuine yet entertaining and convincing manner, the realities of student nursing and hospital life. While conditions differ somewhat in Canadian hospitals, the film should have value here for nurse recruitment and for student nurse orientation. Particularly, it shows the improved conditions obtaining today as opposed to a few years ago, creates a sympathetic attitude toward the nursing profession and gives insight regarding routine hospital happenings. This is a very good film for girls and young women from high school age and up, and is suitable for general adult audiences. Recommended.

* * *

LIFE WITH BABY

(1946) Sound B & W 19 minutes
MOT \$55. Service Charge: \$2.00

This is a March of Time film portraying the work of the Yale Clinic of Child Development, where the physical and mental growth of infants and young children is studied. The unique nursery laboratory at the Clinic is described, and the film shows the many activities of the Clinic in charting the behavior patterns and the course of development in babies, in psychological testing of the pre-school child, and in providing parents and teachers with an understanding of the significance of the natural laws of development as they affect the growing child. (Also available in French: *LA VIE DU BÉBÉ.*)

This is a somewhat dramatized assembly of the work done at the Institute of Child Study at Yale University. It is not only filled with scientific interest but is presented in a manner that makes it especially suitable for public showing or to groups who may be interested in promoting better child understanding. Recommended.

* * *

LIFE WITH JUNIOR

(1948) Sound B & W 19 minutes
MOT \$55. Service Charge: \$2.00

A typical day in the life of a 12-year-old boy provides the basis for a discussion of how children today are the object of more thought and concern than in any previous generation. Modern educational methods are coming increasingly into vogue and, in general, children are given more scope to develop their own personal qualities of mind and temperament, their aptitudes and abilities. The Child Study Association of America, and the work it is doing in parent education, is cited as an

example of how parents and teachers are gaining a better understanding of the reasons why children behave as they do. The cases of a girl and her temper tantrums and of a boy who won't eat serve to illustrate the practical application of this knowledge. We see how the "gang" instinct — the need to belong to a group — may be turned into constructive channels through such programs as that of the cub scouts.

A review of the life and activities of children in the pre-adolescent age group in the U.S. today, with emphasis on the reasons for children's behavior and on the increasing attention being given to child psychology by parents and educators. The subject has been excellently treated in every respect, is up-to-date and accurate. The film is suitable for all adult audiences of parents and teachers in Canada, particularly as a discussion film on the subject of similar activities in this country. Recommended.

* * *

LIFESAVING

(1937) Sound B & W 17 minutes
ASN \$26. Service Charge: \$2.00

Basic techniques of saving drowning persons, and administration of artificial respiration by the Schaefer method. Mechanical means of rescuing a drowning person are outlined, then the basic skills for lifesaving — swimming, diving, floating, treading water — are demonstrated, extensive use being made of underwater photography. Actual rescue procedures seen include rear, underwater and front approaches to the drowning person; cross-chest, hair, head and tired swimmer's carries; front headlock, wrist lock, back headlock and double-drowning releases; and methods of carrying the victim ashore. The prone pressure method of artificial respiration is shown in detail.

Although this film was made before World War II it is one of the best of its type and covers all the usual aspects of lifesaving. The American adaptation of artificial respiration by the prone pressure method is shown. The film is made more interesting by extensive underwater photography. Recommended.

* * *

LIFTING

(1943) Sound B & W 9 minutes
COI apply. Service Charge: \$1.00

Shows the correct way to tackle jobs involving the lifting or moving of heavy weights in order to avoid accidents and strains and make the work itself easier. The right and wrong ways of lifting various weights and objects are demonstrated for both men and women.

This is a useful film to show to any audience, including schools, youth groups, labor unions and industrial groups, and the general public. Recommended.

* * *

LOOK AT A STRANGER

(1951) Sound Color 13 minutes
Texas \$125. Service Charge: \$2.25

In this film, the story of Bob Landon, young factory woodworker, emphasizes the importance of seeking medical advice as soon as any suspicion of syphilis arises. Bob was making rapid progress in his job, and had plans for an early marriage; but all this is jeopardized when as a result of

a payday celebration the specter of venereal disease begins to haunt his mind. On the advice of a pharmacist friend, Bob consults his doctor. Through the doctor's explanations we learn how syphilis is transmitted, its effects on the human body, the dangers of prenatal syphilis, and how the disease can be cured by early treatment.

A venereal disease control film, emphasizing the importance of blood tests and the need for early diagnosis and treatment of syphilis. This is a good lay audience film, accurate and up-to-date, with clear and interesting presentation. Color photography is only fair; presentation is rather brief; information about syphilis is presented largely via dialogue and commentary. The film is suitable for general adult audiences, for industrial groups and for young people of high school age. Recommended.

* * *

LOUIS PASTEUR -- MAN OF SCIENCE

(1951) Sound B & W 27 minutes
Sterling \$100. Service Charge:\$2.50

The story of Louis Pasteur's lifelong struggle against the micro-organisms of disease and the prejudices of his time. The film illustrates several of Pasteur's experiments which preceded major medical discoveries. Among these are his studies of the fermentation process which led to his further research in the field of bacteriology and to the origination of the pasteurization process. A large part of the film deals with his experiments leading to the discovery of vaccines to counteract such diseases as anthrax, cholera and rabies; the opposition he met with from the medical authorities of the day is also dramatized. Closing scenes are of the Pasteur Institute in Paris, built in recognition of the invaluable legacy he left to humanity.

A dramatized presentation of the scientific experiments of Louis Pasteur. This film, made from an original French production, is an excellent presentation not only of the life and work of Pasteur but also of the scientific method generally. It could be shown effectively to any lay group, and should be particularly useful at the high school-college level as an instructional film. Recommended.

* * *

LUCKY JUNIOR

(1948) Sound B & W 10 minutes
MichMS \$50. Service Charge:\$1.00

Designed to show the health safeguards available to the child of today, as contrasted with those of yesteryear, this film deals with the thoughts of a doctor who has just delivered his 2,000th baby. He recalls how he delivered this child's father twenty-five years ago, and thinks how much better a chance this baby has to grow up to a healthy manhood than his father had. The film illustrates modern protective measures, including up-to-date maternity hospitals protection by immunization against such deadly diseases as whooping cough, smallpox, diphtheria and tetanus, and disease control programs as exemplified by modern rheumatic fever treatment programs.

The aim of this film is to portray the improvement in child care during the past twenty-five years -- with emphasis on immunization and public health. The subject is excellently portrayed throughout. Although the film is slanted specifically to Michigan audiences, it has an important message for Canadians, particularly parents and adult education groups, and is recommended.

* * *

MAKING ENDS MEET

(1942) Sound Color 11 minutes
St. Louis \$90. Service Charge: \$1.50

Taking a family of average means as an example, this film explains what foods make up a good diet and how to obtain the best food value for the money spent. Shows that price and value do not always correspond, gives advice on shopping for meat, vegetables, fruits, etc., and indicates how nourishing dishes can be prepared from simple and inexpensive foods.

A color film on the selection of foods; the housewife's job in marketing and preparing foods. Recommended.

* * *

MAN AGAINST MICROBE

(1932) Sound B & W 10 minutes
Met. Life apply. Service Charge: \$1.00

This film dramatizes discoveries that were decisive in the fight against infectious diseases. Deals with the work of van Leeuwenhoek and the development of the microscope, Pasteur and the microbe theory, Lister and advances in surgery and asepsis, Koch and the discovery of the tuberculosis germ, and Behring's work in the prevention and treatment of diphtheria. Today's conditions are contrasted with those which existed at the time of the great plague in 17th-century London.

Recommended for all audiences.

* * *

MAN ALIVE!

(1952) Sound Color 12 minutes
ACS \$65. Service Charge: \$1.50

An animated cartoon film dealing with the importance of early diagnosis of cancer and produced by United Productions of America for the American Cancer Society. Ed Connolly's persistent indigestion was much like the knock in the engine of his car — each told him that something was wrong inside. But when either subject was broached by his wife, Ed went through a regular routine of kidding himself — anything to keep an unwelcome suspicion away. However, his sad experience with the car taught him a lesson. So he went to a qualified physician for a thorough check-up, and found — that he did **not** have cancer.

An excellent cancer control film emphasizing the importance of obtaining proper medical advice whenever one of the danger signs of possible cancer appears. This is a very refreshing approach to a subject which is frightening to many people; it is also a very refreshing change from the run-of-the-mill cartoon film. The method of presentation and the human, humorous approach catch and hold interest from beginning to end. A very good film for all adult audiences and for special interest groups such as health educators, public health doctors and nurses. Recommended.

* * *

MEALTIME CAN BE A HAPPY TIME

(194-) Sound B & W 16 minutes
Wisc. \$40. Service Charge: \$2.00

Produced for the Wisconsin State Board of Health, this film deals with the eating habits of young children and suggests to parents a number of ways to help establish good eating habits. The prime maxim is that children love food as they love play, and therefore must be allowed to enjoy their meals. Beginning with breast feeding of the newborn infant, the film follows children through to one year of age, showing by example both sound and unsound practices, with emphasis on the need for no hurrying, no forcing, no unpleasantness, and for allowance for individual differences.

This film is recommended for parent groups, social workers, nurses and others who are frequently called upon to discuss the problems with which it deals.

* * *

MECHANISMS OF BREATHING

(1936) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

The structure and functions of the breathing mechanisms are illustrated by animation and laboratory demonstrations. Animated drawings describe the pharynx, larynx, trachea, bronchi and bronchioles. The functioning of the diaphragm is illustrated by a lab demonstration. The nature of lung tissue is indicated, and photomicrography and animation illustrate capillary circulation and the exchange of oxygen and carbon dioxide in the lungs and body tissues. Functioning of the phrenic nerve in controlling breathing action is described and illustrated, and the relation of breathing rate to the carbon dioxide content of the atmosphere is portrayed. Artificial respiration by the Schaefer method is demonstrated.

Demonstrates the mechanisms, functions and control of breathing. The technical content is good; material shown is elementary and fundamental. Portrayal of the subject matter is clear and the film should be easily followed by an untrained audience. Considered a useful teaching aid for senior elementary schools, high schools, colleges and schools of nursing, as well as for any interested audience of adults or young people. Recommended.

* * *

MEETING EMOTIONAL NEEDS IN CHILDHOOD

(1946) Sound B & W 32 minutes
NYUFL \$110. Service Charge: \$3.00

The subtitle of this film is "The Groundwork of Democracy", and it is one of the Vassar series on Studies in Normal Personality Development. The film is an examination of emotional needs of children, stressing the necessity for meeting a child's requirements for security and independence if he is to grow into a well-adjusted adult. Scenes in a classroom show us some children whose emotional needs are not met — Micky, the clown, and Sally, the day-dreamer. We see how an understanding teacher can help to compensate for emotional lacks in the child's home life. Many aspects of the problem are discussed, the basic demands — security and independence — being emphasized throughout. A picnic sequence shows how a family can meet the emotional needs of all its members, and we learn that children whose relationships meet these needs can "take it" as adults.

Aim: To inform as to emotional development of children — their needs at different ages in preschool and school age levels, and satisfaction of these needs. Very well executed — adequate in content and method of presentation, especially

for nurses, teachers and social workers, but also for parents. Depicts asocial and antisocial behavior patterns in children whose emotional needs are not being met — the class clown, the day-dreamer, the wallflower, etc. — and finally the child's emancipation from parental control as he develops into a mature, independent person. Recommended.

* * *

MEN IN DANGER

(1939) Sound B & W 20 minutes
COI apply. Service Charge: \$2.00

Deals with the most frequent and serious industrial accidents and occupational diseases in the United Kingdom, and their prevention. Topics include: coal-mining; silicosis; skin cancer; anthrax; lead poisoning; insufficiently guarded machinery. The film also discusses industrial psychology, including occupational aptitude tests and the relief of mental strain at work.

A film produced in England, showing a rather high standard of employee health services. It should be made available to industries, labor groups, etc. Recommended.

* * *

MEN OF MEDICINE

(1945) Sound B & W 15 minutes
MOT \$55. Service Charge: \$2.00

This film portrays the training and work of the modern doctor, and discusses his problems in the light of present day trends. We follow a typical medical student through his training; see him, a full-fledged doctor at last, embarking in general practice; and share the big moments of his first patient and first important case, an appendectomy. The film discusses how today's doctor must keep abreast of both scientific and sociological advances, and indicates some of the latest trends in medical practice — group practice, socialized medicine, etc.

This is a very well done picture, good for public showing or to groups, particularly of high school age. Recommended.

* * *

MENTAL HEALTH (Keeping Mentally Fit)

(1952) Sound B & W 13 minutes
EBF \$55 (b&w), \$105 (color) Service Charge: \$1.00

This film sets down the simple ABC's of mental health. A family doctor describes, through examples taken from the childhood or adolescence of four graduating college students, how bad emotional habits can be formed (frequently through lack of parental understanding) and how they can be overcome. The experience or behavior of these students serves to illustrate four basic rules: don't bottle up your emotions; respect your own ability; respect others; face up to problems.

A portrayal of some basic principles for maintenance of mental and emotional stability. This is a very good general introduction to the subject, simple and clearly presented in a manner which should appeal to the average parent or teenager. It is perhaps somewhat pat in the problems and solutions portrayed, but should be a useful film for any interested audience — PTA and Home & School groups, high school and young people generally. Recommended.

* * *

MENTAL HEALTH (Alberta)

(1950) Sound Color 18 minutes
Alta. \$145. Service Charge: \$3.00

Produced for the Alberta Department of Public Health. A registered nurse is taken on a tour of a mental hospital in Alberta, to learn what this Province is doing in the treatment of mental illness. The film shows the infirmary, the operating room, the dispensary, the dental clinic, the hospital laboratory, the therapy rooms, the library, the dormitories, the cafeteria, and notes the modern equipment and facilities provided for the care and treatment of those who suffer from mental illness.

An illustration of some of the activities of a mental hospital. It is a straight-forward presentation, is technically accurate and up-to-date, and is considered suitable for general adult audiences and special interest groups. Recommended.

* * *

A MESSAGE TO WOMEN

(1945) Sound Color 19 minutes
USPH apply. Service Charge: \$3.00

A venereal disease control film designed primarily for women's groups. Peggy, an attractive young girl, is horrified to learn she is suffering from gonorrhea — and equally shocked is her mother, the type who has never talked to her daughter of the "facts of life". But the mother changes her attitude after some straight talk from the doctor, and we next see her in a women's club group which is studying the venereal disease situation in the community. The Medical Officer of Health explains the nature of the syphilis and gonorrhea germs, how they are transmitted, how they attack the female body, and the results. Treatment of the disease is discussed, and the club also learns of some approved methods of educating young people to avoid these dangers.

This is a type of V. D. control film which is quite unusual. It is particularly addressed to mothers, and advocates giving complete information to their daughters. An American film and a very useful one. It is recommended.

* * *

A MODERN GUIDE TO HEALTH

(1946) Sound B & W 10 minutes
COI \$30. Service Charge: \$1.00

By means of an animated cartoon treatment this film presents, in humorous manner, the effects of posture, exercise, clothing, fresh air and sleep on general health. The importance of good posture is explained by showing how slumping restricts both breathing and digestion. Cycling and walking are urged as good general exercise, especially on weekends when city dwellers should get away from smoke-filled air and take advantage of fresh air and sunshine in the country. Harm done by tight clothing and shoes is also noted; loose clothing is advocated, especially for children. Hints on getting a good sleep at nights conclude the film. (Also available in French: À VOTRE BONNE SANTÉ.)

Aim: To call attention of the public to some elementary health matters. Deals with posture, fresh air, exercise and rest. It is done in a cheerful, pleasant manner. Some activities in a few aspects of healthy living are all that it is possible to suggest in a film of one reel. Recommended for general audiences.

* * *

MODERN SURGERY

(1948) Sound B & W 19 minutes
MOT \$55. Service Charge: \$2.00

Through the story of "The Case of Mrs. Conrad," this film depicts the high caliber of the treatment received by today's surgical patient. Mrs. Conrad's case is followed from the moment the family doctor suggests hospitalization until she fully recovers from a gall bladder operation. Some of the newer aspects of medical and surgical procedure are portrayed in the film, and include hospital plan benefits, pre-operative rest, and the work of various hospital departments and personnel. The role of the anesthetist before, during and after the operation is highlighted.

This is an account of the excellence of modern surgical treatment — a review of the procedures surrounding an abdominal operation, presented in an obvious attempt to alleviate the public's fear of hospitals and operations by giving them some understanding of what goes on. The technical content of the film is very good; all settings and procedures shown are up-to-date and well presented. However, it is debatable whether the film will always accomplish its purpose — for a few it may be too "crowded", too rapidly paced or too technical, and may frighten rather than impress. Recommended.

* * *

MOTHER AND HER CHILD

(1947) Sound Color 60 minutes
NFB \$396 (color); \$114 (b&w) Service Charge: \$5.00

Produced for the Division of Child and Maternal Health of the Department of National Health and Welfare, by the National Film Board of Canada. This film is a practical guide to safe motherhood, presented through the story of a young suburban couple from the time of the first symptoms of pregnancy until their child is one year of age, illustrating by example the principles of maternal and child care. All aspects of prenatal and postnatal care are dealt with in the two parts of the film (which can be shown separately if desired) and include such points as regular visits to the doctor, correct diet, rest, fresh air and exercise, clothing, preparations for a home delivery, care and feeding of the newborn, and immunization. The film is based on the book "The Canadian Mother and Child", published by the Department of National Health and Welfare. (Also available in French: MATERNITÉ.)

Aim: To inform prospective parents of the normal changes occurring during pregnancy, and of the correct procedures for the pregnant woman and for the child up to one year of age. Covers a wide variety of procedures and advice. Color is good, commentary is effective, interest is well maintained, and the film is excellent as instruction. Recommended.

* * *

MOTHERHOOD — LIFE'S MOST IMPORTANT JOB

(1939) Sound B & W 10 minutes
NMPC \$45. Service Charge: \$1.00

This film deals with prenatal care and covers such subjects as proper diet, the importance of seeing a physician early in pregnancy and visiting him regularly, the value of baths, adequate rest and light exercise, the proper kind of clothing, etc.

Recommended for any audience concerned in the topic.

* * *

MR. WILLIAMS WAKES UP

(1947) Sound B & W 27 minutes
NCH \$50. Service Charge: \$3.00

A demonstration of progress in local and regional health planning — ostensibly for Mr. Williams, a man who lives in his own private world and is apathetic toward public action. The film enlists his interest by showing the many community, county and state health projects which protect him from disease and ill health. Routine precautionary measures such as milk and water sanitation, and the more recent advances in nutrition education, immunization, well baby clinics, etc., are illustrated. Finally Mr. Williams is convinced of the value of public health activities when, in a community chest x-ray survey, his wife is found to have tuberculosis and is saved by prompt sanatorium treatment.

Deals with general aspects in a community health program. The production is good and covers the main points which are stressed in such a program. Would be most suitable for showing to lay groups responsible for the promotion of county and rural health units. In view of the fact that several features pertain to the State of North Carolina, the showing of this film might well be prefaced by introductory remarks, pointing out the discrepancies which exist between our methods as opposed to those in an American state. This, however, does not detract from the essential material depicted on the screen. Recommended.

* * *

MULTIPLE SCREENING

(1951) Sound B & W 9 minutes
CMC \$35. Service Charge: \$1.00

Animation and live action sequences illustrate the method and economy of multiple screening of apparently healthy people for detection of latent disease. The film shows how wholesale screenings may be organized, the tests which may be used, the personnel and equipment needed and the relationship to the private physician. Tests for high blood pressure, anemia, syphilis, tuberculosis, diabetes, defects of hearing and vision, are some which the film describes as possible in one urban multiple screening involving only a comparatively short length of time.

An animated cartoon-live action film dealing with the development and technique of multiple screenings for the early detection of illness and physical defects. The subject matter and treatment are very good and the technical content is up-to-date and accurate. The film should be particularly useful for public health personnel and the medical profession, as a tool in the development of multiple screening projects, and is also suitable for adult general audiences, civic and community organizations, service clubs, etc. Recommended.

* * *

NANCY EDWARDS – PUBLIC HEALTH NURSE

(1953) Sound B & W 15 minutes
HES \$45. Service Charge: \$1.50

This New York State Department of Health film describes the work of the public health nurse in improving and maintaining family and community health. In the film, Nancy Edwards is just taking over a rural community from her predecessor. The camera follows along as Nancy makes her first round, showing the many duties that fill her day, the variety of illnesses with which she must deal, the important role she plays in community child care, how she helps patients to help themselves.

Deals with the work of a public health nurse in a semi-rural community. A good film, with very good general attitude – neither preachy nor sentimental. It is, perhaps, rather limited in what it shows of public health nursing activities, but is still quite suitable for use with groups of high school girls or student nurses as a recruitment film. Recommended.

* * *

THE NATION'S MENTAL HEALTH

(1952) Sound B & W 19 minutes
MOT \$60. Service Charge: \$2.00

A report on the magnitude of the mental health problem in the United States and on measures for dealing with it. The film shows facilities for training doctors and psychiatric personnel, and various methods of therapy in modern mental institutions – electroshock, insulin shock, sodium amytal, the psycho-drama, etc. The preventive work of a community mental health clinic is illustrated, and the role of the National Association for Mental Health in helping communities set up such clinics is described.

An over-all review of the mental health problem in the United States, with emphasis on the need for development of a wide program of prevention and treatment beginning at the family and community level. This is a very good film in all respects and shows the many aspects of a modern approach to the problem. It is as applicable to Canada as to the U. S. and is suitable for all audiences of adults and mature young people; it should be particularly useful for such special interest groups as mental health associations, parent-teacher organizations, social welfare agencies, etc. Recommended.

* * *

THE NERVOUS SYSTEM

(1937) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Describes the structure and function of the central nervous system. The differentiated reactions to stimuli are compared in an ameba, a plant, a frog and a cat. Animation shows reflex and voluntary activity of the human nervous system, and compares the size of the nervous systems of cat, frog and man. The anatomy of the spinal cord, axones, dendrites, nerve bundles, receptor and effector organs are described by animation. Photomicrography illustrates the cut end of a nerve bundle and the elaborate connections of nerve cells. A laboratory demonstration shows the effects of severing the sensory nerves and the motor nerves in a cat. Animation explains the transmission, and the

electrical and chemical nature of nerve impulses; amplified sounds of actual nerve impulses, in the human brain at rest and in the cat brain when hearing a sound, are reproduced.

Describes, in an elementary manner, the structure and functions of the central nervous system of vertebrates. Technical content is up-to-date and portrayal of subject matter is clear. The film is considered to have value as a teaching aid in high schools, colleges and schools of nursing, as well as for any interested adult audience. Recommended.

* * *

A NEW BEGINNING

(1944) Sound B & W 10 minutes
NAPT \$30. Service Charge: \$1.00

A film showing examples of arrested tuberculosis patients who are making a new beginning in life — learning new trades and professions, finding new jobs. The film urges the public and employers to give these people a chance in their new life.

An English tuberculosis film which considers and shows individual cases with their particular rehabilitation problems and methods of solution. It makes a strong plea to employers on behalf of arrested tuberculosis patients. This is a useful film and is recommended.

* * *

NEW TOWNS FOR OLD

(1942) Sound B & W 7 minutes
COI apply. Service Charge: \$1.00

Slums contrasted with good housing in a British town. The film deals with the pulling down of slums and the provision of suitable housing, schools, distribution of factories, etc. The citizen's responsibility for the future of housing and town planning is emphasized throughout.

Even though this film does not specifically mention health, there are many important lessons in it for a health program. The film is recommended for general distribution.

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NINE CENTS PER CAPITA

(1942) Sound B & W 7 minutes
BCH apply. Service Charge: \$1.00

Demonstrates the work of the Division of Venereal Disease Control of the British Columbia Board of Health, at the Vancouver clinic. "John Doe" is seen arriving at the clinic, reference is made to his expensive and fruitless experience with a quack, and then we follow the process of diagnosis and treatment. Importance of finding his source of infection is stressed. The women's treatment room is shown. Final sequences emphasize the necessity of educating the public in the true facts about V. D.

Aim: To inform the public about the need for early treatment of syphilis by qualified persons. The subject is adequately treated in the light of the film's aim and audience. Suitable for adult mixed audiences.

* * *

NO ACCIDENTS

(1942) Sound B & W 10 minutes
COI apply. Service Charge: \$1.00

Shows the kinds of accident risks that exist in factories and how they can be minimized. The film emphasizes the importance of routine observance of safety precautions, especially when work is speeded up (as it was in wartime) and when many new workers are on the job. Some specific safety precautions are given regarding clothing and work habits.

Suitable for showing to industrial groups, labor groups, etc.

* * *

A NORMAL BIRTH

(1951) Sound B & W 11 minutes
MAP \$95. Service Charge: \$1.00

This third film in the series entitled "Education for Childbirth" presents a literal photographic record of an actual delivery under normal conditions and with the mother conscious and able to assist throughout. The patient has, of course, been fully informed and prepared for natural childbirth, as shown in the preceding two films in the series (PRENATAL CARE and LABOR AND CHILDBIRTH). Preparation, cleansing and draping of the patient, and an episiotomy under local anesthetic are shown. Animated drawings explain the delivery of both the baby and the placenta. Immediate post-natal care of the infant is shown.

A record of an actual delivery under normal circumstances and without general anesthesia — the patient being fully conscious and able to cooperate and assist. This is a good film — obviously intended for women who are preparing for natural childbirth as suggested by Dr. Grantly Dick Read — to show that birth can take place naturally and normally, without excessive discomfort, in a woman fully prepared and cooperative. The film is considered suitable for such prospective mothers as are desirous of seeing it and who, in the opinion of their doctors, would benefit thereby. It may also have value for nurses and medical students. Recommended.

NOTE: Those wishing to borrow A NORMAL BIRTH from the National Health Film Library should have the booking request countersigned by a medical doctor.

* * *

THE NOSE HAS IT

(1942) Sound B & H 8 minutes
COI apply. Service Charge: \$1.00

The dangers of public sneezing — with Arthur Askey, British comedian, as chief protagonist. Mr. Askey is substituting for the MOH-- who is ill with a cold. He classifies and demonstrates various types of sneezes, and advises use of a handkerchief — all in his own inimitable manner.

An amusing film which teaches important lessons in the control of respiratory infection. Recommended for general distribution.

* * *

THE NOSE, THROAT AND EARS

(1948) Sound B & W 12 minutes
McGH \$60. Service Charge: \$1.00

Animated drawings are used throughout this film to describe the structure and functions of the nose, throat and ears, and to show reasons for recommended procedures for the care of these parts of the human body. The film shows that, although they are separate organs, they are all lined with a continuous mucous membrane; that infection, once started, may spread quickly throughout the nose, throat and ears and may affect other parts of the body as well. Stress is laid on the dangers of self-medication, and the film closes with an indication of the importance of early use of audiometer tests to diagnose mild hearing loss.

This film is largely anatomical and gives only a little health advice. Its use is therefore limited to high school audiences and such groups as may require extensive description of the anatomy and physiology of the nose, throat and ears (i.e. schools of nursing). A few health pointers are given, such as blowing the nose, not picking the ears and not using nose drops indiscriminately. Recommended, with the above limitations.

* * *

OBESITY

(1952) Sound B & W 13 minutes
EBF \$55. Service Charge: \$1.00

Using animated drawings and other graphic techniques, this film illustrates the physiology of fat formation in the human body, the causes of overweight, its dangers and their avoidance. Beginning with a discussion of the handicaps presented by obesity, the film proceeds to show where fat normally accumulates and how the body uses it, and to define obesity. The story of a typical overweight high school boy who takes his problem to the doctor serves to illustrate the physiology of excessive fat accumulation. The strain on the heart and other parts of the body caused by excessive fat is indicated. Overeating is seen as the main cause of obesity, some psychological reasons for overeating are brought to light, and a few simple rules of moderation are presented.

Deals with the problem of overweight — the nature of obesity, its causes, its effects and its remedy. This is an extremely good treatment of the subject, with very graphic diagrams and logical presentation. While other films on this subject are directed to older age groups, this film is particularly good for young people — teen-agers and high school students — as well as for adult audiences such as parent groups, women's organizations, etc. Recommended.

* * *

THE OMINOUS ARMS CASE

(1942) Sound B & W 30 minutes
PWF \$50. Service Charge: \$3.00

This film shows how disease may result from the drinking of water polluted by back siphonage in plumbing fixtures. The story is based on a lawsuit brought against the owners of an apartment building because of an outbreak of intestinal disease traced to back siphonage in old plumbing installations.

This American film deals with the dangers of antiquated plumbing installations and is considered to be of educational value. It is recommended for general distribution.

* * *

ON GUARD

(1946) Sound B & W 5 minutes
ACS \$10. Service Charge: 50¢

This is a short film emphasizing the necessity for individuals to be "on guard" against the early manifestations of cancer. Opening sequences indicate the extent of cancer mortality and the fact that 55,000 more lives could be saved annually if everyone recognized the cancer "danger signals" and obtained early treatment. The extent of present day research into the causation and cure of cancer is indicated, and the dangers of so-called "cancer cures" peddled by quacks are emphasized. The three proven methods of treating cancer are briefly described, and the percentage of cures obtainable by such early treatment in various types of cancer is indicated. The film closes with a review of the seven danger signals.

This film is a short, snappy five-minute reel emphasizing early diagnosis and early treatment of cancer. It also serves to emphasize the tremendous amount of research work which is done in the cancer field. It would appear to be an excellent short to accompany a much longer health film. Recommended.

* * *

ONE GIRL TO ANOTHER

(1950) Sound Color 21 minutes
ASN \$125. Service Charge: \$3.00

Produced for the Department of National Health and Welfare by Associated Screen News Limited. A film designed for young women, explaining the importance of good personal hygiene habits and the need for an intelligent understanding of the functioning of the reproductive organs. Regular care of the skin, the hair, the teeth and the feet, as well as strict adherence to a well-balanced diet, are necessary factors for a girl's health, success and happiness. Simple animated diagrams illustrate the female reproductive organs, the events which take place in these organs during the menstrual cycle and the changes when pregnancy begins. (*This is a revision, for civilian audiences, of the R.C.A.F. film, HYGIENE FOR HEALTH*).

Portrays basic personal hygiene rules for young women, including information on the physiology of menstruation and reproduction. This is a very clear presentation of a difficult subject, and does a good job of keeping the sex aspects in sound perspective. The animation sequences are particularly good. The technical content is accurate and up-to-date. This film is suitable primarily for audiences of teen-age adolescent girls and young adult women, but should also have value for teachers and counsellors. Recommended.

* * *

OUR COMING GENERATION

(1949) Sound Color 15 minutes
Bran. \$160. Service Charge: \$2.25

Produced at the Winifred Wheeler Day Nursery for Pre-School Children, East Side House, New York City, this film tells the story of children's life in a day nursery where all the necessary elements of a good nursery school exist. First there is Cameron, a two-year-old, absorbed in her daily activities: she watches a baby chick scratch for food, scrubs her dolly's clothes, experiments with paints and clay. Contrasted are the activities and use of materials by Walter, a three-year-old: we see that children at this expanding, boisterous age present a challenge to teachers to satisfy their enthusiasm. Finally there is five-year-old Charlie, a model of self-reliance who has reached good goals in learning to share his toys, in belonging to the group and in dramatic play and use of materials. Throughout, the teachers' role of warm, sincere interest and wise planning is emphasized, as well as the parents' share in the nursery school program.

This film discusses the benefits of the well-organized and well-conducted nursery school. Its weakness is that there is a great deal of indirect information presented via a commentary which is difficult to follow. Implicit in it, however, are important mental health lessons, and it should be a useful film for discussion purposes for parents, teachers and child study groups. Recommended.

* * *

OUR JOB TO KNOW

(1944) Sound B & W 18 minutes
ASHA \$55. Service Charge: \$2.00

Presents facts about syphilis and gonorrhea through the story of two young people away from home working in industry. The young man contracts gonorrhea from a pick-up, passes it on to his girl friend who consults her physician. The doctor explains the nature, spread and dangers of syphilis

and gonorrhea. The film closes with emphasis on the need for everyone to know the facts about venereal disease, and points to the necessity for good moral conduct in their conquest.

Very good film. Recommended for all audiences of high school age or over.

* * *

OUR SCHOOL CHILDREN'S HEALTH

(1951) Sound Color 20 minutes
ASN \$145. Service Charge: \$3.00

This film was produced by Associated Screen News for the Canadian Education Association and the Canadian Public Health Association, in cooperation with the Life Insurance Companies in Canada. It gives a visual summary of a five-year survey undertaken by the National Committee for School Health Research to determine health conditions in Canadian schools. Sequences photographed in classrooms and environs illustrate deficiencies in lighting, heating, ventilation, toilet facilities and water supply, most common to small rural and semi-urban schools. How, through community action, these conditions were rectified in the case of one small rural school, is illustrated in final sequences.

Deals with health conditions that exist in Canadian schools, particularly the small rural schools, and indicates how the prevailing undesirable conditions may be improved. This is a good film, technically accurate, which should be of immediate interest and value to all adult audiences in Canada, particularly in rural and small town areas. School boards, civic authorities, PTA and Home & School associations, Women's Institutes, etc., will be the audiences for whom the film is most applicable. Recommended.

* * *

OUR TEETH (THEIR GROWTH AND STRUCTURE)

(1941) Sound B & W 11 minutes
A&F \$45. Service Charge: \$1.00

The story of the growth and structure of teeth is presented almost entirely by animation. Thorough-out, emphasis is upon the organic structure and vitality of teeth. Types of teeth are described and the purpose of each is explained. The order of appearance of the temporary teeth is indicated and x-ray films show the permanent teeth forming beneath; replacement of the temporary by the permanent teeth is illustrated. Tooth structure is described, with sectional views showing enamel, dentine, periodontal membrane, pulp cavity and root canal. The composition and function of each part are explained, as is the nerve and blood supply to pulp and dentine. The process of tooth decay is illustrated, showing the progress of infection, the defense mechanisms of dentine and the nerve connections between teeth and brain which convey stimuli of heat, cold and pain. Concluding sequences review the foods necessary to dental health.

Demonstrates the growth and structure of the deciduous and permanent teeth. This is a well-organized elementary teaching film, with technical content accurate and up-to-date. It should prove a useful teaching aid in high schools, colleges and schools of nursing, as well as for dental health education with general audiences. Recommended.

* * *

OUT BEYOND TOWN

(1948) Sound B & W 11 minutes
NFB \$21. Service Charge: \$1.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. Proper sanitation is as vital out beyond town as in town. Dirty water seeping into the well on his parents' farm, a dirty privy -- and Paul Wilson goes to hospital a very sick boy. The sanitary engineer of the local health unit shows Paul's father what he can do to prevent further trouble, including taking regular samples from the well. Paul comes back to a very different farm. Also essential for farm children's health are hygienic washing, drinking, eating and toilet facilities in the rural school. (*Also available in French: OMBRE AU PAYSAGE.*)

This film is a very good, though simple, presentation of the problem of sanitation on the farm. One would perhaps have liked to have seen something on the problems of rural areas or community sanitation as well. However, the film is a good one and should be useful for general distribution. Recommended.

* * *

OUT OF TRUE

(1950) Sound B & W 41 minutes
COI \$85. Service Charge: \$3.00

This story of a typical case of mental illness, followed through to its conclusion, centers on Molly Slade who lives with her husband, two children and mother-in-law in a crowded block of flats. Little irritations begin to take on exaggerated form, growing into a smouldering feeling of resentment toward her mother-in-law which finally takes expression in a suicide attempt. In the mental hospital Molly Slade is given expert and sympathetic psychiatric treatment. Her doctor contrives by skilful questioning to establish the reason for her breakdown, which is seen as a subconscious association between her mother-in-law's presence in the home and Molly's memories of a childhood made unhappy by an overpowering mother. Final sequences show the complete restoration of her mental health and her confident return to her family.

Presents information on mental illness and mental hospitals, through the story of a young housewife with a mother-in-law problem. This is an excellent film in every respect -- acting, direction, photography and plot -- is technically accurate and up-to-date, and has considerable entertainment value. Useful for public education, it is recommended for adult audiences and special interest groups, to show something of the causes, nature and treatment of mental illness and to help to dispel common misconceptions about mental hospitals. Recommended.

* * *

OVER-DEPENDENCY

(1949) Sound B & W 32 minutes
NFB \$61. Service Charge: \$3.00

No. 3 in the Mental Mechanisms series, produced for the Mental Health Division of the Department of National Health and Welfare by the National Film Board of Canada, in cooperation with the Allan Memorial Institute of Psychiatry of McGill University and the Royal Victoria Hospital, Montreal, Que. This is the case history of Jimmy, a young man whose life is crippled by behavior patterns carried over from a too-dependent childhood. When we first see Jimmy he is sick, though, we later learn, his illness has no physical cause. He finds it difficult to face and deal with the ordinary problems of life and takes frequent refuge in the comforting of his mother, sister and wife. But

through the patient retracing of childhood experiences in talks with a doctor, Jimmy comes to understand the emotional causes of his illness and fear, and takes hold of life with new confidence. (Also available in French: *DEPENDANCE*.)

Third of the Mental Mechanisms series, designed to illustrate the development of personality factors which often lead to emotional difficulties and physical distress, this film tells the story of a young man spoiled by an indulgent mother and sister in childhood and of his difficulties under adult living conditions. An understanding wife and psychiatrist combine in straightening him out. This should be particularly valuable for adult audiences. It has a well-sustained and not over-dramatized story. Recommended.

* * *

PALMOUR STREET
(A Study of Family Life)

(1950) Sound B & W 25 minutes
HPI \$50. Service Charge: \$2.50

Produced by Southern Educational Film Production Service Inc., for the Georgia State Department of Public Health, this film introduces us to a Negro family in Georgia, who re-enact familiar domestic situations illustrating the factors that make for harmony or unhappiness in the home. We meet the Rogers family — Vernon and his wife and four children — and see how the youngsters are being brought up in an atmosphere of love and security. A series of little incidents illustrates how the parents deal satisfactorily with many problems in bringing up the children — even though at times they make mistakes. In contrast to the Rogers' methods, we see Aunt Hester's well-intentioned but sometimes inept handling of common problems; but, on the whole, the normal family atmosphere is a happy one and the children well-prepared for life beyond Palmour Street.

Portrays some aspects of child training, particularly relationships within the family which affect development of children to well-adjusted adulthood. The choice of subject matter is excellent and its treatment throughout is good. Technical content is up-to-date and accurate. The Negro family setting and the Southern accent of the commentary and dialogue may slightly limit effectiveness of the film for Canadian audiences, but it is nonetheless a very good film for all parent audiences, special interest groups and professional workers in the fields of mental health, child training and social welfare. Recommended.

* * *

PAPWORTH VILLAGE SETTLEMENT

(1945) Sound B & W 20 minutes
COI apply. Service Charge: \$2.00

The origin and growth of the Papworth Village Settlement in England, for the cure and rehabilitation of tuberculosis patients. After general discussion of the disease, its diagnosis and treatment, the film tells the story of the development of the Papworth scheme from a single building to a complete community which includes hospital, "chalets" for convalescents, hostels, cottage homes for the married, and a unique factory where patients are enabled to earn a living at work adapted to their individual physical capabilities. The case history of Frank Thompson, a typical patient at Papworth, shows the scheme in action, as he progresses from illness and hopelessness to a measure of health and happy self-respect. (Also available in French: *LE VILLAGE SANITAIRE DE PAPWORTH.*)

A very interesting film. Fairly well done, without the high-class finish of most American films. It should be of some value to encourage sufferers of tuberculosis and has a great deal of human interest. Its chief practical value would be in sanatoria or with groups that require encouragement.

* * *

PAY ATTENTION

(1949) Sound B & W 30 minutes
NYUFL \$110. Service Charge: \$3.00

Produced by the Department of Child Study, Vassar College, in the series "Studies of Normal Personality Development", this film deals with some of the educational and personality problems faced by the child who is hard of hearing. Stressing the capacity of such children for normal development, the film shows selected pre-school, school-age and high school children who are hard of hearing (but not "deaf") and indicates a variety of problems and remedial techniques

associated with different age levels and personality characteristics. Understanding of the problem, early treatment, the use of "context" methods of speech reading, and the early use of hearing aids where appropriate, are emphasized. Throughout, the film suggests ways in which parents, teachers and specialists can assist these children.

Portrays methods of helping hard of hearing children not only to speak and to lip-read, but also to develop normal personalities. This is a good film in every respect, up-to-date and technically accurate. It deals less with the technical and mechanical side of assisting deaf children and is aimed more at parents and teachers of children who are not wholly deaf. The film is suitable for all interested adult audiences and will be of particular value to parents, teachers and mental health personnel. Recommended.

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PAY-OFF IN PAIN

(1948) Sound B & W 11 minutes
NFB \$21. Service Charge: \$1.00

Produced by the National Film Board of Canada in the "Canada Carries On" theatrical series, and abridged from the Department of National Health and Welfare film, DRUG ADDICT. The personal and social tragedy of drug addiction, with its evil accompaniment the illicit drug traffic. Over the side of the silent liner in darkness slips the package of smuggled narcotics, introducing us to the complex problem which involves all races and classes of man. We see many aspects of addiction — the addict preparing an injection, a group of others waiting tensely for their dope peddler; agents preparing and adulterating their illegal product; the police catching a peddler red-handed. International and national authorities are working from two angles — suppression of the illicit traffic, possible rehabilitation of the addict. (Also available in French: ILLUSIONS À VENDRE.)

This is an outline of the extent of drug addiction in Canada, briefly reviewing the steps taken to combat the menace of narcotics. It is an abridged version of the 33-minute film, DRUG ADDICT, and was designed primarily for theatrical showings. It is suitable for general audiences and will have value as a springboard for discussion of the problem by interested adult groups in Canada. Recommended.

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PHYSICAL TRAINING IN SWEDEN

(1941) Sound B & W 11 minutes
STIB apply. Service Charge: \$1.00

Physical education, including some sports such as sailing, rowing, swimming, track and field sports, etc., but emphasizing particularly the Ling system of gymnastics for children and adults.

Good general description of physical training methods. Recommended for general distribution.

* * *

A PLACE IN THE SUN

(1950) Sound Color 23 minutes
JLSF \$110. Service Charge: \$3.00

Describes California's state-supported program to help children suffering from cerebral palsy. These children, whose only future at one time would have been to waste away in a secret room, are

now given an opportunity to develop their faculties and achieve a near-normal existence. The film explains the nature of the malady and how at the University of California Hospital it is diagnosed into several types, each with its particular treatment. Demonstrations are given of physio, occupational and speech therapy. The success possible is shown in the major triumph of a little girl who learns to walk unaided. (Also available in French: *UN LIEU AU SOLEIL*.)

An outline of the educational and treatment program for cerebral palsied children in the State of California. The film clearly outlines the problems which this condition presents, is a very good exposition of the California program, and could be used as a demonstration of what can be accomplished with proper facilities. Its outlook is encouraging. Suitable for general adult and special interest audiences, including health, medical and welfare professional groups. Recommended.

* * *

PLANNING FOR GOOD EATING

(1944) Sound Color 9 minutes
USEmb. apply Service Charge: \$1.50

One of the "Health for the Americas" series, produced by Walt Disney for the Institute of Inter-American Affairs of the U. S. Government. An outline of the fundamentals of good nutrition. Man runs into trouble if he tries to exist on one type of food alone, as witness Careless Charlie, with his bay-window and his listless family, whose menu is always beans and corn bread. In simple terms the film explains the necessity of food from three groups in the daily diet — animal products which build muscle, vegetables and fruits for bones and teeth, grains and roots which give energy and endurance. Charlie becomes convinced, and soon livestock and chickens flourish in his yard, he and his family cultivate vegetables, plant fruit trees. Charlie soon loses his bay-window, and all the family have pep and good spirits.

Shows that while some living organisms can keep alive on one type of food, man needs a variety. Several of the fruits and vegetables shown are tropical, but the principles are sound and the introduction of these tropical fruits could provide material for discussion by a teacher and consideration of what the equivalent would be in this country. Very useful for children, for Indians, etc. Recommended.

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POSTNATAL CARE

(1952) Sound B & W 12 minutes
MAP \$105. Service Charge: \$1.00

This fourth and final film in the series entitled "Education for Childbirth" deals with the postnatal care of the mother. Exercises, designed to assist internal organs regain their normal positions and to stimulate abdominal muscle tone, are demonstrated. The main sequences take place in a hospital and explain what changes a mother may expect in herself and in her baby during each successive day. Advice is given on postnatal hygiene for the mother and on breast feeding of the infant. After return home, the film stresses the need for adequate daily rest and cautions against over-exertion. Throughout, the emotional value of the new experience of parenthood, for both mother and father, is noted.

Deals with the proper care of the mother in the first weeks after childbirth. This is an excellent film and a very good completion of this "Education for Childbirth"

series. Technical content is sound and up-to-date. The film is primarily directed to young mothers or mothers-to-be. It will also be of interest to fathers, and to professional groups such as prenatal clinic staffs, public health doctors and nurses, health educators, etc. Recommended.

* * *

POSTURE AND EXERCISE

(1941) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Explains muscle activity and the physiology of exercise. Concepts presented include the relation of the nervous system to the skeletal muscles; motor units of work; muscle tonus in relation to posture; development of endurance; and peripheral circulation as it is related to general physical efficiency. (*Also available in French: POSTURE ET EXERCICE.*)

A fairly good film for classroom showing. Recommended.

* * *

POSTURE AND LOCOMOTION

(1934) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director, Yale Clinic of Child Development. The postural development of an infant is described and illustrated between the ages of eight weeks and one year. Thirteen age levels are portrayed, as we see the infant advance from helpless kicking and wriggling through pivoting, creeping, standing, cruising and walking. Situations are illustrated in the bath, in the playpen and on the floor. A final view shows this infant at 18 months, showing ability to walk and run. A resumé concludes the film, which is narrated by Dr. Gesell.

Illustrates the stages by which the infant advances from helpless immaturity to where he is able to stand, walk and run. Subject matter is clearly presented and up-to-date. Valuable to any group studying or interested in child psychology or child training — nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

* * *

PREFACE TO LIFE

(1950) Sound B & W 29 minutes
UWF \$43. Service Charge: \$3.00

This is the story of Michael, an average boy, showing how parental attempts to make him conform to their dreams could spoil his life, and how, on the other hand, an understanding home atmosphere can make him a well-adjusted personality. We see Michael growing up with a mother who wants to keep him a baby and a father who expects him to mature unreasonably fast. Childhood situations are shown being handled badly by the parents, and the sort of persons produced by maternal coddling and paternal bullying are suggested. The same situations are enacted again as they should have been handled, and the effects of a sympathetic, realistic attitude are evident in scenes of Michael's successful later adjustment to career and marriage.

An excellent film which shows what can happen when parents attempt to force their ideals on the growing child. It does a good job of pointing out (1) that to

follow either the father's dream or the mother's dream would not result in a mentally healthy and well-adjusted person, and (2) that parents should provide the security and understanding within which the child will develop his own potentials. The film is suitable for any adult general audience, particularly for parent groups and all who are concerned with the care and education of the growing child. Recommended.

* * *

PRENATAL CARE

(1951) Sound B & W 21 minutes
MAP \$135. Service Charge: \$2.00

The first film in the series entitled "Education for Childbirth" outlines principles of prenatal care, with emphasis on a confident understanding of the normal process of pregnancy and childbirth. The film accompanies three expectant mothers, at different stages of pregnancy, on their regular visits to a physician, illustrating the information and advice they receive from him. Diagrams explain the anatomy of the female reproductive organs and the development of the baby. Advice is given on posture, diet, clothing, relaxation and exercises designed to prepare the mother for a natural and uncomplicated delivery. The husband enters the picture from time to time to complete the relaxed atmosphere in which the wife awaits her time.

A film for expectant mothers, outlining the course of pregnancy and the principles of prenatal care preparatory to natural childbirth. This is an excellent film in every respect -- accurate and up-to-date, and instructive and calming in effect. It has some emphasis on prenatal exercises and on the importance of relaxation, and is obviously based upon the principles put forward by Dr. Grantly Dick Read. A good film for expectant mothers (and fathers), prenatal clinics, premarital study groups, etc., and of interest to nurses and medical students. Recommended.

* * *

PRINCIPLES OF COOKING

(1944) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Emphasizes the fundamental principles of the simple cooking processes -- boiling, frying, broiling, roasting and steam cookery. Each process is illustrated to show how food properties are changed by applying heat in this manner; the process is described in terms of its effect on nutritive values and palatability of foods. Animated diagrammatic drawings explain the changes that take place in starches and meat when heat is applied. (Also available in French: *PRINCIPES DE CUISINE*.)

The effects of various methods of cooking on various meats and vegetables. A good practical film. Recommended.

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PRINCIPLES OF DEVELOPMENT

(1950) Sound B & W 17 minutes
McG-H \$98. Service Charge: \$1.50

One of the series on Child Development produced by Crawley Films Limited for the McGraw-Hill Book Company. An outline of the fundamentals of growth and change from early infancy, illustrat-

ing six basic principles of human development (1) development follows a pattern; (2) within the pattern there is correlation between the types of development; (3) development proceeds from general to specific responses; (4) normally, each child passes through each stage; (5) each stage has characteristic traits; (6) development is caused by maturation and learning. After defining the principles of development the film considers the variables which make each child different from every other: intelligence, sex, glandular activity, race, nutrition, health, position in the family, incentive, love and understanding. (A filmstrip, reviewing the motion picture, accompanies the film when requested.)

Describes the fundamental principles and pattern of child development from early infancy. This is a good film, technically accurate and up-to-date. It would have been more useful for general audiences if the age levels at the various stages had been indicated. The film is considered especially useful as a teaching aid in senior high school and college, and also for special interest audiences such as parent groups, teachers, etc. Recommended.

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PROBLEM CHILD

(1948) Sound B & W 24 minutes
Pet \$40. Service Charge: \$2.00

Produced for the American Academy of Pediatrics and sponsored by the Pet Milk Company. Illustrates patterns of mental and personality development in infants and children, emphasizing that all children present problems and that it is the parents' responsibility to respond to these problems in a sympathetic and understanding manner, giving the child security, affection and understanding. The information about children's growth and development is presented through the story of a young couple who, fearing they have a "problem child", take their three-year-old daughter to see a pediatrician. The doctor answers their questions and reassures them that, because of the affection they have for their daughter, the good physical care she is receiving and their diligence in seeking to understand her needs, they should have no fear that their's is a "problem child".

A useful film for all parent audiences, Home and School associations, child study groups, etc. Recommended.

* * *

PROBLEM CHILDREN

(1946) Sound B & W 21 minutes
Ohio \$45. Service Charge: \$2.00

This film tells the story of two so-called "problem children" — one a shy introvert, the other an aggressive and mischievous extrovert — emphasizing the mental hygiene of home, school and play relations, and indicating how these relations affect mental health and personality development. The roles of the teacher and of the parents are discussed and it is emphasized that there are really no "problem children" — there are only problem parents, problem teachers and problem communities.

Aim: To inform parents and teachers of origins of certain patterns of behavior and the significance of them for adult behavior. Suitable for general adult audiences. Commentary is fair — rather academic and superficial and contains a good many clichés — and there is no syno-sound dialogue. Only fairly coherent

in latter part of film—not very clear on what to be done about “problem children”, except for parents and teachers to get together. Recommended.

* * *

PROBLEM DRINKERS

(1948) Sound B & W 19 minutes
MOT \$55. Service Charge: \$2.00

In no way have the tensions and difficulties of modern living been so dramatically illustrated as in the increasing number of problem drinkers. Here is the story of what has been done by such well-known organizations as Alcoholics Anonymous, the Research Council on Problems of Alcohol, and the laboratories of the Yale School of Alcohol Studies, to control alcoholism and to have it recognized as a disease. The film follows a typical alcoholic from the beginnings of moderate drinking into uncontrolled excess, showing he is slowly rehabilitated and ultimately recovers.

A useful film and one which is recommended for all interested adult audiences.

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PROOF OF THE PUDDING

(1941) Sound Color 10 minutes
Met Life apply. Service Charge: \$1.50

A survey of the essentials of nutrition and of the relation between diet and health. Indicates the role of nutrition research, and outlines the classification and functions of foods. The ill effects of a lack of vitamins are shown in rats. Proper food selection and cooking are dealt with and the importance of good diet for children is stressed.

A ten minute color film on family nutrition. Definitely recommended for an accurate, short, suitable introduction to the subject, with some technical aspects.

* * *

PROPER STEPS

(1948) Sound B & W 9 minutes
Flory \$45. Service Charge: \$1.00

This film deals with the correct walking habits which help to preserve the health, efficiency and comfort of the feet. Using an anatomical model of the bones of the foot, together with slow motion photography, the film shows the adverse effects of such faulty walking habits as toeing-out, and then proceeds to demonstrate the essentials of “proper steps”. Emphasis is placed on such points as walking with the toes pointed straight ahead, letting the heel touch the ground first, and letting the foot roll from its outer to inner side so that the large toe acts as a spring, cushioning the arch.

Illustrates faulty walking as a cause of foot trouble, and how this may be corrected. The subject matter and treatment are good to fair. The film is up-to-date and accurate, but is somewhat limited in scope in that it does not mention important causes of foot trouble other than improper walking by “toeing out”. It is, however, a useful film carrying an important message for all general audiences, child and adult. Recommended.

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A QUESTION IN TIME

(1948) Sound B & W 22 minutes
ACS \$28. Service Charge: \$2.00

A film offering clear answers to questions which any man or woman might ask about a dreaded disease — cancer. Children's vivid imagination and fear of something seen in the dark is similar to the reaction of many adults to cancer. Mrs. Betty Ingram suspects she has cancer of the breast. Her first emotional reaction is one of hopelessness and fear, but her husband persuades her to a course of positive action — she visits her family physician and later a cancer clinic. At the clinic we are introduced to several other patients, and sit in on their interviews with the clinic physician who answers their many questions about methods of treatment and the uselessness of patent medicines and quack cures, the nature of cancer and how it spreads within the body, the importance of early diagnosis and proper treatment, the biopsy, etc. Betty Ingram arranges to go into hospital for a biopsy diagnosis, but she is a different woman from the one we first saw — she now understands more about cancer and knows that, having taken positive action early, she has little to fear.

Presents some plain facts about cancer with the aim of dispelling fear and motivating people to seek early diagnosis and treatment. The subject matter is excellently chosen. Largely through the medium of the commentary and dialogue, most of the commonly misunderstood questions about cancer are clearly answered. The visuals are only fair. The film is suitable for any adult audience or group especially interested, and would be particularly good for campaign purposes. Recommended.

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THE RAT PROBLEM

(1951) Sound B & W 25 minutes
UWF \$38. Service Charge: \$2.50

This is Part 1 of a rodent control series produced jointly by the U.S. Army and the U.S. Public Health Service Communicable Disease Center. The film depicts the extent and seriousness of the health and economic hazards caused by rats. The rat's wastefulness and destructiveness is noted, and how he devours and contaminates food and causes property damage in homes, food shops and other places where man's food is concentrated. The rat as a carrier of disease and death is described: the disfigurement and blood poisoning which may result from the biting of small children; the scourge of plague, transmitted from rat to rat and from rat to man by rat fleas. Concluding emphasis is upon the necessity for man to learn the ways of rats and adapt methods of science to rat control.

An over-all review of the rat problem, showing the living habits of rats, their public health hazards and the economic damage they cause. This is a very good film, with excellent choice of subject matter and good presentation. Technical content is accurate and up-to-date. It is suitable for all adult and special interest audiences, particularly such groups as civic officials, food storage and foodhandling personnel, sanitary inspectors and other public health workers. Recommended.

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REHABILITATION AT ROFFEY PARK

(1946) Sound Color 30 minutes
COI \$225. Service Charge: \$3.00

Illustrates the new concept applied at the Roffey Park Rehabilitation Centre in Sussex, England, for the rehabilitation of men and women industrial workers suffering from nervous breakdowns. The film tells the story of two people—a machine shop foreman and a senior typist—who are sent to the Centre for treatment and rest, and illustrates in some detail the procedures and activities at the Centre, including medical treatment, occupational and recreational therapy, psychological tests and psychiatric treatment. A visit to the Centre by the late Queen Mary, accompanied by Lord Horder, descriptions of the staff (and patients') study groups and of the work of resettlement officers, and an indication of the improvement in the two patients about whom the story revolves, conclude the film.

Portrays the rehabilitation of industrial workers suffering from nervous strain or breakdown, as carried on at Roffey Park, a center set up by several industrial firms in cooperation with the U.K. Government. Commentary and color visuals are bright and attractive; good illustration of psychological and physical rehabilitative measures. This is a good film, particularly for special interest groups concerned with industrial health, mental health, rehabilitation, etc., and also suitable for general adult audiences. Recommended.

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REHABILITATION IN INDUSTRY

(1948) Sound B & W 29 minutes
COI \$75. Service Charge: \$3.00

A picture of the special provision made for injured and disabled workers at a British industrial plant, where accident victims return to work as soon as possible and are given jobs that will help

to restore injured limbs and muscles. A special retraining shop, where men are enabled to return to productive work which hastens their recovery by involving remedial exercise, is described in some detail. Several men with different types of injury are shown, busy at jobs especially chosen to meet their individual needs. The shop also designs and uses special devices to encourage desired movements of hand, arm and leg muscles; several of these are illustrated. Regular visits to the plant's physiotherapy department are an integral part of the rehabilitation program, as are weekly tours of inspection through the retraining shop by a group including the plant medical officer, orthopedic specialists, the plant physiotherapist and assistant superintendent, who check on the progress being made by each individual.

Describes the methods and organization of a rehabilitation program in an industrial plant, designed to retrain incapacitated workers and at the same time to maintain their mental health and physically recondition them. The choice of subject matter and its treatment are excellent, with good visuals and commentary. The technical content is up-to-date and accurate. This is a very interesting film throughout, and one which will have value for professional groups concerned with the subject. Also suitable for general adult audiences and special interest groups such as industrial management. Recommended.

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REPORT ON DONALD

(1948) Sound B & W 20 minutes
Minn. \$80. Service Charge: \$2.00

Shows the treatment of various kinds of speech disorders, as carried out at the University of Minnesota speech clinic. Donald, a young lad, reports at the University with a severe case of stuttering. He is taken on a tour of the speech clinic and shown the many types of speech disorders dealt with (cleft palate, foreign accents, articulation of cerebral palsy victims). The film illustrates in some detail the particular approach employed at this clinic in attempting to cure stuttering. At the end of a ten-week course Donald shows a measure of improvement and proceeds with his education in regular college classes.

Deals with the work of a speech clinic, showing treatment and results in a case of stuttering. This is a good film, interestingly done. It is suitable for any interested audience of adults or young people of high school-college age, and should be particularly useful for such special interest groups as parents, teachers, social workers and dramatic societies. Recommended.

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RESPIRATORY PROTECTION

(1944) Sound B & W 13 minutes
UWF apply. Service Charge: \$1.00

Produced for the U.S. Navy, this film is designed to impress industrial workers with the importance of respirators as safety devices. It describes air line, mechanical filter and pad types, and chemical cartridge type respirators. The industrial processes in which each type of respirator should be used are indicated, and the film emphasizes the necessity both to wear the correct type for the job and to take proper care of it.

A useful film for showing to workers in dusty industries. Recommended.

RETIRE TO LIFE

(1953) Sound B & W 22 minutes
IFB \$75. Service Charge: \$2.00

This film concerns itself with the mental health of old people who, still mentally and physically able, retire from their occupations only to face the prospect of living out their remaining days in emptiness. It tells the story of Ed Harrison, machinist, who looked forward to a life of fishing and loafing after he finally put away his tool kit, but who instead began to feel useless and unwanted until a friend showed him the way to retire to life instead of from it. Many examples are shown of rewarding interests that old people can develop to make their days of leisure more worthwhile.

Deals with the problem of old age and the necessity of preparing, mentally and physically, for retirement. This is an excellent presentation of the importance of planned retirement and of the solution of problems it presents. The film is suitable for all adult audiences and for groups specially interested in the subject (labor groups, welfare workers, etc.). Recommended.

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THE RIGHT TO HEAR

(1943) Sound Color 30 minutes
Iowa \$175. Service Charge: \$3.00

Dramatizes the need for organized programs of conservation of hearing, and emphasizes the objectives and possibilities of their attainment in a carefully planned approach to the problems involved. The techniques of group and individual hearing tests, medical follow-up procedures, adjustment of hearing aids where appropriate, and methods of educational readjustment in schools for the deaf are demonstrated.

Recommended for restricted showing to home and school and PTA groups, nurses, or any adult group concerned with education.

* * *

R. N. - SERVING ALL MANKIND

(1942) Sound B & W 22 minutes
ACSurg \$45. Service Charge: \$2.00

Outlines the training of a registered nurse, with special emphasis on her opportunities for rendering humanitarian service. Opening with a nursing class graduation ceremony, the film flashes back to trace the stories of two of the students, Joan and Merrily. We see their end-of-college decision to become nurses, their arrival at the hospital, their first classes, glimpse their introduction to the diet kitchen and the laboratory. The capping ceremony is an emotional peak as well as a milestone in the girls' careers, then training continues with experiences which include duty in the nursery and in the operating room. Final exams arrive at length, and anxiously scanning the pass lists Joan and Merrily find their names are there. Once more we see the graduation ceremony and in the final sequence the nurse's many opportunities for service are stressed.

Inspirational -- to get girls to enter training. Suitable for high school girls and college students. Recommended.

* * *

RODNEY

(1950) Sound Color 10 minutes
NTBA \$72. Service Charge: \$1.50

In this cartoon film, Rodney, a breezy caricature of typical American youth, learns about tuberculosis and how it can be fought and beaten. During a routine physical check-up, the doctor discovers that Rodney has early tuberculosis. The boy is thrown for a temporary loss, but comes back fighting when, through the doctor's answers to his questions, he learns about the spread, treatment and cure of TB. The doctor's answers serve to correct several misconceptions about the disease, with the result that Rodney goes to a sanatorium for treatment. With him, we learn the importance of rest in tuberculosis, of the tuberculosis hospital as the place for treatment, of cooperating with hospital routines and doctors' orders, and of the chest x-ray as a means of discovering the disease in its early stage. Rodney is eventually cured and returns to his girl and friends -- a happier and a wiser young man.

Portrays the importance of periodic health examinations and chest x-rays in the control of TB, and contains information on early sanatorium treatment. The film combines very effective cartoon treatment with sound health education and is considered excellent in all respects. Directed primarily to young people of high school-college age, it is equally suitable for general adult audiences. Recommended.

* * *

ROOTS OF HAPPINESS

(1952) Sound B & W 23 minutes
IFB \$85. Service Charge: \$2.00

No. 5 in the U.S. Mental Health Film board series "Emotions of Everyday Living". A portrayal of the elements that make up a happy atmosphere for family living, emphasizing the important role of the father in helping his sons to grow into true manhood and his daughters to become the wives of true men. The film is about a Puerto Rican family -- Juan Tomas Garcia, his wife Maria, his two sons and his two daughters. Observing them in their daily activities, the film searches into the values of family life and love, into the fundamentals of maturity and manhood, portraying how the human attributes of self-respect, warmth, patience, understanding and consideration are the roots of family happiness. Briefly, the Garcias are contrasted with another family where marriage born out of desperation, without thought, doomed a young man and woman, and their children, to lives of unhappiness, anger and hatred.

A film portraying the importance of love and affection within the family group and noting the necessity to understand the elements vital to family and child development. This is a very good film, artistically produced and with a special interest due to the Puerto Rican locale and the musical background. It will have value in stimulating discussion in parent groups, particularly in rural areas. In short, a happy film with no psychiatric jargon. Its use in Canada, however, may be limited to some degree by a passing reference to family limitation. Recommended.

* * *

ROUTINE ADMISSION CHEST X-RAY IN GENERAL HOSPITALS

(1946) Sound B & W 21 minutes
UWF \$34. Service Charge: \$2.00

Produced for the U.S. Public Health Service, this film illustrates the need, procedures and techniques for the setting up and operation of a routine admission chest x-ray service in general

hospitals. Dr. F. J. Hodges of the University Hospital at Ann Arbor, Michigan, reviews developments in photofluorograph techniques, and mortality statistics are cited to show the need for routine admission x-ray screenings to disclose potential dangers to hospital staffs.

This film was reviewed by the Canadian Tuberculosis Association and was recommended for inclusion in the National Health Film Library. It is fairly technical and detailed, and is suitable primarily for hospital administrators and boards, for x-ray technicians, and for any audience with a specific interest in TB control.

* * *

RURAL HEALTH

(1946) Sound B & W 18 minutes
NFB \$34. Service Charge: \$2.00

Produced in cooperation with the Federal and Manitoba Departments of Health and Welfare by the National Film Board of Canada, this film tells the story of the first health unit set up under the Manitoba Health Plan. We see how this unit got under way in the Dauphin district, with the government and the people together paying for the services. The unit demonstrates how prenatal and baby clinics, immunization programs, sanitary safeguards and TB and child guidance clinics work toward giving people in rural communities a far better chance of health now and in the future. (*Also available in French: SANTÉ À LA CAMPAGNE.*)

Aim: To inform public about the Manitoba Health Plan. Suitable for general adult audiences and community groups. Subject is adequately treated, although film opens with objectionable graveyard sequence, is a little confusing due to short shots of many committee meetings and commentary only fairly well tied in with the action. Recommended.

* * *

RURAL RAT CONTROL

(1951) Sound B & W 16 minutes
UWF \$27. Service Charge: \$1.50

This film shows how a farmer who understands rat habits and who makes effective use of basic rat control measures can free his farm of them even though conditions on farms tend to favor rat life. We see how rats live close to food sources such as the corn crib, grain bin, cow barn, chicken house, hog pen, food storage cellar and household garbage, and how a farmer may deny food and shelter to rats by rat-proofing these buildings and food sources and by burying garbage in a one-man sanitary land fill. The film also illustrates how the rats -- now denied food and harborage -- may be readily killed by means of calcium cyanide, red squill, warfarin, or traps. The method of checking for complete eradication, by the continued use of tracking patches, is shown.

Illustrates procedures for making farms rat free. This is a good instructional film, with clear, straightforward presentation. It should have value for all rural audiences, as well as for sanitation personnel and others concerned with rodent control. Recommended.

* * *

A SAFE DAY

(1941) Sound B & W 10 minutes
JH \$37. Service Charge: \$1.00

Covers home, highway and industrial safety. Shows a typical safe worker during his daily routine of driving, working, and living at home.

A film which accentuates the necessity of thinking clearly in relation to safety, as well as the provision of safety devices. Suitable for general adult audiences, industrial groups, etc. Recommended.

* * *

SAFE DRINKING WATER FROM SMALL WATER SUPPLIES

(1939) Sound B & W 12 minutes
Minn \$40. Service Charge: \$1.00

The unsafe features of bored, driven and drilled wells are illustrated diagrammatically and in pictures, together with the correct and safe methods of installation and design.

Concerns possibilities of contamination of wells, and methods of prevention. It is technically correct and considered very useful for rural and semi-urban groups. Recommended.

* * *

SAFE SERVICE

(1950) Sound B & W 12 minutes
IVT \$30. Service Charge: \$1.00

A lunch counter cook demonstrates proper sanitary techniques for handling and storing disposable paper containers used for serving food and beverages. Criticism by an unreasonably fussy customer on how to boil an egg causes the attendant to imagine that the customer has changed places with him. In a series of humorous incidents, as the former customer makes one mistake after another in handling his paper service, the attendant instructs him in the proper techniques.

Deals with the advantages and proper sanitary use of paper cups and containers in restaurant service. The subject matter and treatment are good; the dialogue and acting only fair. While the aim of the film is to promote the use of "paper single service", it illustrates clearly the proper handling and use of paper service and is thus a good training film for foodhandlers and restaurant management. Recommended.

* * *

SAFETY FOR WELDERS

(1944) Sound B & W 7 minutes
UWF apply. Service Charge: \$1.00

Produced for the U.S. Navy, this film demonstrates protective clothing and equipment for welders, to prevent eye injuries, skin burns and metal fume poisoning. The film opens with a review of the extent of injuries suffered by welders because they neglect to take proper precautions. Then follows an indication of the protective equipment necessary to prevent eye injuries, of the protective clothing to guard against skin burns (shown for both men and women welders), and of the

need to make use of local exhaust systems or to wear the correct type of respirator to prevent fume poisoning when welding certain metals.

A useful film for workers employed in welding operations. Recommended.

* * *

SAFETY IN THE HOME

(1940) Sound B & W 11 minutes
EBF \$55, Service Charge: \$1.00

The most common sources of accidents in and about a typical home are illustrated, and suggestions are given for their elimination. The garage, basement, inside stairways, kitchen, living room, bedrooms and bathroom are visited to detect hidden dangers and to eliminate them, in the interests of a home safety campaign.

Recommended for any audience. Acting is poor, but ideas are mostly good.

* * *

SANITARY LAND FILLS

(1947) Sound Color 18 minutes
UWF \$95. Service Charge: \$3.00

This film shows the advantages and the techniques of garbage and waste disposal by means of sanitary land fills. Opening with a sequence showing the hazards of open garbage dumps, feeding of garbage to hogs, and incineration, the film proceeds to show how disposal can be accomplished in a sanitary manner by land fills. Land fill operations are then described and illustrated in some detail, showing how they should be planned as an engineering program, directed by a sanitary engineer, with careful choice of sites, controlled dumping and adequate compacting. Animation and live photography illustrate approved procedures for excavating, dumping, compacting, sealing and sloping, and types of suitable mechanized equipment for these operations are shown. The film closes with an indication of the advantages — sanitary, economic and social — which are the result of this method of garbage and waste disposal.

Illustrates land fills as an effective and sanitary method of garbage disposal, and shows land fill procedure in some detail. This is a good film in every respect, the only criticisms being that it tends to be repetitious and that the sequence showing feeding of uncooked garbage to hogs is contrary to Canada Department of Agriculture regulations. The film will have value for special interest groups (civic officials, sanitary engineers, public health officers, service clubs, etc.) in all communities where there are problems of garbage disposal and elimination of open dumps. Recommended.

* * *

SANITARY MILK PRODUCTION ON THE FARM

(1950) Sound B & W 14 minutes
UWF \$21. Service Charge: \$1.50

Sanitary precautions which add up to a safe milk supply are demonstrated in this film, and are contrasted with procedures on another farm where the bacteria count in milk is usually high. With some repetition for emphasis, detailed steps are shown in caring for the dairy herd and in the cleansing and bactericidal treatment of milking machines and all milk utensils. Keeping the barn

and barnyard clean, washing and disinfecting the udders and teats of each cow, use of the strip cup, cooling of the milk, annual inspection of the herd by a veterinarian, and clean and healthy milk handlers are all dealt with in the film.

Portrays the essentials of sanitary milk production on dairy farms. This is a good film in all respects. It is a straight-forward instructional presentation of procedures and the reasons therefore; at the same time, the situations and procedures shown are somewhat more elaborate than many dairy farmers and owners of small herds may be inclined to accept. The film is, however, suitable for audiences of young people and adults in rural areas, for sanitary inspectors, dairy operators and personnel, and for other interested groups. Recommended.

* * *

SANITATION TECHNIQUES IN RAT CONTROL

(1951) Sound B & W 21 minutes
UWF \$33. Service Charge: \$2.00

This is Part IV of a rodent control series produced jointly by the U. S. Army and the U. S. Public Health Service Communicable disease Center. The film shows the why and the how of sanitation techniques to cut down rat population by removing the two essentials to rat life -- food and harborage. We see first how, when food and harborage are eliminated, the rat must leave his established runways between food and shelter and be exposed to such dangers as destruction by cats and dogs, automobiles and humans, as well as fighting with his own kind for the reduced food supply. Care in the storage, transport and disposal of garbage and rubbish is illustrated. Food storage methods in the home, and good housekeeping in attics and other storage places are described. Methods of storing food supplies in stores and warehouses are shown. The film also demonstrates the use of garbage houses and several methods of interior and exterior rat-proofing.

Illustrates the principles and carrying out of sanitary techniques to reduce rat population. This is a very good instructional film, accurate and up-to-date. It will have particular value for public health workers such as sanitary inspectors, rodent control personnel and public health officers, as well as for food service personnel and civic officials. The film is perhaps too specialized for the general public. Recommended.

* * *

SAVE A DAY

(1942) Sound B & W 10 minutes
USPH apply. Service Charge: \$1.00

A film on industrial hygiene, showing the work done in this field on national and state levels in the United States. The work of the U.S. Public Health Service in industrial hygiene research is shown in some detail, including laboratory research and the operations of field units. We see air being tested for gas or dust content such basic safeguards as goggles; gloves and machine guards are recommended. Similar work by State units is outlined.

This is a very American film. The theme is "Keep Strong for Victory". It is quite interesting and well done, is suitable for circulation to trade unions and other industrial groups.

* * *

SAVE THOSE TEETH

(1949) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

A young lad learns the fundamentals of dental health in a talk with the family dentist. We see Dan in the dental chair after having a tooth filled, and with him we learn how to care for the teeth and prevent decay. After the dentist demonstrates correct tooth brushing technique and emphasizes the need to clean the teeth after every meal, Dan practises on his own teeth. But, says the dentist, brushing alone will not prevent decay -- the food we eat plays an important role. Well balanced meals are necessary, and avoidance of sweets between meals is a must. His mother asks about the sodium fluoride treatment and we are shown how the fluoride solution is applied to teeth to prevent decay getting started.

This is a dental health film emphasizing the need for proper oral hygiene, the relation of tooth decay to sweets, and the value of topical sodium fluoride in preventing dental caries. This is an excellent film in every respect. While primarily aimed at children it has a broad application and should have value for adult audiences such as parents, public health nurses and dentists, to show a good teaching procedure. Recommended.

* * *

SCABIES

(1943) Sound B & W. 36 minutes
COI \$85. Service Charge: \$3.00

An exposition for doctors, health workers, sanitary inspectors, nurses and medical orderlies, of the modern methods used in the diagnosis and treatment of scabies. Shows the life cycle and the habits of the scabies mite, the three main types of eruption and the areas of distribution, and the secondary infection. Treatment at a center is demonstrated; instructions are given for self-treatment. Disinfestation of clothing and bedding, and examination of contacts are illustrated. (Note: The National Health Film Library print of this film has been edited to make it suitable for lay audiences. The complete version, for professional audiences, is in the National Medical & Biological Film Library, and there is also available a 1946 revised professional version giving more attention to the various methods of treatment and their relative merits.)

An excellent technical film which should be made available to medical schools, medical services of the Armed Forces, medical officers of lumber and construction camps, medical convention, etc. The edited print is suitable for general audience showings, under medical supervision. Recommended.

* * *

THE SCHOOL OF ANOTHER CHANCE

(1940) Sound B & W 16 minutes
IC&D \$40. Service Charge: \$2.00

This film depicts the methods used by the Institute of Crippled and Disabled in New York City in the vocational training and rehabilitation of the physically handicapped and the crippled. The need for voluntary organizations of this type, and for special training for special types of disability, is stressed.

An American film about crippled and disabled people and an institute in which special training is given. This film should be useful to stimulate consideration in Canada for crippled and disabled children and adults. Recommended.

* * *

THE SCHOOL THAT LEARNED TO EAT

(1948) Sound Color 20 minutes
GML \$140. Service Charge: \$3.00

Produced for the University of Georgia and General Mills Limited by Southern Educational Film Production Service, Inc. How a Georgia school organized the human resources of a community to improve the health of its children. The most pressing problem of the teachers at East Griffin had to do with the eating habits of the pupils and the effect of poor nutrition on their school progress. We see how action began with a faculty meeting, how nutrition education was initiated by a survey of what each child ate in three days, and how parents cooperated in fixing up the school kitchen. New, adequate school lunches became a social experience as well as an important part of a day's balanced diet. Hearing, vision, TB and dental surveys were added as the health program expanded. Closing sequences show how the children found ways of supplementing their family food supplies and how groups of pupils learned the essentials of good food budgeting through shopping for the school lunches.

This film shows how a group of people in a community succeeded in organizing a good school lunch program. It is vigorous and full of human interest, and is recommended for use in Canada in spite of the fact that it contains several references to the U.S. food grouping. It has value for Canadian audiences such as teachers, public health nurses, community leaders, Home and School associations, Women's Institutes and other community organizations.

* * *

SCHOOLDAYS IN THE COUNTRY

(1942) Sound B & W 10 minutes
Wisc. apply. Service Charge: \$1.00

Deals with health problems common to the one-and-two-room rural school. Shows how the teacher can solve them by making the best use of facilities and equipment at hand. *(Also available in French, but with English title.)*

Recommended for all audiences, particularly in rural areas.

* * *

SEARCH

(1950) Sound B & W 26 minutes
NSCCA \$40. Service Charge: \$2.50

A portrayal of the daily life of an 11-year-old cerebral palsied boy. The underlying theme is the continual necessity for such children to "search" for the wanted word, gesture or movement. The film shows Danny Jackson alternately as a handicapped and as a physically normal boy, in ordinary situations of everyday life -- first as he really is and then as he would like to be. His relationships with other children and with adults in his neighborhood are shown. His friendship for some is seen as a result of their tactful way of dealing with his handicap; his encounters with stupid, selfish and immature individuals are also shown. Throughout, the film explains important facts which relate to cerebral palsied children: they often have good minds but have difficulty in expressing their thinking; they should be treated as normal human beings rather than with maudlin sympathy; the role of special schools in their development; the responsibility of parents and other intimates in learning how to deal adequately with them.

An attempt to interpret for the general public the problems, particularly those of a psychological nature, of cerebral palsied children. This is a good film

on an aspect of the cerebral palsy problem for which little material has been available. The subject has been well treated throughout, with technical content accurate and up-to-date. The film is suitable for all audiences of adults and young people of high school age, and particularly for special interest groups such as service clubs, welfare workers and families of cerebral palsied children. It is not suitable for showing to young children. Recommended.

* * *

SELF-DISCOVERY IN A MIRROR

(1946) Silent B & W 16 minutes
E9F \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). A baby is not born with a sense of "self". He discovers others long before himself and it is only by countless experiences that "self" can be learned. In this film a mirror reflects the unfolding of the child's awareness of "self". Infants are shown at sixteen, twenty, twenty-four, twenty-eight, thirty-two, thirty-six, forty-eight, fifty-two and sixty weeks of age, showing their responses to the mirror image.

This film is of great interest from public education and scientific viewpoints. Recommended.

* * *

SEX IN LIFE

(193-) Sound B & W 23 minutes
N.A. Service Charge: \$2.00

The processes of reproduction are described and illustrated in the following forms of animal life: ameba; hydra; frog; bird; rabbit. Reproduction in humans is briefly indicated as being essentially the same as that in the rabbit. In each form of life the reproductive organs, male and female, are illustrated by diagrams. The film closes with a recapitulation of the processes of reproduction from ameba to human.

Shows reproduction at several levels in the animal world. It is adequately treated as an introduction to the subject, and is a very good brief presentation of various levels of reproduction. Suitable for teen-age and adults, in mixed audiences. Recommended.

* * *

SHYNESS

(1953) Sound B & W 23 minutes
NFB \$44. Service Charge: \$2.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada, this film deals with abnormal shyness in children, its causes and how, through a greater understanding by parents and teachers, this problem may be dealt with. The lonely existence of a typical shy adult is portrayed, and the film then turns to a study of three children: Anna, shy but wistfully wanting association with others; Jimmy, whose excessive timidity is really a symptom of profound emotional disturbance; Robert, aloof but happily independent. Studying their conditions, a psychiatrist from the Child Guidance Clinic reveals the confidence-destroying demands

of parents which predisposed the children to shyness. Together, teacher, psychiatrist and parents bring about a change in the children's attitudes. (*Also available in French: TIMIDITÉ.*)

Portrays the causes of shyness in children, and the need for its recognition and for sympathetic handling of such children by parents and teachers. This is an excellent film from all points of view, and one which holds interest and gets its message across clearly and effectively. The film is eminently suitable for groups of parents and teachers (Home & School associations, PTA groups), for teachers-in-training and for all others concerned with the care or education of growing children. Recommended.

* * *

SIX SLICES A DAY

(1944) Sound B & W 11 minutes
NFB apply. Service Charge: \$1.00

The importance of cereals as a balancing food. Bread, both wholegrain and white; home-grown grains such as barley and oats — these should form part of the daily diet. With two-thirds of the world's population still underfed, every slice of bread is precious and should never be wasted. Various types of bread and cereals have different vitamin B content, important to know in ensuring a balanced diet. Grains, too, can provide variety and interest in economy menus. (*Also available in French: SIX TRANCHES DE PAIN.*)

This is a food conservation film; its theme "Eat more cereals". It is useful for general showing as long as conservation of food supplies is necessary. Recommended.

* * *

SIXTEEN TO TWENTY-SIX

(1945) Sound Color 18 minutes
NFB \$119 (color) \$34 (B & W) Service Charge: \$3.00

Produced for the Department of National Health and Welfare, by the National Film Board of Canada, this film is designed primarily for female audiences, and presents facts about the symptom, course of infection, treatment and transmission of syphilis and gonorrhea. In an informal lecture, a doctor points out how venereal disease threatens the future health of the nation and stresses this by statistics. Animated diagrams describe the female anatomy, show how the germs enter the body and how the infection spreads. Prompt and proper treatment is emphasized. (*Also available in French: L'ÂGE INGRAT.*) (See also film for male audiences, entitled *VERY DANGEROUS.*)

Canadian venereal disease control film with the late Dr. J.J. Heagerty speaking. While primarily for female audiences, the film is suitable for selected mixed groups. Recommended.

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THE SKELETON

(1953) Sound B & W 12 minutes
EBF \$55. Service Charge: \$1.00

This film portrays the formation, growth, development and function of the human skeleton. Opening sequences contrast the structure of invertebrate and vertebrate forms of life. In the human

species we see the protective and structural functions of the bones and, by motion picture x-ray photography, the action of various kinds of joints. Animation sequences illustrate the formation of cartilage and the growth of bones, and analyze bone structure. Laboratory experiments demonstrate the chemical properties of bone. The importance of good diet, correct posture and exercise in developing and maintaining the body framework is emphasized.

A portrayal of the development, growth and function of the human skeleton. This is a classroom instructional film which is generally good but which contains rather too much technical detail in the sequences on bone formation. It should, however, be suitable from Grade 7 up; its best use should be for Grades 8, 9 and 10; college and pre-medical students should find of interest the moving x-ray photography and the sequences on bone formation and development. Recommended.

* * *

SLEEP FOR HEALTH

(1950) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

This film, designed to show growing children the importance of good sleeping habits, contrasts a child who secures enough sleep with one who doesn't. It introduces us to David, aged eleven, and his younger sister Martha, shows their going-to-bed routine and notes the value of regular hours, loose-fitting night clothes, light blankets and a proper mattress. Dreams, we learn, are a normal part of sleeping. The following day David is fresh and alert; but not his friend, George, whose bad sleeping habits the film describes. A summary of good and bad sleeping habits and their results concludes the film.

Deals with benefits to be derived from good sleeping habits. Choice of subject matter is excellent and treatment is good, with technical content accurate and up-to-date. The film is designed primarily for elementary school children (aged 8 to 13), and is considered suitable for instructional use in the classroom, as well as for parent-teacher audiences and interested social agencies and public health workers. Recommended.

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SMALL MILK PLANT OPERATION - CLEANING EQUIPMENT AND CONTAINERS

(1946) Sound B & W 28 minutes
UWF \$42. Service Charge: \$3.00

Produced for the U. S. Public Health Service, this film demonstrates in detail satisfactory methods for the cleaning and bactericidal treatment of cans, bottles, piping and other equipment in a small milk plant, following the routine of flush, scrub, rinse and sterilize. Cans are washed by hand, bottles both by hand and in a mechanical washer. The importance of these operations in the production of safe milk is emphasized.

Aim: To teach procedure in cleaning equipment. Very detailed - a good instructional film. Suitable for use in training employees of milk plants and for sanitary inspectors. Recommended.

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SMALL MILK PLANT OPERATION
- MILK PROCESSING

(1946) Sound B & W 23 minutes
UWF \$36. Service Charge: \$2.00

Produced for the U. S. Public Health Service, this film explains in detail the handling and pasteurization of milk by the 30-minute holding process, from the time the raw milk is received at the plant until the pasteurized milk is bottled and loaded on a truck for delivery to the consumer. The construction and operation of a vat-type pasteurizer is shown by animated diagrams. The importance of proper methods in guaranteeing safe milk is stressed, reasons for each step are given, and cleanliness is emphasized throughout.

Aim: To instruct in the process of pasteurizing and in the general operation of a small milk plant. A very detailed and excellent instructional film. Aimed at and suitable for workers in such plants, sanitary inspectors, and others specially interested. Recommended.

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SMALL MILK PLANT OPERATION
- YOU AND YOUR JOB

(1946) Sound B & W 10 minutes
UWF \$17. Service Charge: \$1.00

Produced for the U. S. Public Health Service, this film illustrates the concept that trained, responsible men are essential in the production of safe pasteurized milk. The extent of milk-borne disease and how it is spread is indicated. Good plant housekeeping, good health and personal hygiene, clean plants and regular equipment maintenance, in addition to the processing of milk and the cleaning of equipment and containers, are shown to be important aspects of good milk plant operation. In effect, the film briefly recapitulates the points covered in the preceding two films in this series, with added emphasis on the personal responsibility of the milk handler.

Aim: To have workers in such plants appreciate the importance of their job - - inspirational chiefly. Shows some details of small milk plant operation not covered in the two previous films. Subject is adequately treated, and the film is suitable for audience of workers in such plants, sanitary inspectors, and others specially interested. Recommended.

* * *

SMALLPOX: THE EVER-PRESENT MENACE

(1942) Sound B & W 10 minutes
Bran \$40. Service Charge: \$1.00

Demonstrates the danger of smallpox to the community, and stresses the necessity of vaccination and re-vaccination, pointing out the very great progress which has been made in checking this disease.

This is a reasonably good film and is recommended for all audiences.

* * *

THE SMILES HAVE IT

(1940) Sound B & W 10 minutes
Bran \$40. Service Charge: \$1.00

A dental health lesson for children. We see Mary Jane and Tommy Davis on one of their quarterly visits to the dentist. After he demonstrates the correct way to brush the teeth, Miss Young, the

dentist's nurse, offers to take the children to the zoo. Many herbivorous and carnivorous animals are shown, and the zebra, tiger and elephant are cited as examples of the way nature has provided teeth well suited to needs. The similarity in form and use between the teeth of these animals and our own incisors, cuspids and molars is noted. While the little group eats a picnic lunch of foods ideal for healthy teeth they watch a tree surgeon at work and Miss Young compares the operation of repairing a damaged tree trunk to that of filling a decayed tooth.

Designed for children, this film portrays the need for regular dental examinations and treatment, the importance and method of oral hygiene, and the types of teeth and their functions. The subject matter and its treatment are good to fair; the technical content is accurate, although slightly out-dated. The film is nevertheless suitable for showing to children, to whom the scenes of animals in the zoo will appeal. Recommended.

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THE SMOKE MENACE

(1937) Sound B & W 20 minutes
MMA apply. Service Charge: \$2.00

Produced for the Gas Industry of Great Britain, this film shows the causes and effects of smoke, together with attempts at community planning to overcome this menace to public health and property.

This English film, while dated 1937, is still applicable and deals convincingly with the question of soot control and the menace of smoke to health and to buildings. Recommended.

* * *

SO MUCH FOR SO LITTLE

(1949) Sound Colour 11 minutes
UWF \$63. Service Charge: \$1.50

Produced for the U.S. Public Health Service, this cartoon film emphasizes the importance of adequate community health services in protecting the health of the individual from infancy to old age. The extent and causes of infant and child mortality are examined, as well as the role of public health officers, public health nurses and sanitation personnel in providing immunization services, free dental and health examinations and a healthy environment. In a modern community health clinic we see the provision of pre-marital blood tests, prenatal and post-natal care and school health services. Periodic physical check-ups in later life are urged to pave the way to a vigorous and healthy old age. The film ends with an appeal to cut down the infant mortality rate by instituting public health services in communities where they do not already exist, the cost per capita being quoted as only three cents a day.

Reviews public health services as they affect the ordinary citizen, from pre-birth to old age, pointing to the necessity for adequate community health programs. This is an excellent cartoon presentation of the subject, with positive approach. Although dealing specifically with U.S. conditions, the film is quite suitable for Canadian audiences, particularly if adequately introduced. It should have interest and value for any group of adults or young people. Recommended.

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SOCIAL DEVELOPMENT

(1950) Sound B & W 16 minutes
McG-H \$92. Service Charge: \$1.50

One of the series on Child Development produced by Crawley Films Limited for the McGraw-Hill Book Company. An analysis of social behavior at different age levels and of the reasons underlying the changes in behavior patterns as the child develops. Beginning with the infant, a passive bystander in the social scene, the film traces social development and behavior through the aggressive play activities of the preschool child, the gradual learning of cooperative play, development from the stage where the sexes and ages are mixed indiscriminately to the point where children begin to pick members of their own sex as playmates and to seek out the natural leader for their groups. We see how these social behavior patterns mix and overlap, as the film shows the activities of two families in a lakeshore summer cottage setting. The emotional conflicts that come with the gang age are discussed, and the film emphasizes that while the child must meet and solve each problem as he reaches that level of growth and development, guidance from understanding adults can make the adjustment infinitely easier and smoother. (*A filmstrip, reviewing the motion picture, accompanies the film when requested.*)

Deals with children's social development and social behavior at various age levels. This is a very good film, and is suitable for such audiences as parents, teachers, youth leaders and other group workers, and senior high school and college students. Recommended.

* * *

SOMETHING TO CHEW ON

(1948) Sound Color 19 minutes
NFB \$125. (color) \$36. (B & W) Service Charge: \$3.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. A study of dental hygiene as it relates to general health and well-being. Diagrammatic animation illustrates the growth of teeth. The function of teeth in chewing, speech and facial contour is shown. Causes of decay, and the general deterioration that follows, are demonstrated, particularly the spread of infection following neglect of a diseased tooth. Normal and abnormal conditions are illustrated with models. We learn that preventive care ideally begins at the age of three and continues with regular brushing and periodic dental examinations throughout life. The influence of school dental clinics in checking infection is emphasized. (*Also available in French: A BELLES DENTS.*)

This film is very well produced and depicts some excellent features in a school dental health program. Suitable for any interested audience, and particularly Home & School and PTA groups. Recommended.

* * *

SPLINT 'EM WHERE THEY LIE

(1941) Silent Color 18 minutes
Wilson \$80. Service Charge: \$2.00

Shows first aid methods of splinting fractured femur and humerus, utilizing any available materials such as clothing. The film also illustrates methods of moving and transporting spine fracture cases.

A silent color film, prepared for a Committee of the American College of Surgeons. Depicts first aid methods of dealing with fractured leg, arm and spine. The

splinting for leg and arm is more elaborate than that taught by the St. John Ambulance Association. Recommended.

STAIRWAY TO LIGHT

(194-) Sound B & W 11 minutes
TFC apply. Service Charge: \$1.00

This M-G-M short, one of the John Nesbitt "Passing Parade" series, portrays the work of Philippe Pinel, eighteenth-century French physician who pioneered in the more humane treatment of the insane. Dramatized re-enactments of incidents in Pinel's crusade depict the inhuman treatment meted out to those suffering from mental illness, and the barriers of ignorance and prejudice he had to penetrate before his kindlier methods were finally recognized.

Depicts an historical event in the progress of medicine -- the beginning of a new era in the treatment of the mentally ill. This is a very good, dramatized story treatment of the subject. It is primarily an entertainment film, with relatively little educational value in itself. However, inherent in it are important mental health concepts, and the film should prove useful as an introduction on programs concerned with mental health or mental illness and its treatment. Recommended.

* * *

STANLEY TAKES A TRIP

(1949) Sound Color 11 minutes
NFB \$73. (color) \$21. (B & W) Service Charge: \$1.50

Produced for the Department of National Health and Welfare, by the National Film Board of Canada. In this film the importance of a balanced diet is told in story form for young children. Two-dimensional 'cut-out' animation is used throughout, and the story is about a small boy, Stanley, who is introduced to Canada's Food Rules by his animal friends, and is shown where the staples of a balanced diet originate. (*Also available in French: LE GRAND VOYAGE D'ANDRÉ.*)

Aim: To instruct young children in the important elements of diet. Animated cut-outs against a relatively planned background will arouse children's interest. The subject is adequately treated for the aim and the audience, and avoids the error of too much detail. Recommended.

* * *

A START IN LIFE

(1944) Sound B & W 18 minutes
COI apply. Service Charge: \$2.00

Prenatal and post-natal care of children in wartime Britain. Day nurseries, state schools, special schools for physically handicapped and delicate children, physical and mental training of children of all ages are dealt with. (*Also available in French: DÉBUTS DANS LA VIE.*)

Shows the British system of wartime care, prenatal and postnatal, of children. While much of this has no application in Canada, it is useful educational material and shows how Britain is handling some of the problems that need to be faced in Canada. Useful for Home and School and PTA groups, study groups, schools of social science, etc. Recommended.

* * *

STARTING LINE

(1947) Sound B & W 22 minutes
IFB \$60. Service Charge: \$2.00

Produced by Southern Educational Film Production Service Inc., for the Virginia State Department of Health. The care of premature infants, particularly as carried out by the hospital premature center in Peoria, Illinois. Statistics indicate the extent of prematurity in the United States, and the program of the U.S. Children's Bureau in its attack on this problem is outlined. The film then describes in some detail the program of the Illinois State Department of Health — encouragement of the best prenatal care through clinics, group class instruction, etc., and the hospital premature center in which the infants can be given the best possible care during the neonatal period. The center's routine in caring for a typical premature baby is followed through from the moment of birth until the infant is home with his parents. (Also available in French: *LORSQUE L'ENFANT PARAÎT*.)

Deals with the problem of prematurity, and describes a well-integrated program for the care of premature infants. The choice of subject matter is excellent, and the treatment is good throughout. Accurate and up-to-date, this is considered an effective film for all interested adult groups, particularly adult education and community organizations. The portrayal of the subject and the instructional sequences make it an interesting film also for professional audiences -- physicians, nurses, hospital staffs, public health workers and welfare agencies. Recommended.

* * *

THE STEPS OF AGE

(1950) Sound B & W 22 minutes
IFB \$95. Service Charge: \$2.50

This film is No. 1 in the U.S. Mental Health Film Board series "Emotions of Everyday Living". Where does one learn to be old? What adjustments must old people make in accepting the fact that part of their life is finished? These are the problems presented in this film. A grandmother, living with her daughter, tells her own story as she comes face to face with mistakes she has made during the course of her lifetime. We see how her late husband, after his enforced retirement, had no interest in or resource for living. The woman herself, in her daughter's household feels unwanted and out of place. Her confusion and her first uneasy steps toward insight into herself and the problems of old age are shown in scenes of the inter-personal relations between the grandmother, her daughter and grandchild.

Deals with the mental health problems of old age and the need for preparing for the age of retirement. This is a reasonably good film -- the choice of subject matter is excellent and its treatment ranges from good to fair. Technical aspects are sound and up-to-date. The film is a bit obscure (presents the problem but only vaguely suggests the solution) and the treatment is somewhat stark: a rather extreme example is shown in the case of the old man. Despite these shortcomings it is a good discussion film for general adult audiences and special interest groups. It is recommended that it be used only as part of a well-planned discussion meeting, chaired by a competent group leader. Recommended.

* * *

STOP SILICOSIS

(1938) Sound B & W 11 minutes
USDL apply. Service Charge: \$1.00

Dramatizes the causes and results of silicosis and shows some of the control measures in actual use today in certain industries. The eventual disablement of a workman who has been exposed to large quantities of silica dust for many years is portrayed, and the film shows by animation how the lungs are damaged by inhalation of dust-laden air. Periodic medical check-ups in industry, and control measures such as wet drilling, exhaust ventilation, wet sweeping and isolation of process are shown to be necessary to the life and health of these workers.

The thesis of this film is that silicosis can be prevented. It should be useful for certain industrial groups, service clubs, labor unions, etc., and is recommended.

* * *

THE STORY OF APPENDICITIS

(1940) Silent Color 25 minutes
Rutgers \$125. Service Charge: \$2.00

Deals with the pathology, diagnosis and treatment of appendicitis from the layman's point of view. Dangers of neglecting abdominal conditions, and of giving laxatives when appendicitis is a possibility, are stressed. The film outlines a typical case of appendicitis, following the patient through from onset of the condition to discharge from hospital. The main steps of the operation are shown briefly, and in a manner which is suitable for lay audiences.

Silent color film. Recommended for all adult audiences, with due regard for the fact that it contains a sequence showing the operation.

* * *

THE STORY OF DR. JENNER

(1939) Sound B & W 10 minutes
TFC apply. Service Charge: \$2.00

One of the John Nesbitt "Passing Parade" series, produced by MGM. This is a dramatization of the life of Dr. Edward Jenner, the discoverer of smallpox vaccination, and tells how he came to formulate his theories and how, in 1796, he proved them at some risk to himself because of the superstition and hostility which he met both within the medical profession and among the public.

Portrays the development of vaccination and particularly the prejudices which Dr. Jenner had to overcome to have vaccination accepted. It is excellently done and should be a valuable education vehicle. Recommended.

* * *

THE STORY OF LOUIS PASTEUR (Anthrax Sequence)

(1935) Sound B & W 17 minutes
TFC apply. Service Charge: \$2.00

This specially prepared excerpt from the Warner Bros. feature film starring Paul Muni deals with Pasteur's crusade to establish his microbe theory of disease, the opposition to him of the French

Academy of Medicine, and his successful struggle to institute a serum treatment for the prevention of anthrax in sheep.

This is part of the film made by Warner Bros. on Pasteur. It can be used to illustrate the principle of disease prevention. The subject of the film is Pasteur's anthrax experiment. Recommended.

* * *

THE STORY OF MENSTRUATION

(1946) Sound Color 10 minutes
CCP apply. Service Charge: \$1.50

A Walt Disney cartoon film designed to explain the physiology of menstruation to adolescent girls. The film shows in simple, straightforward diagrams the physiology of ovaries, fallopian tubes, uterus and vagina, and the normal course of events therein which produces menstruation. The rule of pituitary and other hormones is indicated. Some common myths about menstruation are exploded, and the right mental attitude toward this function of the female body is stressed.

Aim: To inform public about physiology of menstruation — to emphasize how normal a function it is and to explode some myths about it. Animated drawings and commentary in a female voice. Suitable for female audiences from early adolescence up. Excellent presentation for aim and audience as above. Perhaps errs in giving impression that regularity is essential aspect of normal menstruation. There is a statement at beginning and at end of film that it was produced for Canadian Cellucotton Products; only other mention of commercial aspect is brief reference to a booklet published by the sponsor. Recommended.

* * *

THE STORY OF WENDY HILL

(1949) Sound Color 19 minutes
UWF \$113. Service Charge: \$3.00

Produced for the U. S. Public Health Service and the American Diabetes Association. This film presents facts about diabetes, emphasizing that with the aid of insulin those who have this disease may lead full and normal lives. Narrated by a family doctor in a typical American town, the film tells the story of Wendy Hill, a newly married young woman whose diabetes is discovered when she is briefly hospitalized following a street accident, Wendy is most upset when she learns that she is diabetic, for she believes this means she cannot have the children which she and her husband are planning. As the doctor reassures her we learn more about this disease — how the discovery of insulin has made it possible for diabetics to lead normal lives, how if only one parent has the disease there is little likelihood of children inheriting it. Wendy takes her insulin, follows her doctor's orders and returns to work, but soon she is the recipient of much loose "medical" advice from friends and relatives. The doctor soon puts Wendy and husband straight about these "old wives' tales", and before long they are the parents of a baby boy.

Aim: To inform the public of the necessity for early diagnosis of diabetes and of the ability of diabetics to live normally by adhering to insulin treatment. This is a good, sensible film, well produced, up-to-date and technically accurate. It is suitable for general adult audiences and is of particular interest to diabetics and their relatives. Recommended.

* * *

SUBJECT FOR DISCUSSION

(1942) Sound B & W 15 minutes
COI apply. Service Charge: \$2.00

Starts with a dispute among English air-raid wardens as to whether venereal disease should be made the subject for their next discussion meeting in the air-raid shelter. Out of the remarks of the Post doctor evolve scenes giving information on various aspects of V. D. The "subject for discussion" is finally approved by the air-raid wardens.

Principal emphasis of this film is on the folly of public prudery. It is useful as an introductory film. The treatment is interesting, but technical handling is not of high caliber; voice reproduction is weak. Suitable for mixed audiences.

* * *

SUPPER'S READY

(1944) Sound B & W 9 minutes
NFB-N.A. Service Charge: \$1.00

The importance of a well-planned and balanced diet. Topics include shopping by the housewife, the five food groups, preparation of food so as to retain food value. The emphasis is on good breakfasts and properly nourishing lunches. (Also available in French: *VENEZ SOUPER.*)

Presents the importance of a well-balanced diet, including shopping, the five food groups and preparation. Based largely on wartime restrictions, and is not primarily a health film, but is recommended.

* * *

SWAB YOUR CHOPPERS

(1948) Sound Color 8 minutes
UWF \$37. Service Charge: \$1.50

Produced for the U.S. Navy by United Productions of America, this cartoon film illustrates the importance of oral hygiene. The stone-age ancestor of Humphrey McGorkle, able seaman, had no dental problems; but Humphrey, with his diet of super-Dagwoods and sweets, has many. Greatest contributors to his dental deterioration are his lazy self and his ignorant self. These two characters win the first round when Humphrey is laid up with a toothache, but Humphrey wins the rest when at his dentist's he learns meticulous dental care. He can even impress his mates with his newly acquired knowledge of dental nomenclature.

This is a humorous cartoon treatment of the need for good oral hygiene, showing proper toothbrushing technique. It is an excellent presentation, and one which will command and hold the attention of even the disinterested. Although made for the U. S. Navy, this film will be useful for any audience, particularly young adults (high school students, youth groups, etc.). Recommended.

* * *

SYPHILIS (TRAILER)

(1938) ,Silent B & W 8 minutes
Chi \$10. Service Charge: 50¢

A short, silent film on the spread of syphilis. It presents a diagrammatic illustration of how a 13-year-old girl passed on active syphilis, directly or indirectly, to 32 known persons in a period of twenty months. The film is entirely diagrammatic, with no live photography.

This is authentic and based on the records of V.D. work in Chicago. It could be used in conjunction with a lecture or other films on the spread and control of syphilis. Recommended.

* * *

A TALE OF THE TWIN CITIES

(1948) Sound Color 21 minutes
Minn \$120. Service Charge: \$3.00

This is the story of the sewage treatment plant built and operated by the twin cities of Minneapolis and St. Paul. Opening sequences, in black-and-white, show the foul condition of the Mississippi River as it was in 1933 before the sewage plant was built, when sewage from the two cities was emptied directly into the river, evil-smelling gases rose from the water, boating and water sports were rendered impossible, and fish and game were poisoned or driven off. The film then recounts how the citizens of the two cities united in a plan to improve the situation, how the Minneapolis St. Paul Sanitary District was set up and the largest plant in the world for the chemical treatment of sewage was built and put into operation in 1938. Animated diagrams and a tour through the plant outline the sewage treatment process which eliminates the nuisances and health hazards by returning to the river an effluent free from contamination.

Deals with the importance to municipalities of sewage treatment in preventing pollution of lakes and streams. The choice of subject matter and its treatment are excellent. The film is considered a very good one for general audiences and civic authorities to show the dangers of pollution, the benefits of sewage treatment and how one municipality has handled the problem. The illustration of procedures in the treatment plant is only fair. Recommended.

* * *

TARGET T. B.

(1945) Sound B & W 10 minutes
G. E. \$16. Service Charge: \$1.00

Produced for the General Electric X-Ray Corporation in collaboration with the National Tuberculosis Association and the U.S. Public Health Service, this film shows how tuberculosis may be detected early through mass x-ray surveys in industry and business. Through the conversation of three women workers, the film explains the purpose and nature of such surveys, illustrates the use of mobile x-ray units, and suggests why all should take advantage of these services.

Fairly good argument for x-ray examination to discover tuberculosis cases. Recommended for general audiences, and suitable for use during campaigns.

* * *

TARGET: TOOTH DECAY

(1951) Sound B & W 11 minutes
Okla \$35. Service Charge: \$1.00

Outlines steps in organizing a community dental health program and shows how one Oklahoma town launched such a project. We see how, led by a committee of interested citizens, the support of local dentists, community organizations, the State health department, teachers, parents and children was enlisted to make the dental health drive a success. A demonstration is given of the application of sodium fluoride to children's teeth. The installation of a sodium fluoride feeder, to add the correct amount of this chemical to the town's water supply, is described.

A dental health film showing the value of a community project to control tooth decay through dental clinics, topical application of sodium fluoride and fluoridation of water supplies. This film rates as good in its choice of subject and fair in its presentation of it. While lacking in authoritative touch and in proof

of its claims, the film should have value in showing a technique to secure community support, and is suitable for adult audiences, community groups and dental public health workers. Recommended.

* * *

TECHNIQUE OF GROUP CHEST X-RAY SERVICES

(1946) Sound B & W 18 minutes
UWF \$31. Service Charge: \$2.00

Produced for the U.S. Public Health Service, this film illustrates the principles and technique for the setting up and operation of a portable mass radiography unit. The value of mass radiography in detecting cases of T.B. in apparently healthy groups is indicated. Cooperative planning and effort between local and national health departments and associations is stressed. The procedures for the setting up and the technical operation of a mass chest x-ray project are described and illustrated in detail, from the preliminary conference of those concerned in the project through to the compilation of statistical reports on the results of the survey.

This film was reviewed by the Canadian Tuberculosis Association and was recommended for inclusion in the National Health Film Library. It is fairly technical and detailed, and is suitable primarily for x-ray technicians, public health officials and others immediately concerned with T.B. control. Shows very well the co-operative planning and effort in a community campaign.

* * *

THE TEETH (DEVELOPMENT AND CARE)

(1944) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Deals with the care of the teeth, based on a knowledge of what teeth are, how they are formed and develop, and the specific elements of food and cleanliness most important for their growth and maintenance. Animation shows the growth cycle of teeth from the embryonic stage through adulthood; the structure of a tooth and the process of decay are shown; essential foods and their sources are indicated; and the principles of dental care are discussed and illustrated. (Also available in French: *LES DENTS*.)

A classroom instructional film illustrating the growth and development of teeth, the relationship of diet and dental health, and principles of good dental care. The treatment and commentary are excellent, with good visuals and choice of subject matter. The film is accurate and up-to-date and will provide good supplementary teaching material for senior elementary and junior high schools and interested adult audiences. Recommended.

* * *

TEETH ARE TO KEEP

(1949) Sound Color 11 minutes
NFB \$73. (color) \$21. (B & W) Service Charge: \$1.50

Produced for the Department of National Health and Welfare by the National Film Board of Canada. A gaily coloured cartoon with a cheerful little story to drive home the importance of the four essentials of tooth care. The exciting event of the Smith baby's first tooth introduces the whole subject, and we see the function of the various teeth and learn the foods which will help to keep

them in good working order. Brushing teeth after every meal is stressed; animation reveals how a tooth decays; then the film follows the doings of the Smiths as they go on a picnic. Finally, Roger Smith takes his half-yearly visit to the dentist, to find happily that almost nothing has to be done, thanks to the four health rules he has followed — four, like the four leaves of a lucky clover. *(Also available in French: GARDONS NOS DENTS.)*

Designed to help children understand the four ways to control decay and to ensure good dental health. The subject matter and its treatment are excellent. The treatment is such that it will interest children at the junior elementary school level; the film will also be suitable for special interest groups of adults -- welfare workers, teachers and parents of children at this age level. Recommended.

* * *

THE TERRIBLE TWOS AND THE TRUSTING THREES

(1950) Sound Color 22 minutes
NFB \$145. (color) \$42. (B & W) Service Charge: \$3.00

Produced for the Department of National Health and Welfare and the National Film Board of Canada by Crawley Films Limited. This second film in the "Ages and Stages series" is a study of child behavior at two and three years, showing what to expect from youngsters of these ages and suggesting how parents can deal constructively with the problems they present. The film shows a group of active children in playground, nursery school and home, first as two-year-olds and then as threes. In play, we see, they learn control of their bodies, the qualities of different materials and how to give and take with other people. At home, an average mother is seen handling such problems as destructiveness, tantrums, rivalry with younger children and unreasonable fears. *(Also available in French: PETIT MONDE À DEUX ET TROIS ANS.)*

Portrays typical and normal behavior patterns in two-year-old and three-year-old children, noting their progress in social adjustment. The film is up-to-date and accurate; the subject matter and treatment are good. Suitable for parent audiences, nursery school staffs, teachers in training and university classes in child psychology. Recommended.

* * *

THAT THE DEAF MAY SPEAK

(1951) Sound B & W 43 minutes
Campus \$100. Service Charge: \$3.00

Shows methods used at the Lexington School for the Deaf, New York City, in teaching deaf children to speak and to understand the speech of others. We see how the deaf must, from childhood onwards, struggle to adjust their lives to a world in which sounds, and the spoken word, play so prominent a part. Through the patient instruction of their teachers, children in this school learn to use their vocal cords to articulate sounds; we share with them the feeling of accomplishment when they first learn to use words to express their thoughts. Methods of teaching academic subjects as well as speech and lip reading are shown. What deaf persons can accomplish, given a fair chance, is seen in brief glimpses of their vocational aptitudes.

A gripping and compassionate film on the problem of deaf children and how they may be taught to understand, to speak and to take their rightful place in the hearing world. An exceptionally fine film in every respect. Technically accurate and up-to-date, it presents an encouraging outlook on the problem. The film should serve two purposes: to give to the general public and to the families of

deaf children a greater understanding of the problems of the deaf, and to demonstrate methods and results for teachers of the deaf and for the medical, nursing and social welfare professions. Recommended.

* * *

THEY DIDN'T KNOW

(1948) Sound B & W 2½ minutes 35mm only
EI \$10. See note below

This is a 35mm trailer, designed for use in theatres, pointing to the trouble which may beset those who don't know the facts about venereal disease, its cause, transmission and cure. The film is done in a humorous cartoon style, with "mood" music and sound effects. (*Note: Requests for this 35mm trailer should be addressed to the Information Services Division, Department of National Health and Welfare, Jackson Building, Ottawa. The film will be sent express collect, and the borrower is expected to prepay the return transportation charges. There is no service charge.*)

There are no objectionable features in this trailer. It is acceptable for use preceding a full length film on venereal disease, or in conjunction with an announcement or publicity relating to a health program or V.D. campaign.

* * *

THEY DO COME BACK

(1940) Sound B & W 17 minutes
NTBA apply. Service Charge: \$2.00

The story of two young working people, Ray and Julie, who are stricken by tuberculosis—how their disease is discovered and how they undergo treatment in a sanatorium, are counselled and retrained by the Vocational Rehabilitation Service, and later return to normal life, employment and marriage. (*Also available in French: ON EN REVIENT.*)

While this is a U.S. tuberculosis film it is good education and applicable to Canada. It covers diagnosis, treatment and rehabilitation training. It is very serious, almost threatening in tone in places, but is reasonably well balanced and a useful film which is recommended for any audience of adults or young people.

* * *

THEY LIVE AGAIN

(1938) Sound B & W 10 minutes
TFC apply. Service Charge: \$1.00

An MGM production dramatizing the discovery of insulin and the roles played by Drs. Banting and Best. The film follows the story of Dr. Frederick Banting's research from the day in 1915 when he first stumbled upon a clue to the control of diabetes, through the many experiments at the University of Toronto conducted by Banting and his assistant, Charles Best, and the revival of a diabetic dog in coma, to the day when Banting's boyhood friend, Dr. Gilchrist, himself a diabetic, is given insulin and the treatment proves successful.

Dramatized presentation of the discovery of insulin. For educational showing as an historical document. Recommended, although it contains some historical inaccuracies.

* * *

A THIRTY-SIX WEEKS BEHAVIOR DAY

(1935) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

Produced in collaboration with Dr. Arnold Gesell, Director Yale, Clinic of Child Development. The domestic day of a 36-weeks boy who sleeps eighteen hours out of the twenty-four is described and illustrated, and his responses to the ministrations of his mother and father are commented upon. Types of play, behavior in the bath, beginning of self-feeding and the first successful creeping efforts ever observed in this child are shown. The child is the one previously studied at twelve weeks, and the film reveals his progress after 24 weeks of growth. The film is narrated by Dr. Gesell.

Illustrates the reactions of a 36-weeks infant to his parents' ministrations during the domestic day. Subject matter is clearly presented and up-to-date. Valuable to any group studying or interested in child psychology or child training - nurses, medical students, university psychology classes, nursery school groups, parent audiences, etc. Recommended.

* * *

THIS IS T. B.

(1946) Sound B & W 10 minutes
NTBA \$15. Service Charge: \$1.00

Some essential facts about tuberculosis, its nature, cause, spread, cure and prevention. The film is divided into five chapters. The first, *What is T. B.?*, shows that the disease respects no class, race or age group that it thrives in ignorance and strikes without warning. Chapter 2, *What Causes T. B.?*, shows us the tubercle bacillus. Chapter 3, *How You Get T. B.*, describes a number of common ways of passing and receiving infection, while Chapter 4, *How Can It Be Found - And Cured?* stresses the importance of chest x-rays and prompt sanatorium treatment. Chapter 5, *How To Avoid T. B.* emphasizes that everyone should have a chest x-ray at least once a year (Note: A filmstrip, *T. B. FACTS*, designed to accompany this film is available when requested.)

Technically very well done. Criticisms: It is very short; it does not lay a great deal of emphasis on the important age groups in which T. B. is found; there is some question as to whether it puts the matter of infection so strongly as to raise apprehension rather than instant concern. Suitable, however, for any audience as an introduction to the subject. Recommended.

* * *

THIS TOWN IS OURS

(1943) Sound B & W 23 minutes
SdeCP apply. Service Charge: \$2.00

Produced for the Quebec Ministry of Health by Associated screen studios, this film illustrates the value and the principal activities of a health unit. It makes a strong case for the organization of health units where they are lacking and for the better utilization of existing units. A number of examples of the work of a health unit are shown: tracing the source of a diphtheria infection and immunization to prevent an epidemic; similar avoidance of outbreaks of dysentery and typhoid; pre-natal, T. B., V. D., and dental clinics; school health services. (Also available in French - *NOTRE VILLE NOUS APPARTIENT* - from Service de Ciné-Photographie, Québec, P. Q.)

A film dealing with the health unit in Louiseville, Quebec. This is a useful film, particularly for circulation to small communities, and is recommended.

* * *

TIME IS LIFE

(1946) Sound B & W 16 minutes
ACS \$20. Service Charge: \$2.00

This cancer education film portrays the work of the women's field army of the American cancer society, and presents factual information about cancer through the story of a young housewife who suspects that she has cancer. Her unreasoning fear, and the lack of knowledge upon which it is based, are dramatically portrayed. However, a visit to the local branch of the American Cancer Society results in factual answers to her questions, an immediate visit to her family physician, a biopsy diagnosis — and a verdict of "no cancer". Through her talks with the doctor we are informed of the danger signs which may indicate early cancer, of the nature of cancer and how, untreated, it may spread throughout the body, of the nature of a biopsy diagnosis, and of the various methods by which cancer may be successfully treated.

Aim: To inform public of importance of early treatment in cancer, of danger signals indicating need for consulting doctor, of procedure on investigation of suspected cancer, of part played by Cancer Society and how the public can help: Dramatic treatment - - following mood of young housewife who suspects she has cancer of breast. Suitable for general adult audiences. Danger in this type of film is in effect upon the neurotically inclined. However, it is a good film and the education of the general public will be served by its use. Showing of it might well be accompanied by literature on indications for consulting doctor and on Canadian Cancer Society's function (as this is an American film). Recommended.

* * *

TIME OUT

(1947) Sound B & W 26 minutes
NTBA \$35. Service Charge: \$3.00

Presents the problem, shows the cure, and seeks to break down the fears of those who should undergo sanatorium treatment for tuberculosis. Larry Scott, young newspaper reporter, learns during a mass x-ray survey that he has T.B. His employer and his fiancée persuade him that he can be cured at a sanatorium, but Larry is a most unwilling patient. At the sanatorium he does not do well until, as a result of a dream, he comes to a realization that he has been mentally combatting many non-existent or trivial fears and worries and has not been cooperating in the fight against his T. B. with the sound help of members of the sanatorium staff, he settles down to make his "time out" from everyday life pay dividends in an early return to his job and his fiancée. (Note: A silent filmstrip, highlighting the main points of the film, entitled *ME vs TB* is available when requested.)

This film is excellently done and appears to have real value in emphasizing the efficacy of sanatorium treatment in tuberculosis. The effect on the individual of a sudden diagnosis of tuberculosis, with its attendant mental depression and other adverse mental aspects, the manner in which these are overcome, and the ultimate success of the sanatorium treatment program, are all well presented. Recommended.

* * *

TO LIVE IN DARKNESS

(1944) Sound B & W 13 minutes
UWF apply. Service Charge: \$1.00

Produced for the U. S. Navy, this film tells the stories of three industrial workers who lost their eyesight through carelessness in "forgetting", for a few minutes, to wear their safety goggles. The

film shows simply and dramatically how such "accidents" occur, and stresses what it means to live in darkness.

*Industrial safety film, advocating protection of eyesight by wearing goggles.
Recommended.*

* * *

TOLD BY A TOOTH

(1939) Sound B & W 10 minutes
NMPC \$45. Service Charge: \$1.00

Deals with the four points of a balanced dental hygiene program. Stresses proper nutrition, exercise of the teeth and gums, correct use of the toothbrush, and periodic visits to the dentist. The film is designed primarily for use with young children - - an animated tooth character tells the story.

While some of the statements in this film are, to say the least, questionable, it is presented in a way which would probably appeal to children, and is recommended for showing to young children only.

* * *

TOMMY'S DAY

(1946) Sound B & W 15 minutes
YAF \$60. Service Charge: \$2.00

Through a day in the life of a six-year old, good health habits and daily routines are demonstrated. Tidiness and personal cleanliness are stressed, dental care is particularly emphasized, with Tommy's first loose tooth providing a slight thread of suspense through the story. Good nutrition rules are discussed. We see Tommy at school, playing at recess, and with his sister, Peggy. A pleasant relationship between Tommy and his parents is indicated. The film reiterates habits of cleanliness and dental hygiene in conclusion, with the coming out of Tommy's tooth providing a climax.

This is a child health film, and is recommended for use with elementary school children.

* * *

TOPIC TODAY

(1949) Sound Color 11 minutes
Texas \$80. Service Charge: \$1.50

This film deals with the need for coordination of all community resources in the control of venereal disease, especially with reference to the underlying social causes of high V. D. rates. After sequences emphasizing that family, individual and community health is the concern of all, indicating conditions responsible for the high venereal disease rate, pointing to the results of failure to face facts regarding V. D., and showing unfavorable social conditions within a community, the film tells how one community in Texas developed a continuing program for better health conditions and reviews the results achieved by this over-all planning.

This is a very brief portrayal of general community effort in the control of venereal disease, emphasizing social prophylaxis. The choice of subject matter and the visual presentation are good, but the treatment of the subject is very

general and rather too brief. This film would seem to have limited appeal only to adult community groups, where it may be useful as a starting point for discussion of the problem. Recommended.

* * *

TOWARD INDEPENDENCE

(1947) Sound B & W 30 minutes
UWF \$44. Service Charge: \$3.00

Produced by the U.S. War Department, this is the step-by-step account of how George, a helpless paraplegic, learned to get around by himself, so that he could resume a fairly normal life in spite of his disability. After noting what can be done for the paraplegic by physiotherapy, exercise, heat and massage, the film explains that the benefits of objective medicine are limited by the patient's own mental attitude, George, who had given himself up to despair, is inspired by the achievement of Ray, a worse case, and finds a new joy and pride in each stage of his own progress from a complete invalid to an independent, happy, working man. We see George learning to sit up, get into his wheelchair, walk on crutches, open doors, climb stairs and get into a car, each exercise in the process being demonstrated and explained. Final scenes show George and Ray established successfully in jobs where their disability is no handicap.

This is an outline of the steps in the rehabilitation of a paraplegic, with emphasis upon the development of a positive attitude on the part of the patient. It is a good film in every respect, technically up-to-date and accurate. The film is suitable for showing to all interested adult audiences, particularly patients, their relatives and friends. Recommended.

* * *

TRAIL TO HEALTH

(1947) Sound Color 20 minutes
USDI \$80. Service Charge: \$3.00

This film tells the story of Bart, a young American Indian whose tuberculosis is discovered in a routine chest x-ray survey, and who goes to a sanatorium for treatment. The course of treatment in the sanatorium is described and illustrated, and the attitude of Bart is contrasted with that of Mac, another Indian, who refuses to remain in the sanatorium and leaves, only to return later — a sick man with advanced T.B. — and to meet Bart on his way home, cured.

Aimed at Indians in the United States, this film gives information about the dangers of tuberculosis and the steps to be taken by the individual to combat it, with emphasis on sanatorium treatment. The film is up-to-date and technically accurate. The subject is well treated in a simple and practical manner. It is suitable for all Indian audiences, both child and adult, with proper explanation of differences between U.S. and Canadian methods of handling the problem. Recommended.

* * *

THE TRAINING TABLE

(1943) Sound Color 24 minutes
ASN apply. Service Charge: \$3.00

Deals specifically with the Royal Canadian Air Force ration, how it is planned, prepared and served, and the value of each particular dish when translated into terms of health and fighting efficiency. Comparing the human body to an aircraft, the film draws a parallel between the various nutrients and the materials a plane requires to operate efficiently; the roles of the several types

of food are explained in terms of what each does for the body. Final scenes show how poor meals can be made nutritionally adequate by the addition of foods containing the missing elements.

A color film, prepared for the R.C.A.F. Concerned primarily with the Air Force ration, the film serves to teach the value of each particular item on the ration in a very attractive manner. Although this is one of the finest nutrition films ever made, it places emphasis on certain controversial points such as the significance of riboflavin in the development of arteries in the cornea. In spite of this, it is recommended for general showing.

* * *

THE TRAITOR WITHIN

(1947) Sound Color 10 minutes
ACS \$45. Service Charge: \$1.50

This is a cartoon film portraying the nature of cancer. The body cells are represented as workmen busily and cooperatively engaged in their specific jobs, multiplying only when necessary to replace dead cells; cancer cells are shown as beginning from a normal cell that has undergone an unknown change which causes it to grow, multiply and spread rapidly, overpowering the normal body cells. Throughout the film the need for early diagnosis and treatment is emphasized, and the three recognized methods of treatment are indicated. The film closes by describing the "danger signals" to be watched for, and by urging that when they appear competent medical advice be obtained without delay. (Also available in French: *LE SABOTEUR*.)

This is an animated film depicting the nature of the cancer cell division process and the need for early detection and adequate treatment. The music and action are lively, and the film is recommended for the following reasons: (a) The theme is arresting and the dangers of delay are brought home with repetitive emphasis, (b) It is a short film which can be used with other health material. (c) The absence of human figures makes the subject less morbid and perhaps for that reason less personal. (d) The villain is not the cancer victim but the vicious cancer cells.

* * *

TRIUMPH OVER DEAFNESS

(1947) Sound B & W 21 minutes
COI \$55. Service Charge: \$2.00

This is a short version of the five-reel film entitled *EDUCATION OF THE DEAF*. It deals with the methods by which deaf and partially deaf children are taught to lip-read and to speak. The chief locale of the film is the Manchester Nursery School for the Deaf in the United Kingdom. The film describes the psychological effects of deafness, the examination of patients, the procedures used in training children to lip-read and to speak, and the academic and vocational training received by older children. This film is suggested for general audience showing, while the five-reel version is more suitable for audiences directly interested in the techniques involved.

Aim: To inform public of importance of hard-of-hearing children receiving special instruction in speech and school subjects. Suitable for general adult audiences. Subject adequately treated; shows methods of instruction used in special residential schools for children up to 7, and from 7 up to adolescence. This film is a condensation of an earlier film and is a much better one for general audiences. Recommended.

* * *

TUBERCULOSIS

(1944) Sound Color 10 minutes
USEmb. apply. Service Charge: \$1.50

One of the "Health for the Americas" series, produced by Walt Disney for the Institute of Inter American Affairs of the U.S. Government. Explains the nature of T.B. and shows simple and practical measures of isolation and cure. First we see how T.B. microbes eat away the lungs just as attacking insects eat away a leaf. Tuberculosis is highly contagious, as the story of Marie demonstrates. We learn how Marie contracts the disease from her mother; animation reveals how bacteria from the mother's lungs, released on the air, are breathed in by the daughter. When Marie begins to feel weak, to cough and to lose her appetite, her husband takes her to a doctor and tests reveal that she has tuberculosis. Now of prime importance is preventing Marie from giving the disease to anyone else. She goes to bed in an isolated, well-ventilated room; a neighbor undertakes to cook for her family. Her dishes and clothes receive special treatment, and while she spends the long months of rest which will be her only cure she has a special diet which includes plenty of vegetables. Only after Marie is completely cured will she rejoin her family, her friends and neighbors. (*Also available in French: LA TUBERCULOSE.*)

The story of your lungs and their enemy, tuberculosis. This is a very good educational film for children and for Indians. While many of the actual details are not applicable to this country, the principles shown are sound and could form very useful background for talks and discussions by school teachers and group leaders in less organized communities. Its value would depend on translation of these principles, expressed in terms of local application. Recommended.

* * *

TUBERCULOSIS, ITS DIAGNOSIS, TREATMENT AND CONTROL

(1941) Sound B & W 11 minutes
N.A. Service Charge: \$1.00

Through the story of a tuberculous girl, information on the transmission, pathology, diagnosis and treatment of the disease is presented. Processes of primary infection and reinfection of the lungs are shown by animation, and tuberculin testing and x-ray examinations are demonstrated along with sanatorium treatment, including pneumothorax. (*Also available in French: LA TUBERCULOSE PULMONAIRE.*)

Recommended for all audiences.

* * *

TUBERCULOSIS (Revised Edition)

(1951) Sound B & W 10 minutes
EBF \$55. Service Charge: \$1.00

This is a revised version of the 1941 film, TUBERCULOSIS, ITS DIAGNOSIS, TREATMENT AND CONTROL. It presents information on the transmission, diagnosis, pathology and treatment of TB, points to tuberculosis as a national problem and calls for organized public effort in its control. Taking the case of Mary Smith, who contracted TB through exposure to her aunt's fairly advanced case, the film presents aspects of diagnosis, treatment and prevention. In Mary's sanatorium treatment the importance of rest, fresh air and nourishing food is stressed, whereas the aunt receives pneumothorax treatment. X-ray photographs and animation illustrate lung structure and how infec-

fection begins and progresses. Mobile x-ray units for school, factory or community are urged, as well as regular check-ups by the family physician.

In this presentation of basic facts about the nature and treatment of TB, the subject matter and film treatment are good throughout, with technical content up-to-date and accurate. It should be useful as a teaching aid in high schools and for special interest groups such as Home & School associations, study groups, industrial groups, sanatoria patients, etc., and is also suitable for general audiences, with accompanying speaker. Recommended.

* * *

TWINS ARE INDIVIDUALS

(1946) Silent B & W 16 minutes
EBF \$24. Service Charge: 50¢

Produced at the Clinic of Child Development, Yale University (Dr. Arnold Gesell). Identical twins, derived from the same egg, are remarkably similar in appearance and behavior. Each, however, is an individual and definite differences appear in infancy. The film shows two such identical twins at the ages of twenty-eight weeks, fourteen, eighteen and twenty-one months, two years, two-and-three-quarter years, twelve years, and thirteen years four months, pointing out first the physical and behavioral similarities, and then, at approximately the same ages, showing their differing personal-social characteristics and motor and adaptive behavior patterns. Each is shown to have her own unique and characteristic individualities.

This film is of great interest from public education and scientific viewpoints. Recommended.

* * *

TWIXT THE CUP AND THE LIP

(1940) Sound B & W 22 minutes
NYH \$35. Service Charge: \$2.00

Describes unsatisfactory conditions in the handling of cooking, eating and drinking utensils. Gives detailed information on approved methods of handling food, cleaning glasses and dishes, etc. Means of complying with local regulations are indicated. The story concerns a drive to clean up a town's restaurants, sparked by the MOH whose daughter became ill after eating at an unsanitary establishment. We follow the sanitary inspector on his rounds, as he discovers poor conditions and takes steps to have them remedied.

An American film which is generally good, and which would be useful for general showing in Canada to interested groups such as restaurant proprietors and employees, sanitary inspectors, etc.

* * *

THE UNADULTERATED TRUTH

(1950) Sound B & W 21 minutes
NFB \$40. Service Charge: \$2.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. Perfect confidence in the safety of food and drugs sold in Canada is made possible by the vigilance of scientists of the Department of National Health and Welfare. The "good" old days, when the gullible public had no defense against adulterated foods or wild claims for patent medicines, are contrasted with the present state of things when such goods must pass strict tests in government laboratories. Inspectors of the Food and Drug Divisions are shown at work checking advertisements and collecting samples of products from the public market and at ports of entry for testing. Work with rabbits and white rats illustrates aspects of research on safe cosmetics and drugs. (*Also available in French: LA VÉRITÉ PURE ET SIMPLE.*) (*This is a longer version of the film entitled WHAT'S UNDER THE LABEL?*)

Deals with the activities of the Food and Drug Divisions of the Department of National Health and Welfare in protecting the public against contamination and misrepresentation in food and drug products. This is a good film in every respect, tells its story clearly and with some humorous sequences, and is suitable for all general audiences, child and adult, as well as for use in schools and colleges. Recommended.

* * *

THE UNDEFEATED

(1950) Sound B & W 36 minutes
COI \$85. Service Charge: \$3.00

The story of Joe Anderson, young glider pilot who lost both his legs and his power of speech during World War II, and how, through courage and endurance and with the help of others he was able to become an active and useful member of the community once more. At Queen Mary's Hospital, Roehampton, we follow Joe's rehabilitation as he and other amputees learn to use artificial limbs and to face the conditions they will be likely to meet in the outside world. Through it all, Joe is unable to speak, having suffered a severe emotional shock at the time his glider crashed. In time, he returns home with his wife and soon, with the help of a Ministry of Pensions Welfare officer, he obtains a job. The climax of the film comes when, through the understanding efforts of a Ministry doctor, he regains his speech.

This is a very moving film, dealing with the physical and emotional rehabilitation of a war casualty who suffered loss of both legs and power of speech, and showing something of the work of the U.K. Ministry of Pensions. The film is informative and at the same time full of human interest and humorous touches which add to its impact. It is recommended for general adult audiences as well as for special interest groups such as veterans, social workers, rehabilitation officers, nurses, medical students and the profession generally. Recommended.

* * *

UNDERSTANDING CHILDREN'S PLAY

(1948) Sound B & W 11 minutes
EFLA \$35. Service Charge: \$1.00

Produced by the Caroline Zachry Institute of Human Development, New York City, this film develops the thesis that each child uses toys and play materials according to his individual abilities and

needs, and that in his play he reveals his interpretation of his world and his often conflicting feelings about it. By carefully observing each child as he plays we gain insight and understanding which can enable us to help him to grow and to meet his problems more effectively. The film shows four-and-five-year-old boys and girls using a variety of play materials — blocks, paintbrush, crayons, clay, a tub of water, nail and hammer, finger paints, miniature toys, and materials in a nursery school "housekeeping corner". The value and significance of their manipulations of each kind of play material are indicated.

Indicates how, through observing children at play, one may obtain insight into their personality development and better understand their needs. This is a good film in every respect, up-to-date and accurate. It will be suitable for all audiences interested in child psychology and child training, parent groups, Home and School and PTA groups particularly as a discussion springboard. Recommended.

* * *

UNSUSPECTED

(1951) Sound B & W 16 minutes
NTBA \$66. Service Charge: \$1.50

The story of Jim Walsh, farmer, his wife Mary and their three young children, and how with the aid of Linda Thorpe, public health nurse, they deal with the emergency of Mary's tuberculosis. On a routine visit to the Walshes' farm home, Nurse Thorpe learns that Mrs. Walsh is pregnant and persuades her to see a doctor. The medical examination reveals the hitherto unsuspected fact that Mary Walsh has early TB. The film shows how with the help of Linda Thorpe the community marshals its resources in the Walshes' behalf. The health department, public assistance services, the tuberculosis association and other agencies all do their share to make it possible for Jim Walsh to carry on while Mary is in hospital for the complete bed rest which will cure her illness.

A tuberculosis control film portraying the role of the public health nurse and joint community effort in the fight against this disease. A very good film, up-to-date and accurate, which should be suitable for general adult and young people's audiences anywhere. The farm setting, however, makes it especially useful for rural groups. It will also have interest for public health and social workers, and for community organizations such as Women's Institutes, service clubs, etc. A criticism might be the choice of an expectant mother as the case for illustration; there is no mention of the probable need for prolonged care after the birth. There is no mention of BCG for protection of the other children in the family. Recommended.

* * *

V-MEN

(1941) Sound B & W 17 minutes
West. apply. Service Charge: \$2.00

A film on vitamins in general and on vegetable cooking in particular. A biochemist lectures on vitamins and the film shows how elaborate experiments have been conducted to determine the influence of various cooking methods on the preservation of vitamins and minerals in vegetables. Proper methods of cooking are demonstrated.

This is a sensible film about foods and health, vitamins and their preservation in cooking. Stresses the point that foods are the best sources of all necessary vitamins. A good film for use in this country, except for the very United States introduction. It is recommended.

* * *

VANDALS OF THE NIGHT

(1943) Sound Color 20 minutes
USDI \$75. Service Charge: \$3.00

This film is in two parts, the first dealing particularly with urban rat control, and the second with rural rat control. The habits and habitat of rats and the damage they do, both from an economic and a health standpoint, are shown. Methods of destroying rats are demonstrated.

This is a good, practical film and is recommended for any interested group.

* * *

VERY DANGEROUS

(1945) Sound Color 18 minutes
NFB \$119. (color) \$34. (B & W) Service Charge: \$3.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. The film is designed for *male audiences only*. In an informal lecture, a doctor gives information on the extent, transmission, symptoms and treatment of syphilis and gonorrhea. Animated diagrams illustrate the male anatomy and the course of infection. Clinical photography show primary lesions. The value of blood tests and of early and proper treatment is emphasized. Through co-operation with health authorities, and with knowledge and prompt treatment these very dangerous venereal diseases can be wiped out. (*Also available in French: PRÉVENIR, C'EST GUÉRIR.*) (*Note: Borrowers of this film should apply first to their provincial Department of Health.*) (*See also film for female audiences, entitled SIXTEEN TO TWENTY-SIX.*)

Canadian venereal disease control film, with the late Dr. J. J. Heagerty speaking. Good for male audiences of high school age or over. One or two scenes of male genital lesions make the film unsuitable for mixed audiences. Recommended.

* * *

VICTORIAN ORDER OF NURSES FOR CANADA

(1945) Sound B & W 5 minutes
NFB apply. Service Charge: 50¢

Produced for the Victorian Order by the National Film Board of Canada, this film describes the work of the V. O. N., showing prenatal and postnatal home visits, care of the sick and injured

in the home under doctor's direction, instruction of housewives in home nursing fundamentals, etc. Outlines the training of the Victorian Order nurse, with emphasis on her ability to improvise and to instruct, and indicates the important role she plays in the health of the community. (*Also available in French: LA PETITE INFIRMIÈRE.*)

Aim: To inform public of the work of the Victorian Order. Suitable for general public showings. Recommended.

* * *

VITAMIN D (Revised)

(1948) Sound B & W 4 minutes
NFB \$8. Service Charge: 50¢

Produced for the Department of National Health and Welfare by the National Film Board of Canada, and revised from the 1943 production, VITAMINS A, B₁, C & D. A film to show the source and the benefits of this important vitamin. Relating to vitamin-rich diet the ability to take part in such sports as skiing, the film explains the necessity of Vitamin D in building strong, straightbones that can withstand an occasional tumble. The sun is the best source of this vitamin, but clothes, smoke, even sun-tan prevent us getting all we need. The next best source is fish-liver oil, so wise mothers give their children the oil every day until they are sixteen years old. (*Also available in French: VITAMINE D.*)

Excellent, except for final statement - - "fish-liver oil is the only dependable source of Vitamin D."

* * *

VITAMINS A, B₁, C & D

(1943) Sound B & W 16 minutes
NFB.N.A. Service Charge: \$2.00

Four short films, four minutes each, dealing with the main vitamin groups, telling what foods contain them and why they are necessary to health. Relating swimming, diving, skiing and other activities to vitamin-rich diet, the series shows that children's ability to take part in such sports depends largely on the food they eat. Scientific experiments add extra emphasis to each point. (*Also available in French: LES VITAMINES A, B₁, C & D.*)

Four films briefly indicating some human and some animal reasons for eating certain foods containing extra vitamins. If you are going to talk about vitamins these are good.

* * *

THE WALKING MACHINE

(1949) Sound B & W 14 minutes
AFCI \$20. Service Charge: \$1.50

A review of the principles of foot care, with emphasis on the importance of proper choice and fitting of shoes. The film tells us that one person out of every three has some form of foot trouble. Some of the causes are indicated -- the wrong kind of shoes being the most important single factor -- and conditions such as athlete's foot, corns and callouses, bunions or hammertoes, sprained ankles, broken toes, warts, ingrown toenails and ringworm are briefly illustrated, with hints on their prevention and treatment. Exercises to strengthen the feet are illustrated, and the film discusses in some detail the importance of proper shoes, indicating the several factors to be considered when purchasing shoes. The need for particular care in the choice and fitting of children's shoes is stressed.

This film deals with the importance, from infancy, of proper care and exercise and proper fitting shoes in maintaining the feet in good condition and in protecting the individual's general health. Although the approach could have been more natural, the choice and treatment of the subject matter are considered fairly good. There are, however, several criticisms of the technical content: (1) Sequences dealing with treatment are rather unnecessary: (2) Treatment by podiatrists or chiropodists of sprained ankles and fractured toes is questionable, and the methods shown are inadequate: (3) There are many aspects of foot care, such as choice and care of sox, rubbers and galoshes, care of wet feet, cuts and blisters, etc., which are not dealt with and which might well have been included: (4) Emphasises leather soles only and makes no mention of other materials. This is nevertheless a suitable film for general audiences of adults and older children until a more satisfactory one becomes available. It will be of particular interest to shoe manufacturers and sales clerks. Recommended.

* * *

WATER FOR MONTREALERS

(1948) Sound Color 16 minutes
Crawley \$95. Service Charge: \$3.00

How the water from the St. Lawrence River is filtered, purified and supplied to the people of Montreal. Intake pumps draw water from the bottom of the river and it begins its progress through canals into filters. Chlorine is added to eliminate bacteria; samples of water are constantly checked by laboratory tests. Finally the flow reaches the pumping stations where distribution to the different levels of the city begins of 160,000,000 gallons a day. How the filters are cleaned, how the various tests are made, and the effect of these measures on the incidence of typhoid are described. A diagram sums up the whole journey of the water from St. Lawrence to bathroom tap. (Note: Available in French from the Division of Public Works, City of Montreal, P.Q.)

A good color film illustrating the settling, slow filtration, chlorination and pumping of water to the different levels and areas of a large metropolitan area. It is to be regretted that the otherwise excellent film is marred at one point when the commentary refers to typhus when typhoid is meant. The film is suitable for showing to all interested groups, and is recommended.

* * *

WATER, FRIEND OR ENEMY

(1943) Sound Color 10 minutes
USEmb apply. Service Charge: \$1.50

A Walt Disney cartoon, produced for the Office of Inter-American Affairs, on unsafe and safe water supplies. Depicts the dangers and sources of contamination, and illustrates methods of safeguarding spring and well water, as well as emphasizing the need to purify water by boiling in all instances where the source is suspect. (Also available in French: *L'EAU: ELIXIR DE VIE OU BREUVAGE DE MORT.*)

Recommended highly for showing to any audience of adults or children.

* * *

THE WAY TO A MAN'S HEART

(1944) Sound B & W 33 minutes
NLSMB \$65. Service Charge: \$3.00

This film covers the fundamentals of good nutrition and tells the story of foods and the part each plays in the balanced diet. Included is a meat cooking lesson which shows, by demonstration, the advantages of low temperature cooking in all meat preparation, regardless of the method used. The information is presented through the story of a young girl in her senior year at college, who takes a position in the home of a young professor. She attends classes in nutrition and experimental cookery, becomes a first-class cook, and wins the heart of the young professor. Emphasis throughout is on the nutritional value of meat, and the film closes with a color sequence showing a few of the menus the heroine prepares, each one centered around a perfectly prepared meat dish.

Produced by the National Live Stock and Meat Board, Chicago. An excellent film on nutrition. Recommended.

* * *

WE SEE THEM THROUGH

(1948) Sound B & W 20 minutes
IFB \$60. Service Charge: \$2.00

Produced by Southern Educational Film Production Service Inc., for the Virginia State Department of Health. The fight against rheumatic fever, particularly as carried out in Rhode Island. The early symptoms of rheumatic fever, and its two main stages -- the acute and the subacute -- are described, with emphasis on the need for expert medical and nursing care during the acute stage and for a lengthy period of convalescence during the subacute stage. The U.S. Children's Bureau program to assist state health agencies in the fight against rheumatic fever is outlined, and the film illustrates in detail the Rhode Island program. A typical case is followed in detail from diagnosis by the family physician, through hospital treatment during the acute stage and prolonged care during the subacute stage at the Crawford Allan convalescent home, until the boy returns home. (Also available in French: *ILS SOURIENT A NOUVEAU.*)

Deals with the problem of rheumatic fever, emphasizing the necessity of adequate care and showing a well-planned treatment program in action. The film is accurate and up-to-date, and the portrayal of the subject is good throughout. It is a suitable film for presentation to all adult groups, particularly parents and community organizations. The treatment is such that it will also be of interest to professional groups -- doctors, nurses and health and welfare workers. Recommended.

* * *

WHAT IS DISEASE?

(1944) Sound Color 11 minutes
USEmb. apply. Service Charge: \$1.50

One of the "Health for the Americas" series, produced by Walt Disney for the Institute of Inter-American Affairs of the U.S. Government. An introduction to microscopic life as the key to an understanding of the spread of the disease by bacteria, and of preventing their entry into the body. By the analogy of beetles boring into a tree we see how tiny microbes can cause harm to the body. We learn how flies carry microbes and deposit them on uncovered food; how they enter the intestines of a man and make him sick; how if he leaves his germ-laden waste in the field, flies will gather more bacteria and continue the vicious circle. We see how some microbes may be airborne in an unventilated room; how the mosquito carries the parasite of malaria. Man must attack his worst enemy, disease, by building a latrine, by keeping food covered, by ensuring protection from mosquitoes, by boiling water and by washing hands well. (*Also available in French: QU'EST-CE QUE LA MALADIE?*)

Shows disease as man's worst enemy, the transmission of microbes by flies, etc., and methods of attacking microbes. This is excellent educational background material which would be very useful for children in Canada, in unorganized areas, and for Indians. While many of the actual details are not applicable to this country, the principles shown are sound and could form very useful background for talks and discussion by school teachers and group leaders in less organized communities. Its value would depend on translation of these principles, expressed in terms of local application. Recommended.

* * *

WHAT MAKES US GROW?

(1943) Sound B & W 9 minutes
NFB \$17. Service Charge: \$1.00

A discussion of child nutrition and of the importance of well-balanced meals to health and growth. Designed for youthful audiences, the film shows experiments with white rats to provide a simple illustration of the serious consequence of vitamin deficiencies, and indicates the body-building and protective foods which should be included in a well-balanced diet. (*Also available in French: COMMENT GRANDIR?*)

Although containing one or two minor technical flaws, this film is useful, particularly for children, to indicate that minerals and proteins are the "body builders, to show the role of vitamins, and to suggest food sources. Recommended.

* * *

WHAT'S ON YOUR MIND?

(1947) Sound B & W 11 minutes
NFB \$21. Service Charge: \$1.00

Produced by the National Film Board of Canada in cooperation with the Department of National Health and Welfare, this film indicates some of the ill effects of today's frightening realities on mental health, and describes the progress scientists are making in the treatment of mental and emotional disorders. The strain of modern life with its complex problems tells heavily upon mental health, and millions try to solve their difficulties by the advice of quacks. Meanwhile, psychiatry is providing genuine help and a cure for many mental ills. Various diagnostic and treatment procedures

used by psychiatrists are shown and, on the preventive side, the importance of proper mental and emotional development during childhood is discussed.

Aim: In view of the wide interest in psychological and psychiatric matters, to inform the public of the fact that scientific study of treatment and prevention of mental ills is proceeding in Canada as elsewhere in the world. Suitable for general audiences. Entertainment value is considerable. Recommended.

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WHAT'S UNDER THE LABEL?

(1949) Sound B & W 11 minutes
NFB \$21. Service Charge: \$1.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada, and released theatrically in the Canada Carries On series. Precautions taken to safeguard the food and drugs sold in Canada. The old-time quack, with his sure cure for everything from heart trouble to falling hair, has been run out of business by Canada's pure food and drug laws. This is the story of how these laws are enforced -- the checking of food in retail stores, testing in government laboratories, destruction of faulty products. With new foods and drugs coming on the market daily, the film reminds us, this constant vigilance is essential for the protection of the Canadian consumer. (Also available in French: *DERRIÈRE UNE ÉTIQUETTE*.) (Shorter version of the film entitled *THE UNADULTERATED TRUTH*.)

This film deals with activities of the Food and Drug Divisions of the Department of National Health and Welfare in protecting the public against contamination and misrepresentation in food and drug products. It is a very good film, suitable for all general audiences, child and adult. Recommended.

* * *

WHEN DO WE EAT?

(1944) Sound B & W 21 minutes
NFB apply. Service Charge: \$2.00

This film explains what the industrial worker should eat during a working day in order to keep up maximum strength and energy. Loss of working time in relation to poor nutrition is discussed, and factory cafeterias are shown as one solution to the problem. (Also available in French: *LA SOUPE EST CHAUDE*.)

Gives good information on balanced diet and is useful for general audiences, particularly industrial groups.

* * *

WHITE FORTRESS

(1949) Sound B & W 10 minutes
NFB \$19. Service Charge: \$1.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada, and released theatrically in the Canada Carries On series. A glimpse of what Canada's National Health Program means in terms of human life and happiness. We meet Alice, who suspects she may have cancer, Lucille, a crippled child, and Otis, who lives too far from a doctor to find out what causes his many pains. To these people the Health Program provides the means of investigating their

troubles and, when necessary, it helps with treatment. Alice's relief at being freed from the fear of cancer, Lucille's joy at the hope of walking, and Otis' revival under proper psychiatric care are evidence of the Program's vital contribution to the nation's well-being. (*Also available in French: LA FORTERESSE BLANCHE.*)

An outline of the extension of health and hospital services being effected through Canada's National Health Program. In all respects this is a very good film, suitable for general audiences and a particularly useful tool in the hands of public health workers. Recommended.

* * *

WHY TAKE CHANCES?

(1952) Sound B & W 10 minutes
A & F \$55. Service Charge: \$1.50

Jimmy is always having accidents — so this film illustrates for him, and for the audience, a number of safety rules: watch where you're going, then you won't bump into things; beware of nails and other sharp objects when barefoot; don't approach a strange dog suddenly or when he's eating; don't dig caves that can collapse and trap you; don't hang around construction jobs or open man-holes; don't hide in old iceboxes; fly your kite in an open field, away from power lines; don't climb power poles. In conclusion, cartoons briefly recapitulate the rules.

Deals with accidents hazards which may be encountered by children, and their prevention. This is a good film, although somewhat negative in its approach. Some good points are made, and the film should interest children in the 6-to-12-year age group. Recommended.

* * *

WHY WON'T TOMMY EAT?

(1948) Sound Color 17 minutes
NFB \$112. (color) \$32. (B & W) Service Charge: \$3.00

Produced by Crawley Films Limited for the National Film Board of Canada and the Department of National Health and Welfare. Deals with the problem of children who won't eat and what can be done about it. Tommy should be hungry but we see him just picking at his food. Going back to early babyhood, the film traces in detail how eating habits are formed. We see how individual likes and dislikes must be taken into consideration, and that the worst habit of all is the permanent battle over food. After this analysis we find Tommy still sitting by his well-filled plate. In despair his mother takes him to the doctor, who explains that she is really the problem. She realizes that she has been tense, impatient with Tommy from the start. Now it will take painstaking care to build a new atmosphere of cooperation and friendliness, to learn understanding of Tommy's personal requirements at mealtimes, and all the time. (*Also available in French: JEAN REFUSE DE MANGER POURQUOI?*)

Dealing with the problem of children who won't eat, this film discusses, in an interesting manner, factors behind lack of interest in food. It traces the development of eating habits from babyhood and makes suggestions for dealing with childish likes and dislikes and attitudes at meals. Both pediatricians and psychiatrists have praised this picture, which should be valuable to parent groups, social workers, nurses and others who are frequently called upon to discuss the problems with which it deals. Recommended.

* * *

WITH THESE WEAPONS

(1939) Sound B & W 11 minutes
ASHA apply. Service Charge: \$1.00

Opens with a dramatization of the discoveries that made the control of syphilis possible. Gives facts about syphilis and its relation to personal, family and community health. Points dealt with include: spread of the disease; need for early diagnosis and treatment; curability of the disease; blood tests; economic damage; responsibility of government, community and individual.

Produced several years ago, but modern in approach. Deals largely with syphilis control, and is a useful introductory film for all audiences of high school age or over. Suitable for mixed groups.

* * *

WONDER ENGINE OF THE BODY (The human Heart)

(1951) Sound B & W 12 minutes
Bray \$50. Service Charge: \$1.00

This film dramatizes visually the remarkable amount of work energy and endurance required of the human heart as it functions throughout a lifetime. We learn such facts as that 9 to 10 tons of blood are pumped daily through thousands of miles of blood vessels. Explanations of the heart's rest intervals between beats, of variations in the pulse rate and how the doctor can judge the condition of the heart and determine blood pressure are given. The nature of the heart disease known as coronary sclerosis is described, with emphasis on the need for complete rest after a coronary thrombosis attack. Other conditions which throw added strain on the heart are indicated.

Deals with the human heart, emphasizing (a) the tremendous amount of work done by this organ, and (b) the nature and development of coronary heart disease. This is a good film from the standpoints of choice and treatment of the subject; it gives clear explanations of heart action, blood circulation and coronary sclerosis. The film is considered to be suitable for any interested adult audience and for use in senior elementary and high schools and in schools of nursing as a teaching aid. Recommended.

* * *

THE WORK OF THE KIDNEYS

(1940) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

Animated diagrams, together with laboratory demonstrations, describe the renal systems. Animation shows the structure of the kidneys, arteries, veins, ureters, bladder and urethra, and of a kidney unit, illustrating the filtration process of the glomerular membrane in removing urea and waste products from the blood. The relation of blood pressure to urine flow, and the rate of secretion of urine as affected by sugar, water and temperature, are considered and demonstrated in laboratory animals. Functioning of the bladder is shown by time-lapse photography of a dog's bladder filling and emptying, and animation illustrates nervous and muscular control of the bladder. (Also available in French: LE FONCTIONNEMENT DES REINS.)

Demonstrates the mechanism of urine formation, the control of urination and the function of the kidneys. The technical content is up-to-date, using well-established methods and fundamental ideas; controversial theories are avoided. The subject matter is clearly presented; there is a tendency to give simple analogies

unnecessary to groups which know something of the subject, although at the same time technical language and demonstration methods may be difficult for an untrained audience to follow. This film is considered to have definite value as an adjunct to teaching in high schools, colleges and schools of nursing, as well as for interested adult audiences. Recommended.

* * *

THE WORLD IS RICH

(1948) Sound B & W 43 minutes
COI \$85. Service Charge: \$3.00

This film is a successor to the well-known WORLD OF PLENTY, and deals with world food situation today. The still acute shortage of food throughout the world is emphasized, and the United Nations measures, focused in the Food and Agriculture Organization, are dramatized. FAO's plans for the permanent improvement of farming are described. Diagrams are used to explain the trade relationships between the surplus-producing countries and the food-importing countries. Both Sir John Boyd Orr and the late Fiorello LaGuardia make strong appeals for a great and imaginative approach to this vital problem, stressing that an assured food supply for all peoples is the only basis for world peace.

Presents the idea of a world needing better distribution of food and suggests rather vaguely the function of the FAO in this regard. It is designed to stimulate interest in FAO and international efforts generally which will create a better understanding among the world's peoples. Recommended.

* * *

YOU ARE THE SWITCHMAN

(1944) Sound B & W 10 minutes
ACS apply. Service Charge: \$1.00

Urges the early diagnosis and treatment of cancer. The story of the Doe family demonstrates what happens if cancer is neglected. John Doe, in spite of his family's pleadings, refuses to see a doctor about a persistent sore on his lip. He tries patent remedies, and when he finally gets panicky and seeks medical advice it is too late — cancer has got a firm hold. Soon poor Mary Doe is left to look after the family all alone. The film shows, then, what might have happened if John had been sensible and seen a doctor at once — after a short period of treatment he is back home and in good health. Cancer can often be cured if taken in time, reiterates the film, listing the three recognized methods of treatment and the seven danger signals which should have immediate medical attention.

A well filmed plea for early attention to cancers, with a comparison of the results of early and late treatment. Recommended for general use.

* * *

YOU CAN HELP

(1948) Sound B & W 10 minutes
NTBA \$22. Service Charge: \$1.00

Produced for the National Tuberculosis Association in the United States, this film presents the case for group action in the fight against tuberculosis and describes the work of tuberculosis associations devoted to its extinction. Narration, animation and action photography combine to tell the story of an average local T.B. association, a voluntary organization with a program based on community needs. The relationship of local agencies to state and national organizations is indicated, and the work of the local groups in health education through press, radio, films and other communications media, and in case finding and rehabilitation, is portrayed.

Describes the organization and work of local, state and national T.B. associations: urges the individual citizen to support their programs and take advantage of their services. The film is up-to-date and technically accurate. While definitely United States in background and approach, it is suitable for Canadian use with adult audiences in connection with community T.B. and Christmas Seal campaigns. Recommended.

* * *

YOU, TIME AND CANCER

(1948) Sound Color 16 minutes
ACS \$72. Service Charge: \$3.00

This is the highly dramatized story, told in the first person, of the struggle between a man and cancer — and its ally, time. The story concerns a young man whose first symptoms are persistent indigestion and who, as he begins to suspect cancer, is afraid to find out the truth and puts off going to a doctor until it is almost too late. A visit to the offices of the American Cancer Society answers many of his questions regarding the extent and dangers of this disease and what is being done in the fields of education and research to combat it. The seven danger signs which should bring the individual to seek a physician's advice are emphasized, as are the three proven methods of treatment — radium, x-rays and surgery. The central character finally undergoes an operation, during which a dream sequence re-emphasizes the dangers of delay. The film ends with

the words of the surgeon at the close of the operation: "He has a good chance. But why do they wait so long?"

This color film, sponsored by the American Cancer Society, is only It gives a dramatic portrayal of a man's indigestion that proved to be caused by cancer. The theme is pointed up by the surgeon's closing words, "He has a good chance. But why do they wait so long?" Some educational material is introduced throughout, including the important seven signs that should bring a person to a doctor Recommended.

* * *

YOUR CHILDREN AND YOU

(1945) Sound B & W 28 minutes
COI \$75. Service Charge: \$3.00

Deals with the care and training of infants and pre-school children. The average progress which can be expected of children at five months, one year, and eighteen months, is shown; right and wrong methods of training infants at these stages are discussed. The usual causes of fear, jealousy and sheer naughtiness in pre-school children are indicated, and solutions to these and other typical problems suggested. The film throughout emphasizes the responsibility of parents in bringing up children in an atmosphere of confidence and understanding. (Also available in French: NOS ENFANTS ET NOUS.)

Aim: Public education in training child to age of about three years. Suitable for showing to general public. Very well done in the main, with emphasis upon giving the child affection and security, and interpreting child's behavior in terms of growth in function. A few minor objections: shows giving child dessert after refusing first course; putting child to bed as punishment. Recommended.

* * *

YOUR CHILDREN WALKING

(1951) Sound B & W 19 minutes
COI \$55. Service Charge: \$2.00

From infancy onward, stage by stage, the importance of foot care and of good posture to both physical and mental health is shown. The bone and muscle structure of the adult foot, and its relationship to the entire anatomy, is illustrated; good and bad postures, both standing and walking, are demonstrated. The film emphasizes the need to begin foot care in infancy, allowing baby to be free to kick, to exercise growing limbs - and the child to run barefoot. Cleanliness in the care of the feet, and choice of proper footwear, are next dealt with. X-rays show the life-long foot trouble which can begin with socks and shoes which are too small; careful selection of these for children's growing feet is discussed at some length. A review of the essentials of good foot hygiene concludes the film.

A film for parents, dealing with the care of children's feet and the proper choice and fitting of footwear. The choice of subject matter is excellent; its presentation is good. There are no errors of importance in the technical content. Film should be particularly suitable for adult audiences of parents and others concerned with the care of children. It is not felt to have value as a teaching aid for children or young people. Recommended.

* * *

YOUR CHILDREN'S EARS

(1945) Sound B & W 15 minutes
COI \$45. Service Charge: \$2.00

This film emphasizes the necessity of taking proper care of children's ears. The anatomy of the outer, middle and inner ears is outlined by animated diagrams, and the function of this delicate hearing mechanism is illustrated. How ear troubles, both in the outer and middle ears, may arise is discussed -- with emphasis on the danger of spread of infection from the throat via the Eustachian tubes -- and the treatment of various ear conditions indicated. Suggestions to parents on the recognition of ear trouble and on the prevention of serious damage to children's ears are given throughout the film.

A British film. Useful for general purpose instruction, particularly for parents. Recommended.

* * *

YOUR CHILDREN'S EYES

(1945) Sound B & W 19 minutes
COI \$55. Service Charge: \$2.00

An account of how the eyes work and may be kept in good health. The anatomy of the eye is demonstrated by a conjurer using an orange, a watch glass, a lens and a flower; animation illustrates the physiology of vision. Long and short sightedness and squinting are explained; the prevention of eye diseases is discussed; and the general care of the eyes, including testing of children's eyes, children's glasses and the necessity for yearly examinations, is dealt with.

A film produced for the U.K. Central Office of Information, illustrating the mechanism of the eyes and their care. This is a useful film and is recommended for general distribution; particularly suitable for parent audiences.

* * *

YOUR CHILDREN'S MEALS

(1947) Sound B & W 12 minutes
COI \$30. Service Charge: \$1.00

Children's food habits often irritate parents. Very young animals, we see, are keen and hearty eaters, but as children grow their minds get busy and without careful handling mealtime can become a circus. The film demonstrates how a suitable attitude towards eating may be established. Parents are advised: (1) to be firm but not fussy; (2) to encourage the child to eat in company; (3) to make meals look attractive; and (4) to organize a regular routine.

The subject, which is to inform parents as to children's eating habits and conditions influencing them, is one which deserves emphasis from a public health point of view. The film is well done and should be of particular interest to parents and educators. Recommended.

* * *

YOUR CHILDREN'S PLAY

(1952) Sound B & W 20 minutes
COI \$55. Service Charge: \$2.00

In this film several children's play situations, at various pre-school age levels, illustrate how play can help or frustrate normal development of the young child. The deciding factor is seen to be

the attitudes and actions of parents. The examples shown illustrate how children learn new facts and new skills, develop physically and mentally, and have their imaginations stimulated through play activities. Conversely, lack of understanding on the part of adults often results in such emotions as frustration and anger which defeat the purpose of play in the development of personality. The need for a free-and-easy atmosphere surrounding the child's play in and around the home is indicated.

Deals with the role of play in the development of the young child, and with the need for freedom and scope in play opportunities. This is a very good film, with a delightfully humorous approach combined with sound instruction. The English accent may be a disadvantage, but attention to characterization, humor and realism should outweigh this. The film is suitable for any adult audience concerned with the care and guidance of children. Recommended.

* * *

YOUR CHILDREN'S SLEEP

(1947) Sound B & W 22 minutes
COI \$55. Service Charge: \$2.00

Deals with the different ways in which children sleep, and some causes of lack of sleep and disturbed slumber. We see how worry can keep an adult awake, but while they can handle fears to some extent with intelligence, children have no such ability and their worries overwhelm them. Madge, whose mind is so busy during sleep that she awakes tired, and Clare, under constant strain because of her dominating mother, and who takes a long time to go to sleep and wakes up screaming, are two examples shown of the many different ways in which children's sleep is influenced. The film stresses the need for the child to feel secure in the affection and understanding of his parents, and for proper preparation for sleep so that the child goes to bed in a happy, relaxed mood.

Made for the U.K. Ministry of Health. Covers a field concerning which there is dearth of information. This film would seem to meet a real need; it is suitable for parent audiences and other concerned with child care. Recommended.

* * *

YOUR CHILDREN'S TEETH

(1945) Sound B & W 14 minutes
COI \$45. Service Charge: \$2.00

A dental health film covering the following points: diet for expectant mothers necessary to ensure strong, sound teeth for the baby; growth and care of the temporary teeth; graphic illustration of the formation of the permanent teeth; diet for growing children to ensure strong and clean teeth; right and wrong ways of using the toothbrush; how teeth decay and how general body health may be affected by poor teeth; need to visit the dentist regularly.

A British film. Very useful for general instruction on the structure and care of the teeth, and suitable primarily for parent audiences. Recommended.

* * *

YOUR CHILD'S FIRST VISIT TO THE DENTIST

(1949) Sound B & W 9 minutes
ADA \$35. Service Charge: \$1.00

This film shows two types of conditioning to which children may be subject, and the resultant behavior in each instance when the child meets up with the reality of the dentist's chair. A small boy and his mother visit a dentist's office, and we see how this parent handles the situation properly, encouraging the child to assume some degree of responsibility -- entering the examining room alone and making his own future appointments. Some rules for parents are noted, such as referring to the man who cares for the teeth as "the doctor" and not giving the child any details of what is to be done in the dental chair. The wrong way to handle a child is illustrated next, as we see a mother fussing over her child, telling him everything the dentist is going to do, and going with him into the examining room. We see how this child reacts in the chair, crying, refusing to cooperate, and generally creating a scene. The film ends with a reminder of the four cardinal rules for good dental health.

Portrays how parents can assist in making a child's visit to the dentist a not unusual or harrowing experience; contrasts good and poor methods of handling a child prior to, during and after dental examination. The visuals are somewhat mediocre but the commentary is ably written and spoken. The film is suitable for all parents of young children, particularly as an introduction to a talk on the subject given to a group of parents. Recommended.

* * *

YOUR EARS

(1947) Sound B & W 10 minutes
YAF \$50. Service Charge: \$1.00

This film is adapted from the British film, YOUR CHILDREN'S EARS, with an American commentator, and with the deletion of some of the material on the treatment of ear defects. Outlines the structure of the human ear and the physiology of hearing, and indicates the chief causes of deafness or impaired hearing, emphasizing the danger of spread of infection from the throat via the Eustachian tubes. The need to take proper care of the ears is stressed and several do's and don'ts are indicated.

Reduced from the British two-reel film by Young America Films, with substituted American commentary. Aim: To inform public on importance of care of ears. Suitable for general audience and for children from about Grade 5 up. Good film -- subject adequately treated for aim and audience. American commentary is good. This film is directed to the individual, whereas the British original is directed to parents. Recommended.

* * *

YOUR EYES

(1947) Sound B & W 9 minutes
YAF \$50. Service Charge: \$1.00

This film is adapted from the British film, YOUR CHILDREN'S EYES, with an American commentator, and with the deletion of the material on the treatment of eye conditions. Illustrates the structure of the eye by means of a demonstration by a conjurer with an orange, a watch glass, a lens and

a flower. Accommodation is shown by animated diagrams, nature's provisions for the protection of the eyes are indicated and near and far sightedness are explained. The film closes with an indication of the early symptoms of eye trouble and of the need for examination of the eyes by an oculist.

Reduced from the British two-reel film by Young America Films, with substituted American commentary. Aim: To inform public on importance of care of the eyes. Suitable for general audience and for children from about Grade 5 up. Good film — subject adequately treated for aim and audience. American commentary is good. This film is directed to the individual, whereas the British original is directed to parents. Recommended.

* * *

YOUR HEALTH DEPARTMENT

(1941) Sound B & W 20 minutes
NMPC \$75. Service Charge: \$2.00

Taking an average family as an example, the film shows what a city health department does for them and for the community. Describes such activities as prenatal care; pre-marital blood tests, birth registration, immunization, school health services, restaurant sanitation, provision of sera, health education, etc.

Recommended. A fairly good film for any interested audiences.

* * *

YOUR MORNING MILK

(1948) Sound B & W 11 minutes
NFB \$21. Service Charge: \$1.00

Produced for the Department of National Health and Welfare by the National Film Board of Canada. How producers, distributors and consumers of milk must ensure its complete purity. A bottle of safe healthful milk is a victory of the modern science of sanitation. But the victory depends on the constant vigilance and care of all those responsible for bringing it from cow to customer. Protection of milk, we see, begins on the farm, continues through handling at the dairy, and is finally the responsibility of the housewife. The film emphasizes the absolute necessity of pasteurization to eliminate possible disease bacteria. (Also available in French: *LE LAIT DU MATIN*.)

The aim of this film is to inform the public of the measures taken to ensure a pure milk supply to consumers. The choice of subject matter and its treatment in general are good and the technical content is accurate and up-to-date. The film's shortcomings are that there is insufficient detail in the sequence on milking and that there is not enough information about home pasteurization procedures. This is, however, a good film for any audience, child or adult, to give an over-all understanding of the need for and the procedures taken to ensure a disease-free milk supply. Recommended.

* * *

YOUR PUBLIC HEALTH NURSE

(1939) Sound B & W 10 minutes
NYH apply. Service Charge: \$1.00

Deals with rural public health nursing in New York State. Scenes of a nurse's activities include a demonstration of a baby bath, the home care of a premature infant, group teaching, work with a health committee, clinics, work during floods and epidemics.

This is a very good brief outline of the many duties of a public health nurse, and is valuable for arousing public interest. Recommended.

* * *

YOUR TEETH

(1947) Sound B & W 10 minutes
YAF \$50. Service Charge: \$1.00

This film is adapted from the British film, YOUR CHILDREN'S TEETH, with an American commentator and with the deletion of the material dealing with prenatal diet. Outlines the growth of the temporary and permanent teeth, the ill effects of poor and decayed teeth, the structure of a tooth and the process of tooth decay, the prevention of tooth decay through regular use of the toothbrush, regular visits to the dentist and the eating of cleansing foods.

Reduced from the British two-reel film by Young America Films, with substituted American commentary. Aim: To inform public on importance of care of the teeth. Suitable for general audience and for children from about Grade 5 up. Good film -- subject adequately treated for aim and audience. American commentary is good. This film is directed to the individual, whereas the British original is directed to parents. Recommended.

* * *

YOUR VOICE

(1949) Sound B & W 11 minutes
EBF \$55. Service Charge: \$1.00

This film portrays and explains the four elements of voice production: respiration, phonation, resonance and articulation. Animated drawings indicate the location of the larynx, the glottis and the vocal folds, and direct photography shows how sound is produced as the breath vibrates the partly closed folds (phonation). The process of respiration is described by animation and by x-ray films showing the functioning of the lungs, trachea, bronchial tubes, rib cage and diaphragm. A reed-and-bellows apparatus demonstrates respiration and phonation and how different resonators modify sounds thus produced. Animated drawings of the head and chest show the major resonating cavities and how various vowel sounds are formed. Articulation, by which the consonant sounds are made, is illustrated by photography and animation of the movement of articulators such as the lips, teeth, tongue and palate. Concluding sequences indicate how exercises can improve speaking and singing ability.

A film illustrating the structures and functions involved in human voice production. This is a good film in every respect, up-to-date and accurate. Its best field of use will be in senior elementary schools, high schools and colleges, but it will also have interest and value for adult groups interested in public speaking and singing. Recommended.

* * *

YOU'RE THE DOCTOR

(1946) Sound B & W 19 minutes
AHA \$35. Service Charge: \$2.00

This film surveys modern hospital services and points to the citizen's responsibility in ensuring that hospital services in his community are adequate. The work of a modern hospital is reviewed, covering surgery, training and duties of nurses, hospital records, laboratory and diagnostic services, out-patient clinics, diet kitchen, laundry and other departments. A tribute to the value of such hospital services is indicated by a comparison of mortality statistics at the turn of the century and at the present.

American Hospital Association film. Aim: To show the various departments and services provided by a large hospital, and what such a hospital means to a community. States that a fully equipped hospital has two full-time employees per patient, and that one person in eight in a community enters a general hospital each year. Operation scene shown is rather a long sequence. Suitable for adult audiences and especially useful in connection with a hospital drive for funds. Recommended.

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